



# LAPORAN PENUH SABAH GAMES SAGAX (COLAHRAGA)

18-21 DISEMBER 2023

KOMPLEKS SUKAN TUARAN





SABAH GAMES (SAGA) X [OLAHRAGA]  
Kali ke-10 | Kompleks Sukan Tuaran | Sabah  
18 - 21 Disember 2023



**ANALISA BILANGAN PESERTA DAN PEGAWAI  
DIDAFTARKAN SETIAP PASUKAN**

| BIL    | PASUKAN                       | PESERTA<br>LELAKI | PESERTA<br>WANITA | JUMLAH<br>PESERTA | PEGAWAI<br>LELAKI | PEGAWAI<br>WANITA | JUMLAH<br>PEGAWAI | JUMLAH<br>PESERTA &<br>PEGAWAI |
|--------|-------------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|--------------------------------|
| 1      | BEAUFORT (BEAUFORT)           | 14                | 4                 | 18                | 3                 | 2                 | 5                 | 23                             |
| 2      | BELURAN (BELURAN)             | 12                | 6                 | 18                | 3                 | 1                 | 4                 | 22                             |
| 3      | KALABAKAN (KALABAKAN)         | 18                | 14                | 32                | 5                 | 1                 | 6                 | 38                             |
| 4      | KENINGAU (KENINGAU)           | 22                | 17                | 39                | 5                 | 2                 | 7                 | 46                             |
| 5      | KINABATANGAN (KINABATANGAN)   | 13                | 8                 | 21                | 5                 | 2                 | 7                 | 28                             |
| 6      | KOTA BELUD (KOTA BELUD)       | 23                | 15                | 38                | 4                 | 3                 | 7                 | 45                             |
| 7      | KOTA KINABALU (KOTA KINABALU) | 25                | 11                | 36                | 4                 | 3                 | 7                 | 43                             |
| 8      | KOTA MARUDU (KOTA MARUDU)     | 12                | 12                | 24                | 3                 | 2                 | 5                 | 29                             |
| 9      | KUALA PENYU (KUALA PENYU)     | 4                 | 1                 | 5                 | 2                 | 0                 | 2                 | 7                              |
| 10     | KUDAT (KUDAT)                 | 17                | 17                | 34                | 5                 | 2                 | 7                 | 41                             |
| 11     | KUNAK (KUNAK)                 | 16                | 12                | 28                | 5                 | 1                 | 6                 | 34                             |
| 12     | LAHAD DATU (LAHAD DATU)       | 15                | 13                | 28                | 6                 | 1                 | 7                 | 35                             |
| 13     | MEMBAKUT (MEMBAKUT)           | 22                | 17                | 39                | 4                 | 3                 | 7                 | 46                             |
| 14     | NABAWAN (NABAWAN)             | 11                | 9                 | 20                | 4                 | 3                 | 7                 | 27                             |
| 15     | PAPAR (PAPAR)                 | 11                | 11                | 22                | 6                 | 1                 | 7                 | 29                             |
| 16     | PENAMPANG (PENAMPANG)         | 22                | 19                | 41                | 5                 | 4                 | 9                 | 50                             |
| 17     | PITAS (PITAS)                 | 15                | 14                | 29                | 6                 | 1                 | 7                 | 36                             |
| 18     | PUTATAN (PUTATAN)             | 16                | 5                 | 21                | 5                 | 2                 | 7                 | 28                             |
| 19     | RANAU (RANAU)                 | 33                | 32                | 65                | 7                 | 0                 | 7                 | 72                             |
| 20     | SANDAKAN (SANDAKAN)           | 12                | 11                | 23                | 6                 | 1                 | 7                 | 30                             |
| 21     | SEMPORNA (SEMPORNA)           | 8                 | 1                 | 9                 | 3                 | 1                 | 4                 | 13                             |
| 22     | SIPITANG (SIPITANG)           | 4                 | 10                | 14                | 3                 | 1                 | 4                 | 18                             |
| 23     | TAMBUNAN (TAMBUNAN)           | 13                | 6                 | 19                | 3                 | 1                 | 4                 | 23                             |
| 24     | TAWAU (TAWAU)                 | 21                | 23                | 44                | 5                 | 2                 | 7                 | 51                             |
| 25     | TELUPID (TELUPID)             | 6                 | 1                 | 7                 | 3                 | 1                 | 4                 | 11                             |
| 26     | TENOM (TENOM)                 | 18                | 11                | 29                | 6                 | 1                 | 7                 | 36                             |
| 27     | TONGOD (TONGOD)               | 13                | 9                 | 22                | 3                 | 2                 | 5                 | 27                             |
| 28     | TUARAN (TUARAN)               | 19                | 17                | 36                | 4                 | 1                 | 5                 | 41                             |
| JUMLAH |                               | 435               | 326               | 761               | 123               | 45                | 168               | 929                            |



**JADUAL PERTANDINGAN  
KEJOHANAN OLAHRAGA SUKAN SABAH (SAGA) X  
TAHUN 2023**



**HARI PERTAMA - SESI PERTAMA  
MASA : 07.00 - 10.30 PAGI  
TARIKH : 18 DISEMBER 2023 (ISNIN)**

| BIL             | MASA | ACARA                                 | KATEGORI | PERINGKAT                            |
|-----------------|------|---------------------------------------|----------|--------------------------------------|
| 101             | 0730 | 5000 METER                            | WANITA   | AKHIR                                |
| 102 / 211       | 0800 | LOMPAT JAUH                           | LELAKI   | KELAYAKAN KUMP 1                     |
|                 | 1030 | LOMPAT JAUH                           | LELAKI   | KELAYAKAN KUMP 2                     |
| 103 / 212       | 0800 | LOMPAT TINGGI                         | WANITA   | KELAYAKAN KUMP 1<br>(Terus Ke Akhir) |
|                 | 1030 | LOMPAT TINGGI                         | WANITA   | KELAYAKAN KUMP 2<br>(Terus Ke Akhir) |
| 104 / 213       | 0800 | LEMPAR CAKERA (2.00 kg)               | LELAKI   | KELAYAKAN KUMP 1                     |
|                 | 1030 | LEMPAR CAKERA (2.00 kg)               | LELAKI   | KELAYAKAN KUMP 2                     |
| 105 / 113 / 205 | 0800 | 100 METER                             | WANITA   | SARINGAN (5)                         |
| 106 / 114 / 206 | 0900 | 100 METER                             | LELAKI   | SARINGAN (6)                         |
| 1020            |      | PENYAMPAIAN HADIAH BAGI ACARA BIL 101 |          |                                      |
| 107 / 112 / 116 | 1030 | 400 METER LARI BERPAGAR (0.914 m)     | LELAKI   | (Terus ke Separuh Akhir)             |

**HARI PERTAMA - SESI KEDUA  
MASA : 02.00 - 04.25 PETANG  
TARIKH : 18 DISEMBER 2023 (ISNIN)**

| BIL       | MASA | ACARA                                       | KATEGORI | PERINGKAT                            |
|-----------|------|---------------------------------------------|----------|--------------------------------------|
| 108 / 115 | 1400 | 400 METER LARI BERPAGAR (0.762 m)           | WANITA   | SEPARUH AKHIR (2)                    |
| 109 / 202 | 1400 | LOMPAT JAUH                                 | WANITA   | KELAYAKAN KUMP 1                     |
|           | 1600 | LOMPAT JAUH                                 | WANITA   | KELAYAKAN KUMP 2                     |
| 110 / 203 | 1400 | LOMPAT TINGGI                               | LELAKI   | KELAYAKAN KUMP 1<br>(Terus Ke Akhir) |
|           | 1600 | LOMPAT TINGGI                               | LELAKI   | KELAYAKAN KUMP 2<br>(Terus Ke Akhir) |
| 111 / 204 | 1400 | LEMPAR CAKERA (1.00 kg)                     | WANITA   | KELAYAKAN KUMP 1                     |
|           | 1600 | LEMPAR CAKERA (1.00 kg)                     | WANITA   | KELAYAKAN KUMP 2                     |
| 112 / 116 | 1440 | 400 METER LARI BERPAGAR (0.914 m)           | LELAKI   | SEPARUH AKHIR (4)                    |
| 113 / 205 | 1510 | 100 METER                                   | WANITA   | SEPARUH AKHIR (3)                    |
| 114 / 206 | 1540 | 100 METER                                   | LELAKI   | SEPARUH AKHIR (3)                    |
| 115       | 1610 | 400 METER LARI BERPAGAR (0.762 m)           | WANITA   | AKHIR                                |
| 116       | 1625 | 400 METER LARI BERPAGAR (0.914 m)           | LELAKI   | AKHIR                                |
| 1630      |      | PENYAMPAIAN HADIAH BAGI ACARA BIL 115 & 116 |          |                                      |



**JADUAL PERTANDINGAN  
KEJOHANAN OLAHRAGA SUKAN SABAH (SAGA) X  
TAHUN 2023**



**HARI KEDUA - SESI KETIGA  
MASA : 07.00 - 11.00 PAGI  
TARIKH : 19 DISEMBER 2023 (SELASA)**

| BIL       | MASA | ACARA                                                       | KATEGORI | PERINGKAT               |
|-----------|------|-------------------------------------------------------------|----------|-------------------------|
| 201 / 301 | 0700 | 5000 METER                                                  | LELAKI   | <i>(Terus Ke Akhir)</i> |
| 202       | 0800 | LOMPAT JAUH                                                 | WANITA   | AKHIR                   |
| 203       | 0800 | LOMPAT TINGGI                                               | LELAKI   | AKHIR                   |
| 204       | 0800 | LEMPAR CAKERA (1.00 kg)                                     | WANITA   | AKHIR                   |
| 205       | 0830 | 100 METER                                                   | WANITA   | AKHIR                   |
| 206       | 0840 | 100 METER                                                   | LELAKI   | AKHIR                   |
| 207 / 214 | 0850 | 800 METER                                                   | WANITA   | SEPARUH AKHIR (3)       |
| 208 / 215 | 0920 | 800 METER                                                   | LELAKI   | SEPARUH AKHIR (3)       |
| 1000      |      | PENYAMPAIAN HADIAH BAGI ACARA BIL. 202, 203, 204, 205 & 206 |          |                         |
| 209 / 216 | 1030 | 4 x 100 METER                                               | WANITA   | SEPARUH AKHIR (3)       |
| 210 / 217 | 1100 | 4 x 100 METER                                               | LELAKI   | SEPARUH AKHIR (3)       |

**HARI KEDUA - SESI KEEMPAT  
MASA : 02.00 - 04.30 PETANG  
TARIKH : 19 DISEMBER 2023 (SELASA)**

| BIL             | MASA | ACARA                                        | KATEGORI | PERINGKAT                       |
|-----------------|------|----------------------------------------------|----------|---------------------------------|
| 211             | 1400 | LOMPAT JAUH                                  | LELAKI   | AKHIR                           |
| 212             | 1400 | LOMPAT TINGGI                                | WANITA   | AKHIR                           |
| 213             | 1400 | LEMPAR CAKERA (2.00 kg)                      | LELAKI   | AKHIR                           |
| 214             | 1430 | 800 METER                                    | WANITA   | AKHIR                           |
| 215             | 1440 | 800 METER                                    | LELAKI   | AKHIR                           |
| 216             | 1500 | 4 x 100 METER                                | WANITA   | AKHIR                           |
| 217             | 1520 | 4 x 100 METER                                | LELAKI   | AKHIR                           |
| 218 / 309 / 406 | 1540 | 400 METER                                    | WANITA   | <i>(Terus ke Separuh Akhir)</i> |
| 219 / 310 / 407 | 1630 | 400 METER                                    | LELAKI   | SARINGAN (6)                    |
| 1710            |      | PENYAMPAIAN HADIAH 211, 212, 213, 214, & 215 |          |                                 |



**JADUAL PERTANDINGAN  
KEJOHANAN OLAHRAGA SUKAN SABAH (SAGA) X  
TAHUN 2023**



**HARI KETIGA - SESI KELIMA  
MASA : 07.30 - 11.20 PAGI  
TARIKH : 20 DISEMBER 2023 (RABU)**

| BIL             | MASA | ACARA                             | KATEGORI | PERINGKAT         |
|-----------------|------|-----------------------------------|----------|-------------------|
| 301             | 0730 | 5000 METER                        | LELAKI   | AKHIR             |
| 302 / 408       | 0800 | LOMPAT KIJANG                     | WANITA   | (Terus Ke Akhir)  |
|                 | 1000 | LOMPAT KIJANG                     | WANITA   |                   |
| 303 / 409       | 0800 | REJAM LEMBING (800 g)             | LELAKI   | KELAYAKAN KUMP 1  |
|                 | 1000 | REJAM LEMBING (800 g)             | LELAKI   | KELAYAKAN KUMP 2  |
| 304 / 410       | 0800 | LONTAR PELURU (4.00 kg)           | WANITA   | KELAYAKAN KUMP 1  |
|                 | 1000 | LONTAR PELURU (4.00 kg)           | WANITA   | KELAYAKAN KUMP 2  |
| 305 / 311       | 0800 | 100 METER LARI BERPAGAR (0.838 m) | WANITA   | SEPARUH AKHIR (3) |
| 306 / 312       | 0850 | 110 METER LARI BERPAGAR (1.067 m) | LELAKI   | SEPARUH AKHIR (4) |
| 0920            |      | PENYAMPAIAN HADIAH 216, 217 & 301 |          |                   |
| 307 / 316 / 411 | 0930 | 200 METER                         | WANITA   | SARINGAN (5)      |
| 308 / 317 / 412 | 0955 | 200 METER                         | LELAKI   | SARINGAN (6)      |
| 309 / 406       | 1030 | 400 METER                         | WANITA   | SEPARUH AKHIR (4) |
| 310 / 407       | 1045 | 400 METER                         | LELAKI   | SEPARUH AKHIR (3) |
| 311             | 1100 | 100 METER LARI BERPAGAR (0.838 m) | WANITA   | AKHIR             |
| 312             | 1120 | 110 METER LARI BERPAGAR (1.067 m) | LELAKI   | AKHIR             |

**HARI KETIGA - SESI KEENAM  
MASA : 02.00 - 05.30 PETANG  
TARIKH : 20 DISEMBER 2023 (RABU)**

| BIL       | MASA | ACARA                                       | KATEGORI | PERINGKAT         |
|-----------|------|---------------------------------------------|----------|-------------------|
| 313 / 403 | 1400 | LOMPAT KIJANG                               | LELAKI   | KELAYAKAN KUMP 1  |
|           | 1600 | LOMPAT KIJANG                               | LELAKI   | KELAYAKAN KUMP 2  |
| 314 / 404 | 1400 | REJAM LEMBING (600 g)                       | WANITA   | (Terus Ke Akhir)  |
|           | 1600 | REJAM LEMBING (600 g)                       | WANITA   |                   |
| 315 / 405 | 1400 | LONTAR PELURU (7.260 kg)                    | LELAKI   | (Terus Ke Akhir)  |
|           | 1600 | LONTAR PELURU (7.260 kg)                    | LELAKI   |                   |
| 316 / 411 | 1500 | 200 METER                                   | WANITA   | SEPARUH AKHIR (3) |
| 317 / 412 | 1530 | 200 METER                                   | LELAKI   | SEPARUH AKHIR (3) |
| 1555      |      | PENYAMPAIAN HADIAH BAGI ACARA BIL 311 & 312 |          |                   |
| 318 / 415 | 1600 | 4 x 400 METER                               | WANITA   | SEPARUH AKHIR (3) |
| 319 / 416 | 1630 | 4 x 400 METER                               | LELAKI   | SEPARUH AKHIR (3) |
| 320 / 401 | 1700 | 1500 METER                                  | WANITA   | SEPARUH AKHIR (2) |
| 321 / 402 | 1730 | 1500 METER                                  | LELAKI   | SEPARUH AKHIR (2) |



**JADUAL PERTANDINGAN  
KEJOHANAN OLAHRAGA SUKAN SABAH (SAGA) X  
TAHUN 2023**



**HARI KEEMPAT - SESI KETUJUH  
MASA : 07.30 - 09.50 PAGI  
TARIKH : 21 DISEMBER 2023 (KHAMIS)**

| BIL  | MASA | ACARA                                                                | KATEGORI | PERINGKAT |
|------|------|----------------------------------------------------------------------|----------|-----------|
| 401  | 0730 | 1500 METER                                                           | WANITA   | AKHIR     |
| 402  | 0750 | 1500 METER                                                           | LELAKI   | AKHIR     |
| 403  | 0830 | LOMPAT KIJANG                                                        | LELAKI   | AKHIR     |
| 404  | 0830 | REJAM LEMBING (600 g)                                                | WANITA   | AKHIR     |
| 405  | 0830 | LONTAR PELURU (7.260 kg)                                             | LELAKI   | AKHIR     |
| 406  | 0930 | 400 METER                                                            | WANITA   | AKHIR     |
| 407  | 0950 | 400 METER                                                            | LELAKI   | AKHIR     |
| 1030 |      | PENYAMPAIAN HADIAH BAGI ACARA BIL 401, 402, 403, 404, 405, 406 & 407 |          |           |

**HARI KEEMPAT - SESI KELAPAN  
MASA : 02.30 - 04.40 PETANG  
TARIKH : 21 DISEMBER 2023 (KHAMIS)**

| BIL  | MASA | ACARA                                                                          | KATEGORI | PERINGKAT |
|------|------|--------------------------------------------------------------------------------|----------|-----------|
| 408  | 1430 | LOMPAT KIJANG                                                                  | WANITA   | AKHIR     |
| 409  | 1430 | REJAM LEMBING (800 g)                                                          | LELAKI   | AKHIR     |
| 410  | 1430 | LONTAR PELURU (4.00 kg)                                                        | WANITA   | AKHIR     |
| 411  | 1500 | 200 METER                                                                      | WANITA   | AKHIR     |
| 412  | 1510 | 200 METER                                                                      | LELAKI   | AKHIR     |
| 413  | 1530 | 3000 METER LARI BERHALANGAN                                                    | WANITA   | AKHIR     |
| 414  | 1600 | 3000 METER LARI BERHALANGAN                                                    | LELAKI   | AKHIR     |
| 415  | 1630 | 4 x 400 METER                                                                  | WANITA   | AKHIR     |
| 416  | 1640 | 4 x 400 METER                                                                  | LELAKI   | AKHIR     |
| 1700 |      | PENYAMPAIAN HADIAH BAGI ACARA BIL 408, 409, 410, 411, 412, 413, 414, 415 & 416 |          |           |



SABAH GAMES (SAGA) X [OLAHRAGA]  
Kali ke-10 | Kompleks Sukan Tuaran | Sabah  
18 - 21 Disember 2023



| NO ACARA : 101<br>ACARA : 5000 m |     |     |                                           | AKHIR<br>WANITA |              |  |  |
|----------------------------------|-----|-----|-------------------------------------------|-----------------|--------------|-------------------------------------------------------------------------------------|--|
| KED                              | LOR | BIB | NAMA                                      | PASUKAN         | MASA         |                                                                                     |  |
| 1                                | 6   | 158 | NUR DENISHA SHAZLIATIE BINTI ABDULLAH     | KALABAKAN       | 20 : 56.71 s |                                                                                     |  |
| 2                                | 19  | 568 | EFYNA ARES LIZOD                          | PITAS           | 20 : 59.66 s |                                                                                     |  |
| 3                                | 17  | 637 | LEDIA ENKU                                | RANAU           | 21 : 37.94 s |                                                                                     |  |
| 4                                | 10  | 864 | AMANDA MOUSIN                             | TUARAN          | 21 : 54.05 s |                                                                                     |  |
| 5                                | 12  | 412 | NUR ANA LISA BINTI ABDULLAH               | LAHAD DATU      | 21 : 54.77 s |                                                                                     |  |
| 6                                | 20  | 451 | DAVELYN JOYCE A/P HOBALAN                 | MEMBAKUT        | 21 : 57.88 s |                                                                                     |  |
| 7                                | 15  | 634 | CHELSIE DEVINA SARAVANAN                  | RANAU           | 22 : 57.41 s |                                                                                     |  |
| 8                                | 5   | 537 | ADELLA DHANISA BINTI MUHAMMAD ADAM DANIAL | PENAMPANG       | 23 : 07.92 s |                                                                                     |  |
| 9                                | 13  | 193 | SHERLLY LIVYA BINTI KINDOS                | KENINGAU        | 23 : 20.15 s |                                                                                     |  |
| 10                               | 8   | 754 | IZZYAN ZETY BINTI ANDERSON                | TAWAU           | 25 : 00.13 s |                                                                                     |  |
| 11                               | 14  | 264 | HEAVENLY HANA ALFRED                      | KOTA BELUD      | 25 : 14.85 s |                                                                                     |  |
| 12                               | 7   | 538 | SITI RIDZKAH BINTI CLADIUS                | PENAMPANG       | 25 : 17.41 s |                                                                                     |  |
| 13                               | 3   | 354 | WANNIE ESTER CLERIST ANAK WATSON          | KUDAT           | 25 : 41.78 s |                                                                                     |  |
| 14                               | 4   | 827 | RELANIE BINTI TEBIN                       | TONGOD          | 26 : 22.02 s |                                                                                     |  |
| 15                               | 11  | 867 | FATQAH BINTI FELIK                        | TUARAN          | 26 : 27.15 s |                                                                                     |  |
| 16                               | 1   | 802 | MELSHEIRA JUMID                           | TENOM           | 27 : 04.73 s |                                                                                     |  |
| 17                               | 2   | 353 | ALISAH ARRIANA ROBERT BINTI ABDULLAH      | KUDAT           | 28 : 34.71 s |                                                                                     |  |
| 18                               | 16  | 458 | BABY SYARIENNA ALYSYA BINTI SULAIMAN      | MEMBAKUT        | 29 : 11.65 s |                                                                                     |  |
| 19                               | 18  | 762 | NUR RAUDAH BINTI WELFRED                  | TAWAU           | 29 : 12.11 s |                                                                                     |  |
| -                                | 9   | 163 | NUR FARWIZAH BINTI KARIM                  | KALABAKAN       | DNF          |                                                                                     |  |

| NO ACARA : 102<br>ACARA : LOMPAT JAUH |     |        |                                        | KELAYAKAN<br>LELAKI |             | Had kelayakan 6.60 m (Q) atau<br>minimum 12 (q) orang layak |                |                |      |  |   |
|---------------------------------------|-----|--------|----------------------------------------|---------------------|-------------|-------------------------------------------------------------|----------------|----------------|------|-------------------------------------------------------------------------------------|---|
| SAGA                                  |     | 7.11 m | JONATHON LARUS                         |                     |             | TENOM                                                       |                |                | 2013 |                                                                                     |   |
| SUKMA                                 |     | 7.55 m | MOHD HAZUAN ZAINAL ABIDIN              |                     |             | PERAK                                                       |                |                | 2002 |                                                                                     |   |
| KELAYAKAN 1 / 2                       |     |        |                                        |                     |             |                                                             |                |                |      |                                                                                     |   |
| KED                                   | GIL | BIB    | NAMA                                   | PASUKAN             | JARAK       | 1                                                           | 2              | 3              | 4    | 5                                                                                   | 6 |
| 1                                     | 2   | 187    | MUHAMMAD FITRI NURHAN BIN SYAMSUDDIN   | KENINGAU            | 6.59 m<br>q | 6.57<br>(0.0)                                               | 6.47<br>(+0.1) | 6.59<br>(-0.3) |      |                                                                                     |   |
| 2                                     | 18  | 842    | ELJOE GOTUOH                           | TUARAN              | 6.54 m<br>q | X<br>(+0.2)                                                 | 6.54<br>(+0.1) | 6.00<br>(+0.4) |      |                                                                                     |   |
| 3                                     | 19  | 716    | RANTO JUNIOR ROBERT                    | TAMBUNAN            | 6.43 m<br>q | 6.43<br>(+0.5)                                              | 6.38<br>(-0.5) | 6.40<br>(+0.4) |      |                                                                                     |   |
| 4                                     | 6   | 794    | ALFIKRI BIN JAINI                      | TENOM               | 6.25 m<br>q | 6.25<br>(-0.2)                                              | 6.14<br>(+0.3) | 6.14<br>(+0.3) |      |                                                                                     |   |
| 5                                     | 16  | 525    | EZEKIEL DORIE DALIE JUNIOR             | PENAMPANG           | 6.11 m      | 6.11<br>(-0.1)                                              | 5.78<br>(-0.5) | 5.87<br>(0.0)  |      |                                                                                     |   |
| 6                                     | 4   | 398    | MUHAMAD FAZRUL NIZAM BIN AJAH          | LAHAD DATU          | 6.10 m      | 6.10<br>(+0.1)                                              | 5.74<br>(+0.2) | 5.68<br>(-0.5) |      |                                                                                     |   |
| 7                                     | 14  | 248    | ALEXROY LANTING                        | KOTA BELUD          | 5.99 m      | 4.30<br>(+0.2)                                              | 5.99<br>(-0.5) | X<br>(+1.0)    |      |                                                                                     |   |
| 8                                     | 13  | 697    | ERIJIMIKLEY RIKIN                      | SIPITANG            | 5.93 m      | X<br>(0.0)                                                  | 5.92<br>(0.0)  | 5.93<br>(+0.6) |      |                                                                                     |   |
| 9                                     | 15  | 472    | ZAKEYRYOH BIN ZURMAN                   | NABAWAN             | 5.92 m      | 5.92<br>(+0.4)                                              | 5.32<br>(-0.4) | 5.68<br>(+0.6) |      |                                                                                     |   |
| 10                                    | 9   | 287    | SIMSON PERES NIM SO                    | KOTA KINABALU       | 5.88 m      | 5.52<br>(+0.2)                                              | 5.56<br>(-0.4) | 5.88<br>(-0.3) |      |                                                                                     |   |
| 11                                    | 10  | 369    | MOHAMMAD AZIMSHAHMI BIN ABDULLAH       | KUNAK               | 5.74 m      | 5.20<br>(-0.1)                                              | -              |                |      |                                                                                     |   |
| 12                                    | 3   | 673    | MUHAMMAD DANIEL                        | SANDAKAN            | 5.59 m      | X<br>(-0.2)                                                 | 5.33<br>(+0.5) | 5.59<br>(-0.6) |      |                                                                                     |   |
| 13                                    | 5   | 112    | MUHAMMAD NASRULLAH HAKIM BIN JAMALUDIN | BEAUFORT            | 5.58 m      | 5.58<br>(-0.2)                                              | 5.52<br>(+0.4) | 5.40<br>(-0.4) |      |                                                                                     |   |
| 14                                    | 17  | 733    | IRFANSAHZREEN BIN ISKANDAR             | TAWAU               | 5.42 m      | X<br>(+0.1)                                                 | X<br>(+0.3)    | 5.42<br>(+0.6) |      |                                                                                     |   |
| 15                                    | 11  | 591    | NIKO AIDILFAIZZ BIN NAZRI              | PUTATAN             | 5.32 m      | 5.28<br>(+0.1)                                              | 5.32<br>(-0.3) | X<br>(-0.2)    |      |                                                                                     |   |
| 16                                    | 7   | 822    | DANISH EYCARL YAU CHUN KIT             | TONGOD              | 4.53 m      | 4.53<br>(+0.4)                                              | X<br>(+0.1)    | X<br>(+0.6)    |      |                                                                                     |   |
| -                                     | 1   | 556    | ROEBY MINDUNGU MANBUN                  | PITAS               | DNS         |                                                             |                |                |      |                                                                                     |   |
| -                                     | 8   | 212    | MOHAMAD RIZUAN BIN SATTIA              | KINABATANGAN        | NM          | X<br>(+0.2)                                                 | X<br>(-0.2)    | X<br>(0.0)     |      |                                                                                     |   |
| -                                     | 12  | 154    | MUHAMMAD DANIEL SYAFIQ ALIF BIN COLLI  | KALABAKAN           | DNS         |                                                             |                |                |      |                                                                                     |   |



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| KELAYAKAN 2 / 2 |     |     |                                  |               |             |                |                |                |   |   |   |
|-----------------|-----|-----|----------------------------------|---------------|-------------|----------------|----------------|----------------|---|---|---|
| KED             | GIL | BIB | NAMA                             | PASUKAN       | JARAK       | 1              | 2              | 3              | 4 | 5 | 6 |
| 1               | 11  | 793 | KASMAN BIN KASSIM                | TENOM         | 6.78 m<br>Q | 6.78<br>(+1.5) | -              | -              |   |   |   |
| 2               | 13  | 583 | MUHAMMAD LUQMAN BIN ABDUL SAID   | PUTATAN       | 6.61 m<br>Q | 6.61<br>(+0.7) | -              | -              |   |   |   |
| 3               | 6   | 376 | ZULKIFLI BIN IWAN                | KUNAK         | 6.49 m<br>q | 6.49<br>(+1.3) | 6.23<br>(-0.1) | 6.12<br>(+2.2) |   |   |   |
| 4               | 1   | 840 | PEPIN HEZZLER RAPHAEL            | TUARAN        | 6.47 m<br>q | 6.45<br>(+0.3) | 6.47<br>(+0.8) | 6.29<br>(+0.9) |   |   |   |
| 5               | 17  | 288 | BRADLEY MACLAREN YONG WEI WEN    | KOTA KINABALU | 6.39 m<br>q | 5.20<br>(+1.4) | 6.39<br>(+0.6) | 5.78<br>(+1.4) |   |   |   |
| 6               | 16  | 348 | RYAN PASKA                       | KUDAT         | 6.33 m<br>q | X<br>(+0.7)    | 6.04<br>(+0.4) | 6.33<br>(+1.2) |   |   |   |
| 7               | 7   | 184 | ALEKSUAN TIKOL                   | KENINGAU      | 6.20 m<br>q | 6.20<br>(+0.6) | 5.79<br>(+0.4) | 5.83<br>(+0.8) |   |   |   |
| 8               | 4   | 494 | BRYAN BERNARD                    | PAPAR         | 6.13 m<br>q | 6.13<br>(+1.0) | 5.65<br>(+0.6) | 5.90<br>(+1.0) |   |   |   |
| 9               | 15  | 721 | RYAN NUNEH                       | TAMBUNAN      | 6.03 m      | 5.90<br>(+1.2) | 5.20<br>(-0.4) | 6.03<br>(+0.7) |   |   |   |
| 10              | 12  | 625 | MOHAMAD AFIF AIMAN BIN AMINUDIN  | RANAU         | 5.95 m      | 5.95<br>(+0.8) | 5.93<br>(-0.1) | 5.95<br>(+1.9) |   |   |   |
| 11              | 5   | 473 | YOEL YAKUS                       | NABAWAN       | 5.89 m      | 5.66<br>(+1.6) | 5.79<br>(+1.1) | 5.89<br>(+0.1) |   |   |   |
| 12              | 10  | 434 | NORSHAHRIZAD BIN NORDIN          | MEMBAKUT      | 5.80 m      | X<br>(+2.4)    | X<br>(+0.5)    | 5.80<br>(+1.1) |   |   |   |
| 13              | 3   | 249 | ANDREAN JERRY                    | KOTA BELUD    | 5.58 m      | 5.53<br>(+0.8) | 5.43<br>(-0.2) | 5.58<br>(+0.9) |   |   |   |
| 14              | 9   | 217 | MUHAMMAD AZRUL HAKIMI BIN AZALEE | KINABATANGAN  | 5.53 m      | 5.53<br>(+1.6) | X<br>(0.0)     | 4.87<br>(+1.1) |   |   |   |
| 15              | 8   | 526 | JASRIAN ELIK                     | PENAMPANG     | 5.39 m      | 5.24<br>(+1.4) | 5.07<br>(+0.1) | 5.39<br>(-0.1) |   |   |   |
| 16              | 2   | 108 | MUHAMAD AL HAKIM BIN GAJALI      | BEAUFORT      | 4.87 m      | X<br>(+1.4)    | 4.52<br>(+0.8) | 4.87<br>(+0.4) |   |   |   |
| -               | 14  | 698 | MUHAMMAD AIMAN BIN RUSLI         | SIPITANG      | DNS         |                |                |                |   |   |   |

|                       |         |                           |                                    |               |             |                                |       |       |   |      |   |                                                                                       |
|-----------------------|---------|---------------------------|------------------------------------|---------------|-------------|--------------------------------|-------|-------|---|------|---|---------------------------------------------------------------------------------------|
| NO ACARA : 104        |         |                           | KELAYAKAN                          |               |             | Had kelayakan 39.00 m (Q) atau |       |       |   |      |   |  |
| ACARA : LEMPAR CAKERA |         |                           | LELAKI                             |               |             | minimum 12 (q) orang layak     |       |       |   |      |   |                                                                                       |
| SAGA                  | 42.22 m | MIRACH HAN                |                                    |               |             | TAWAU                          |       |       |   | 2019 |   |                                                                                       |
| SUKMA                 | 55.16 m | MUHAMMAD IRFAN SHAMSUDDIN |                                    |               |             | N.SEMBILAN                     |       |       |   | 2016 |   |                                                                                       |
| KELAYAKAN 1 / 2       |         |                           |                                    |               |             |                                |       |       |   |      |   |                                                                                       |
| KED                   | GIL     | BIB                       | NAMA                               | PASUKAN       | JARAK       | 1                              | 2     | 3     | 4 | 5    | 6 |                                                                                       |
| 1                     | 3       | 246                       | AJUAN BIN AWANG JUNAN              | KOTA BELUD    | 37.19 m   q | 33.62                          | X     | 37.19 |   |      |   |                                                                                       |
| 2                     | 8       | 408                       | NABIL FAIZ BIN AYUB                | LAHAD DATU    | 31.82 m   q | 30.11                          | 31.82 | 29.10 |   |      |   |                                                                                       |
| 3                     | 2       | 286                       | SYED ALI BIN SYED AHMAD            | KOTA KINABALU | 31.60 m   q | X                              | X     | 31.60 |   |      |   |                                                                                       |
| 4                     | 1       | 524                       | O'NEILL ANTHONY TAMBUR             | PENAMPANG     | 31.05 m   q | 27.57                          | X     | 31.05 |   |      |   |                                                                                       |
| 5                     | 7       | 347                       | PATHRICKO ALLONZO HAGMAN           | KUDAT         | 29.71 m   q | 29.71                          | X     | 25.35 |   |      |   |                                                                                       |
| 6                     | 9       | 622                       | KEVIN KEITH SEPIKIT                | RANAU         | 28.82 m   q | 28.27                          | 27.14 | 28.82 |   |      |   |                                                                                       |
| 7                     | 10      | 186                       | OWEN PRESSLY JOYCE                 | KENINGAU      | 28.26 m   q | 28.26                          | X     | X     |   |      |   |                                                                                       |
| 8                     | 5       | 440                       | MUHAMMAD KHAIRUL BIN HAIRUM        | MEMBAKUT      | 25.08 m     | 18.75                          | 25.08 | 23.10 |   |      |   |                                                                                       |
| 9                     | 11      | 720                       | RONNEIL BIN ROZL @ ROGER           | TAMBUNAN      | 25.01 m     | X                              | X     | 25.01 |   |      |   |                                                                                       |
| 10                    | 12      | 590                       | MUHAMMAD DANIEL IZZAT BIN MUKIM    | PUTATAN       | 23.14 m     | 23.14                          | X     | X     |   |      |   |                                                                                       |
| -                     | 4       | 744                       | ASYRAF AKMAL BIN SELAMAT           | TAWAU         | NM          | X                              | X     | X     |   |      |   |                                                                                       |
| -                     | 6       | 695                       | MIQUEL MEXZAN                      | SIPITANG      | DNS         |                                |       |       |   |      |   |                                                                                       |
| KELAYAKAN 2 / 2       |         |                           |                                    |               |             |                                |       |       |   |      |   |                                                                                       |
| KED                   | GIL     | BIB                       | NAMA                               | PASUKAN       | JARAK       | 1                              | 2     | 3     | 4 | 5    | 6 |                                                                                       |
| 1                     | 4       | 523                       | NATHANIEL MAJID                    | PENAMPANG     | 33.40 m   q | 33.39                          | 33.40 | X     |   |      |   |                                                                                       |
| 2                     | 9       | 314                       | VAKERY BIN JAINOL                  | KOTA MARUDU   | 29.32 m   q | X                              | 29.32 | X     |   |      |   |                                                                                       |
| 3                     | 7       | 719                       | VELLDRON PITON                     | TAMBUNAN      | 29.20 m   q | X                              | 25.86 | 29.20 |   |      |   |                                                                                       |
| 4                     | 10      | 247                       | MOHAMAD QHAIRIL HAIQAL BIN MAUDIN  | KOTA BELUD    | 27.04 m   q | 24.41                          | 26.20 | 27.04 |   |      |   |                                                                                       |
| 5                     | 2       | 439                       | MOHAMAD WAZAINI ARIFF BIN WAKERAN  | MEMBAKUT      | 25.49 m   q | X                              | 21.22 | 25.49 |   |      |   |                                                                                       |
| 6                     | 6       | 346                       | ALDEONEY ADEN ANTHONY              | KUDAT         | 25.34 m     | 22.15                          | 24.31 | 25.34 |   |      |   |                                                                                       |
| 7                     | 11      | 285                       | HENRY SELUTAN MARUNG               | KOTA KINABALU | 23.51 m     | X                              | 23.51 | X     |   |      |   |                                                                                       |
| 8                     | 8       | 185                       | FREDANO OWEN CHUNG                 | KENINGAU      | 22.43 m     | X                              | 20.53 | 22.43 |   |      |   |                                                                                       |
| 9                     | 3       | 589                       | MOHAMMAD AIZULRIZEWAN BIN ALI OMAR | PUTATAN       | 22.31 m     | X                              | 22.31 | X     |   |      |   |                                                                                       |
| 10                    | 1       | 407                       | MUHAMMAD AZAMIE BIN ARSUDIN        | LAHAD DATU    | 22.05 m     | X                              | 21.81 | 22.05 |   |      |   |                                                                                       |
| 11                    | 12      | 696                       | OWEN PALIPUS                       | SIPITANG      | 19.39 m     | X                              | 19.39 | X     |   |      |   |                                                                                       |
| 12                    | 13      | 745                       | MUHAMMAD JAMADIL                   | TAWAU         | 14.27 m     | X                              | X     | 14.27 |   |      |   |                                                                                       |
| -                     | 5       | 692                       | MOHAMMAD AZIZI BIN MAD SULIMAN     | SEMPORNA      | NM          | X                              | X     | X     |   |      |   |                                                                                       |



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|----------------|-----|---------|-------------------------------------|------------------|--------------------------|------------|---|-------------------------------------------------------------------------------------|
| NO ACARA : 105 |     |         | SARINGAN                            |                  | 4 tempat teratas (Q) dan |            |   |  |
| ACARA : 100 m  |     |         | WANITA                              |                  | 4 masa terbaik (q) layak |            |   |                                                                                     |
| SAGA           |     | 12.39 s | FATHIN FAQIHAH MOHD YUSOF           |                  |                          | TAWAU      |   | 2013                                                                                |
| SUKMA          |     | 11.81 s | AZREEN NABILA ALIAS                 |                  |                          | TERENGGANU |   | 2018                                                                                |
| SARINGAN 1 / 5 |     |         |                                     |                  |                          |            |   |                                                                                     |
| KED            | LOR | BIB     | NAMA                                | ANGIN = +0.5 m/s | PASUKAN                  | MASA       |   |                                                                                     |
| 1              | 5   | 529     | SHAYNA HEATHER TAHING               |                  | PENAMPANG                | 12.93 s    | Q |                                                                                     |
| 2              | 6   | 221     | RIZKAH ABDULLAH                     |                  | KINABATANGAN             | 13.21 s    | Q |                                                                                     |
| 3              | 2   | 853     | BIBI HALINA BINTI ALOYSIUS          |                  | TUARAN                   | 13.33 s    | Q |                                                                                     |
| 4              | 1   | 675     | DIYANA AFIQAH BINTI SAIFUL NIZAM    |                  | SANDAKAN                 | 13.82 s    | Q |                                                                                     |
| 5              | 8   | 252     | ALVIEANA CLARINA MOBIE              |                  | KOTA BELUD               | 14.11 s    | q |                                                                                     |
| 6              | 3   | 296     | VANESSA CHAI PEI PEI                |                  | KOTA KINABALU            | 14.30 s    | q |                                                                                     |
| 7              | 4   | 475     | RESTYFIONA BINTI RIZAL              |                  | NABAWAN                  | 15.22 s    |   |                                                                                     |
| 8              | 7   | 197     | CHRISTENSHINE CHRIST VONERVONCHER   |                  | KENINGAU                 | 15.29 s    |   |                                                                                     |
| SARINGAN 2 / 5 |     |         |                                     |                  |                          |            |   |                                                                                     |
| KED            | LOR | BIB     | NAMA                                | ANGIN = +0.2 m/s | PASUKAN                  | MASA       |   |                                                                                     |
| 1              | 6   | 676     | NUR AZIQAH BINTI SAPRI              |                  | SANDAKAN                 | 13.18 s    | Q |                                                                                     |
| 2              | 2   | 752     | NUR AMANINA BINTI ROSMANSAH         |                  | TAWAU                    | 13.63 s    | Q |                                                                                     |
| 3              | 4   | 781     | CASSANDRA GLENN MASDI               |                  | TELUPID                  | 13.93 s    | Q |                                                                                     |
| 4              | 5   | 191     | TYRA LANA TOMMY @ DEXTER            |                  | KENINGAU                 | 14.07 s    | Q |                                                                                     |
| 5              | 3   | 564     | SUZIANAH MADUSIN                    |                  | PITAS                    | 14.25 s    | q |                                                                                     |
| 6              | 8   | 384     | NUR AISYAH ARYSA FATIHAH BINTI JOHN |                  | KUNAK                    | 14.65 s    |   |                                                                                     |
| 7              | 7   | 495     | FRANJELICA KIMBERLY FREDERICK       |                  | PAPAR                    | 15.34 s    |   |                                                                                     |
| SARINGAN 3 / 5 |     |         |                                     |                  |                          |            |   |                                                                                     |
| KED            | LOR | BIB     | NAMA                                | ANGIN = -0.1 m/s | PASUKAN                  | MASA       |   |                                                                                     |
| 1              | 2   | 294     | ARINISIA JEWAA                      |                  | KOTA KINABALU            | 13.60 s    | Q |                                                                                     |
| 2              | 6   | 753     | NUR HIDAYAH BINTI JULZAIMEE         |                  | TAWAU                    | 13.83 s    | Q |                                                                                     |
| 3              | 7   | 385     | NORHAFIEZA BINTI YAKUB              |                  | KUNAK                    | 14.15 s    | Q |                                                                                     |
| 4              | 4   | 631     | ELCY DEBRA WASRIN                   |                  | RANAU                    | 14.39 s    | Q |                                                                                     |
| 5              | 5   | 411     | NUR ELLESYA AZWA BINTI AWANG        |                  | LAHAD DATU               | 14.52 s    |   |                                                                                     |
| 6              | 3   | 700     | LISADORA PATRICK FREDOLINE          |                  | SIPITANG                 | 14.53 s    |   |                                                                                     |
| 7              | 8   | 496     | LEEZ BRISCHHELLY BIN LINUS          |                  | PAPAR                    | 15.10 s    |   |                                                                                     |
| SARINGAN 4 / 5 |     |         |                                     |                  |                          |            |   |                                                                                     |
| KED            | LOR | BIB     | NAMA                                | ANGIN = -1.4 m/s | PASUKAN                  | MASA       |   |                                                                                     |
| 1              | 6   | 131     | SHERENNA MICHAEL                    |                  | BELURAN                  | 14.19 s    | Q |                                                                                     |
| 2              | 2   | 476     | SONNEA JENNEFER JIRON               |                  | NABAWAN                  | 14.21 s    | Q |                                                                                     |
| 3              | 3   | 155     | NURUL SUHADA BINTI SULAIMAN         |                  | KALABAKAN                | 14.36 s    | Q |                                                                                     |
| 4              | 4   | 824     | VALENTINE NATALIE BINTI RICKLY      |                  | TONGOD                   | 14.48 s    | Q |                                                                                     |
| 5              | 5   | 699     | JIRA DINA BINTI DARING              |                  | SIPITANG                 | 14.69 s    |   |                                                                                     |
| 6              | 7   | 447     | DAYANG DIYANA BINTI AG ABDUL RAHMAN |                  | MEMBAKUT                 | 14.70 s    |   |                                                                                     |
| 7              | 8   | 594     | VIOLETT JOLYN PUN YIN               |                  | PUTATAN                  | 14.71 s    |   |                                                                                     |
| SARINGAN 5 / 5 |     |         |                                     |                  |                          |            |   |                                                                                     |
| KED            | LOR | BIB     | NAMA                                | ANGIN = -0.1 m/s | PASUKAN                  | MASA       |   |                                                                                     |
| 1              | 7   | 723     | THERESIA ANASTASIUS                 |                  | TAMBUNAN                 | 12.79 s    | Q |                                                                                     |
| 2              | 5   | 852     | ESTHER JOANNE AILOS                 |                  | TUARAN                   | 12.85 s    | Q |                                                                                     |
| 3              | 3   | 530     | DAYANGKU NURSUFANAZ SYAZIRAH        |                  | PENAMPANG                | 13.04 s    | Q |                                                                                     |
| 4              | 8   | 253     | SHERYNA NATASHA                     |                  | KOTA BELUD               | 13.71 s    | Q |                                                                                     |
| 5              | 2   | 351     | AUNI ALEESYA BTE ADAM               |                  | KUDAT                    | 14.09 s    | q |                                                                                     |
| 6              | 4   | 593     | LYRA CRYSTA JANUIS                  |                  | PUTATAN                  | 14.38 s    |   |                                                                                     |
| 7              | 1   | 222     | FATIN DANIELLA BINTI WASRIZAN       |                  | KINABATANGAN             | 14.77 s    |   |                                                                                     |
| 8              | 6   | 156     | NUR NABILAH SHIKIN BINTI HASAN      |                  | KALABAKAN                | 14.85 s    |   |                                                                                     |

|                |         |                                     |                                       |                  |                          |          |                                                                                       |
|----------------|---------|-------------------------------------|---------------------------------------|------------------|--------------------------|----------|---------------------------------------------------------------------------------------|
| NO ACARA : 106 |         |                                     | SARINGAN                              |                  | 3 tempat teratas (Q) dan |          |  |
| ACARA : 100 m  |         |                                     | LELAKI                                |                  | 6 masa terbaik (q) layak |          |                                                                                       |
| SAGA           | 10.76 s | MOHAMMAD NOR MUSYARAF BIN MOHD SARI |                                       |                  |                          | SANDAKAN | 2019                                                                                  |
| SUKMA          | 10.18 s | KHAIRUL HAFIZ B JANTAN              |                                       |                  |                          | MELAKA   | 2016                                                                                  |
| SARINGAN 1 / 6 |         |                                     |                                       |                  |                          |          |                                                                                       |
| KED            | LOR     | BIB                                 | NAMA                                  | ANGIN = +0.4 m/s | PASUKAN                  | MASA     |                                                                                       |
| 1              | 3       | 170                                 | RIO NELL ERRON OJELLA                 |                  | KENINGAU                 | 11.42 s  | Q                                                                                     |
| 2              | 4       | 274                                 | ADY PUTRA AQASHA BIN NORAHIMEE        |                  | KOTA KINABALU            | 11.51 s  | Q                                                                                     |
| 3              | 2       | 812                                 | EUFRONIO LARIUS                       |                  | TONGOD                   | 11.74 s  | Q                                                                                     |
| 4              | 7       | 208                                 | MOHAMMAD HUZAIRY ADAM SHAH BIN MAZLAN |                  | KINABATANGAN             | 11.76 s  | q                                                                                     |
| 5              | 8       | 369                                 | MOHAMMAD AZIMSHAHMI BIN ABDULLAH      |                  | KUNAK                    | 11.90 s  |                                                                                       |
| 6              | 5       | 425                                 | MOHAMAD RAMADHAN BIN PUASA            |                  | MEMBAKUT                 | 12.06 s  |                                                                                       |
| 7              | 6       | 731                                 | HAFIZ SYAHAIRIL                       |                  | TAWAU                    | 12.21 s  |                                                                                       |



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| SARINGAN 2 / 6 |     |     |                             |                  |               |           |
|----------------|-----|-----|-----------------------------|------------------|---------------|-----------|
| KED            | LOR | BIB | NAMA                        | ANGIN = -0.5 m/s | PASUKAN       | MASA      |
| 1              | 8   | 710 | DEXTER BEDIE                |                  | TAMBUNAN      | 10.96 s Q |
| 2              | 4   | 833 | ADAM TAN CHEE HEONG         |                  | TUARAN        | 11.23 s Q |
| 3              | 2   | 275 | SEANDRSON SIAW SUN SHENG    |                  | KOTA KINABALU | 11.74 s Q |
| 4              | 6   | 578 | ADAM IDRIS BIN AWANG JAIRI  |                  | PUTATAN       | 11.98 s   |
| 5              | 3   | 229 | RICHEWIN AMUNG HARRY        |                  | KOTA BELUD    | 12.05 s   |
| 6              | 7   | 368 | ABDUL WAFI BIN ABDUL MALIK  |                  | KUNAK         | 12.38 s   |
| 7              | 5   | 108 | MUHAMAD AL HAKIM BIN GAJALI |                  | BEAUFORT      | 12.97 s   |

| SARINGAN 3 / 6 |     |     |                         |                  |            |           |
|----------------|-----|-----|-------------------------|------------------|------------|-----------|
| KED            | LOR | BIB | NAMA                    | ANGIN = -1.5 m/s | PASUKAN    | MASA      |
| 1              | 6   | 709 | HANSSSEN YAP SOON FU    |                  | TAMBUNAN   | 11.05 s Q |
| 2              | 8   | 599 | CARLSON CAMILUS         |                  | RANAU      | 11.15 s Q |
| 3              | 3   | 508 | DALTON XAVIER WENCES    |                  | PENAMPANG  | 11.47 s Q |
| 4              | 7   | 230 | XIENHENRY JERRY         |                  | KOTA BELUD | 11.70 s q |
| 5              | 5   | 811 | REY DERN                |                  | TONGOD     | 11.94 s   |
| 6              | 4   | 484 | JOENERNTHAN MARK JUSTIN |                  | PAPAR      | 12.77 s   |

| SARINGAN 4 / 6 |     |     |                                          |                  |              |           |
|----------------|-----|-----|------------------------------------------|------------------|--------------|-----------|
| KED            | LOR | BIB | NAMA                                     | ANGIN = -0.8 m/s | PASUKAN      | MASA      |
| 1              | 3   | 664 | PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE |                  | SANDAKAN     | 11.09 s Q |
| 2              | 2   | 577 | MOHAMMAD ZULKARNAIN IRFAN                |                  | PUTATAN      | 11.35 s Q |
| 3              | 6   | 209 | ADAM HARRIS                              |                  | KINABATANGAN | 12.25 s Q |
| 4              | 8   | 105 | MUHAMMAD FAHMI BIN AZMAN                 |                  | BEAUFORT     | 12.48 s   |
| 5              | 5   | 424 | FARHAN WAFIY BIN MOHD KAMRULAZAMAN       |                  | MEMBAKUT     | 12.53 s   |
| 6              | 7   | 138 | ZAINUDDIN BIN BAHRUDDIN                  |                  | KALABAKAN    | 13.93 s   |
| -              | 4   | 687 | MUHAMMAD NUR AZLI BIN AZALAN             |                  | SEMPORNA     | DNS       |

| SARINGAN 5 / 6 |     |     |                               |                  |             |           |
|----------------|-----|-----|-------------------------------|------------------|-------------|-----------|
| KED            | LOR | BIB | NAMA                          | ANGIN = -0.5 m/s | PASUKAN     | MASA      |
| 1              | 7   | 507 | EDRICK FEIVEL FLORENTIUS      |                  | PENAMPANG   | 11.28 s Q |
| 2              | 8   | 305 | EMAX LORAND LORIN             |                  | KOTA MARUDU | 11.62 s Q |
| 3              | 6   | 843 | MUHAMMAD HARUN BIN ALING      |                  | TUARAN      | 11.79 s Q |
| 4              | 4   | 397 | MOHAMMAD ARIEF AIMAN          |                  | LAHAD DATU  | 11.84 s q |
| 5              | 2   | 775 | VICTOR BIN JULIUS             |                  | TELUPID     | 11.87 s q |
| 6              | 3   | 169 | MAX BENNEY PIUS               |                  | KENINGAU    | 12.16 s   |
| 7              | 5   | 334 | AUDI SHAUQI SHAMIZAN BIN ADAM |                  | KUDAT       | 12.41 s   |

| SARINGAN 6 / 6 |     |     |                                        |                  |             |           |
|----------------|-----|-----|----------------------------------------|------------------|-------------|-----------|
| KED            | LOR | BIB | NAMA                                   | ANGIN = -0.9 m/s | PASUKAN     | MASA      |
| 1              | 3   | 686 | MOHAMMAD AZRI BIN MOHAMMAD ABLI        |                  | SEMPORNA    | 11.27 s Q |
| 2              | 2   | 663 | MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF  |                  | SANDAKAN    | 11.51 s Q |
| 3              | 4   | 137 | MUHAMMAD FITRI FAWWAZ BIN ABDUL FATTAH |                  | KALABAKAN   | 11.64 s Q |
| 4              | 6   | 779 | DANISH BIN CHARLISON                   |                  | TELUPID     | 11.64 s q |
| 5              | 8   | 396 | SOLEHUDDIN BIN RAZAK                   |                  | LAHAD DATU  | 11.65 s q |
| 6              | 7   | 485 | SYABIL HAIQAL                          |                  | PAPAR       | 12.03 s   |
| 7              | 5   | 329 | ILMI DZAKIYY BIN ISMAIL                |                  | KUALA PENYU | 12.35 s   |

|                             |         |                       |               |  |                          |      |
|-----------------------------|---------|-----------------------|---------------|--|--------------------------|------|
| NO ACARA : 108              |         |                       | SEPARUH AKHIR |  | 3 tempat teratas (Q) dan |      |
| ACARA : 400 m LARI BERPAGAR |         |                       | WANITA        |  | 2 masa terbaik (q) layak |      |
| SAGA                        | 65.74 s | EMMY AHKIM            |               |  | TAMBUNAN                 | 2011 |
| SUKMA                       | 59.82 s | NORASEELA MOHD KHALID |               |  | SELANGOR                 | 2000 |

| SEPARUH AKHIR 1 / 2 |     |     |                                 |  |               |           |
|---------------------|-----|-----|---------------------------------|--|---------------|-----------|
| KED                 | LOR | BIB | NAMA                            |  | PASUKAN       | MASA      |
| 1                   | 2   | 651 | VEERONICA SEIBIT                |  | RANAU         | 68.73 s Q |
| 2                   | 5   | 324 | FREYNILIA SHERLY LUCIUS         |  | KOTA MARUDU   | 70.02 s Q |
| 3                   | 7   | 855 | NIA JOVIC SUAN                  |  | TUARAN        | 73.63 s Q |
| 4                   | 3   | 536 | SERENA SOUPIN                   |  | PENAMPANG     | 79.90 s q |
| 5                   | 4   | 413 | NURUL NAJWA BINTI JAINAL ABADIN |  | LAHAD DATU    | 83.14 s   |
| 6                   | 8   | 300 | DAYANG DAMIA HEIDI BINTI ROSLEE |  | KOTA KINABALU | 89.44 s   |
| 7                   | 6   | 258 | IVY MIKO RYAN SAIMIN            |  | KOTA BELUD    | 94.32 s   |

| SEPARUH AKHIR 2 / 2 |     |     |                                    |  |             |           |
|---------------------|-----|-----|------------------------------------|--|-------------|-----------|
| KED                 | LOR | BIB | NAMA                               |  | PASUKAN     | MASA      |
| 1                   | 2   | 858 | JOEIVIVIEAN JAMSON                 |  | TUARAN      | 71.14 s Q |
| 2                   | 3   | 161 | GOLARIA EILISCA JOENEH             |  | KALABAKAN   | 73.69 s Q |
| 3                   | 5   | 652 | NURHAZIQA AFIFAH BINTI MOHD FAINOR |  | RANAU       | 76.12 s Q |
| 4                   | 7   | 829 | NOR YELZA BINTI ABDULLAH           |  | TONGOD      | 78.40 s q |
| 5                   | 8   | 757 | NUR SHUHANA BINTI SIADIN           |  | TAWAU       | 89.36 s   |
| 6                   | 6   | 456 | SHERLEEN BINTI JASTEN              |  | MEMBAKUT    | 96.65 s   |
| -                   | 1   | 320 | PRISHAVELA                         |  | KOTA MARUDU | DNS       |
| -                   | 4   | 202 | JOYCE ANN ROLAND                   |  | KENINGAU    | DNS       |



**SABAH GAMES (SAGA) X [OLAHRAGA]**  
**Kali ke-10 | Kompleks Sukan Tuaran | Sabah**  
**18 - 21 Disember 2023**



|                 |     |        |                                         |             |             |                                                          |                |                |   |      |   |                                                                                     |  |
|-----------------|-----|--------|-----------------------------------------|-------------|-------------|----------------------------------------------------------|----------------|----------------|---|------|---|-------------------------------------------------------------------------------------|--|
| NO ACARA : 109  |     |        | KELAYAKAN WANITA                        |             |             | Had kelayakan 5.15 m (Q) atau minimum 12 (q) orang layak |                |                |   |      |   |  |  |
| SAGA            |     | 5.52 m | FEOVA LIM YI FEI                        |             |             | TUARAN                                                   |                |                |   | 2019 |   |                                                                                     |  |
| SUKMA           |     | 6.20 m | NGEW SIN MEI                            |             |             | KUALA LUMPUR                                             |                |                |   | 2002 |   |                                                                                     |  |
| KELAYAKAN 1 / 2 |     |        |                                         |             |             |                                                          |                |                |   |      |   |                                                                                     |  |
| KED             | GIL | BIB    | NAMA                                    | PASUKAN     | JARAK       | 1                                                        | 2              | 3              | 4 | 5    | 6 |                                                                                     |  |
| 1               | 7   | 362    | CAREFINA DIAN ELDY                      | KUDAT       | 5.20 m<br>Q | 5.20<br>(+2.5)                                           | -              | -              |   |      |   |                                                                                     |  |
| 2               | 8   | 805    | MESELEMYA BINTI BIOUS                   | TENOM       | 5.04 m<br>q | 5.04<br>(+3.4)                                           | X<br>(+0.7)    |                |   |      |   |                                                                                     |  |
| 3               | 11  | 857    | CLARENCE YONG JING CUI                  | TUARAN      | 4.92 m<br>q | 4.85<br>(+2.3)                                           | 4.45<br>(+1.1) | 4.92<br>(+4.2) |   |      |   |                                                                                     |  |
| 4               | 13  | 680    | NAZALEIA QASEH ISABEL BINTI JONATHAN    | SANDAKAN    | 4.80 m<br>q | 4.51<br>(+2.0)                                           | 4.80<br>(+2.0) | 3.84<br>(+1.4) |   |      |   |                                                                                     |  |
| 5               | 9   | 479    | ELISSIEBALL BINTI JONAL                 | NABAWAN     | 4.64 m<br>q | 4.64<br>(+3.1)                                           | 4.51<br>(+2.1) | 4.55<br>(+2.8) |   |      |   |                                                                                     |  |
| 6               | 4   | 765    | DAYANG ABBY ZURFIQAH BINTI AG.SAFIANSAH | TAWAU       | 4.59 m      | 4.59<br>(+5.4)                                           | 4.38<br>(+2.0) | 4.10<br>(+2.7) |   |      |   |                                                                                     |  |
| 7               | 16  | 541    | MARY KAYLA CLARENCE ONGKUDUN            | PENAMPANG   | 4.49 m      | X<br>(+4.4)                                              | 4.37<br>(+1.5) | 4.49<br>(+2.8) |   |      |   |                                                                                     |  |
| 8               | 10  | 655    | EBBY FLORICE SHAMI                      | RANAU       | 4.47 m      | 4.37<br>(+3.2)                                           | 4.38<br>(+0.7) | 4.47<br>(+1.4) |   |      |   |                                                                                     |  |
| 9               | 6   | 503    | ANGEL LISA BINTI HERMAN                 | PAPAR       | 4.35 m      | 4.08<br>(+1.3)                                           | 4.09<br>(+3.0) | 4.35<br>(+0.4) |   |      |   |                                                                                     |  |
| 10              | 2   | 323    | CLARRYSAH JAIMON                        | KOTA MARUDU | 4.21 m      | X<br>(+3.7)                                              | X<br>(+2.1)    | 4.21<br>(+2.5) |   |      |   |                                                                                     |  |
| 11              | 3   | 828    | SAPIKAH BINTI DINDIN                    | TONGOD      | 4.09 m      | X<br>(+5.4)                                              | 3.93<br>(+0.9) | 4.09<br>(+3.1) |   |      |   |                                                                                     |  |
| 12              | 15  | 389    | NURUL FATIN HIDAYAH BINTI EDI           | KUNAK       | 3.71 m      | 3.71<br>(+2.9)                                           | X<br>(+2.7)    | 3.38<br>(+3.5) |   |      |   |                                                                                     |  |
| 13              | 12  | 461    | SAIDATINA KHODIJA BINTI ASZAMAN         | MEMBAKUT    | 3.27 m      | X<br>(+2.9)                                              | 3.27<br>(+0.7) | X<br>(+3.0)    |   |      |   |                                                                                     |  |
| 14              | 5   | 168    | MARIELYNVIANA DANIAL                    | KALABAKAN   | 2.78 m      | 2.39<br>(+2.6)                                           | 2.29<br>(+0.8) | 2.78<br>(+3.1) |   |      |   |                                                                                     |  |
| -               | 1   | 265    | DHAZRINNEY BINTI RAMALAN @ REMIX ROY    | KOTA BELUD  | DNS         |                                                          |                |                |   |      |   |                                                                                     |  |
| -               | 14  | 205    | RIKA KELLYVIANA FRANKIE                 | KENINGAU    | NM          | X<br>(+4.1)                                              | X<br>(+1.4)    | X<br>(+3.3)    |   |      |   |                                                                                     |  |
| KELAYAKAN 2 / 2 |     |        |                                         |             |             |                                                          |                |                |   |      |   |                                                                                     |  |
| KED             | GIL | BIB    | NAMA                                    | PASUKAN     | JARAK       | 1                                                        | 2              | 3              | 4 | 5    | 6 |                                                                                     |  |
| 1               | 17  | 196    | SAMANTHA COLLETTE VALENTINE             | KENINGAU    | 5.22 m<br>Q | 5.22<br>(+2.7)                                           | -              | -              |   |      |   |                                                                                     |  |
| 2               | 14  | 363    | ABBY ALLYSKA LAUSIN                     | KUDAT       | 5.09 m<br>q | X<br>(+1.8)                                              | 5.01<br>(+1.5) | 5.09<br>(+1.5) |   |      |   |                                                                                     |  |
| 3               | 10  | 859    | BOEY SIN YIN                            | TUARAN      | 4.93 m<br>q | X<br>(+3.0)                                              | X<br>(+1.7)    | 4.93<br>(+1.9) |   |      |   |                                                                                     |  |
| 4               | 5   | 162    | FVEOLYN BINTI LATSENDER                 | KALABAKAN   | 4.77 m<br>q | 4.76<br>(+1.5)                                           | 4.77<br>(+1.7) | 4.76<br>(+1.1) |   |      |   |                                                                                     |  |
| 5               | 15  | 415    | AMY ZURAIN BINTI NASARUDDING            | LAHAD DATU  | 4.68 m<br>q | 4.29<br>(+1.9)                                           | 4.68<br>(+1.1) | 4.65<br>(0.0)  |   |      |   |                                                                                     |  |
| 6               | 6   | 131    | SHERENNA MICHAEL                        | BELURAN     | 4.67 m<br>q | 4.10<br>(-0.1)                                           | 4.40<br>(+4.0) | 4.67<br>(+2.3) |   |      |   |                                                                                     |  |
| 7               | 3   | 542    | EVA JOYCE JOHANES                       | PENAMPANG   | 4.65 m<br>q | 4.65<br>(+2.4)                                           | 4.43<br>(+2.7) | 4.47<br>(+0.7) |   |      |   |                                                                                     |  |
| 8               | 11  | 677    | ALLYSON GRACE LEO                       | SANDAKAN    | 4.64 m      | 4.51<br>(+2.5)                                           | 4.64<br>(+4.2) | 4.43<br>(+0.5) |   |      |   |                                                                                     |  |
| 9               | 16  | 252    | ALVIEANA CLARINA MOBIE                  | KOTA BELUD  | 4.59 m      | X<br>(+1.8)                                              | X<br>(+3.1)    | 4.59<br>(+1.5) |   |      |   |                                                                                     |  |
| 10              | 12  | 483    | JESSY ANSAAT @ UNTONG                   | NABAWAN     | 4.57 m      | 4.57<br>(+2.3)                                           | 4.34<br>(+4.4) | 4.33<br>(+1.3) |   |      |   |                                                                                     |  |
| 11              | 13  | 322    | ANNY EZNY RIZAM                         | KOTA MARUDU | 4.55 m      | 4.22<br>(+3.0)                                           | 4.55<br>(+3.6) | 4.37<br>(+0.7) |   |      |   |                                                                                     |  |
| 12              | 8   | 727    | AALVERRA ANN ALFRED                     | TAMBUNAN    | 4.51 m      | X<br>(+5.3)                                              | 4.51<br>(+4.4) | 4.14<br>(+1.1) |   |      |   |                                                                                     |  |
| 13              | 4   | 594    | VIOLETT JOLYN PUN YIN                   | PUTATAN     | 4.22 m      | 4.02<br>(+2.4)                                           | 3.97<br>(+2.1) | 4.22<br>(+2.0) |   |      |   |                                                                                     |  |
| 14              | 1   | 449    | NURHAFIFAH ALIA BINTI AG KHALID         | MEMBAKUT    | 4.20 m      | 3.90<br>(+2.1)                                           | 4.20<br>(+3.8) | 4.05<br>(+3.4) |   |      |   |                                                                                     |  |
| 15              | 7   | 758    | AINUL MARDHIAH BINTI ARPAH              | TAWAU       | 4.04 m      | 3.73<br>(+1.5)                                           | 4.04<br>(+3.0) | 3.63<br>(+4.0) |   |      |   |                                                                                     |  |
| 16              | 9   | 505    | VAN SHANLLY WILLIAM                     | PAPAR       | 3.57 m      | 3.34<br>(+3.2)                                           | X<br>(+1.4)    | 3.57<br>(+2.3) |   |      |   |                                                                                     |  |
| 17              | 18  | 569    | ERRYRISA JAINIS                         | PITAS       | 3.54 m      | 3.46<br>(+1.5)                                           | 2.95<br>(+3.4) | 3.54<br>(+2.5) |   |      |   |                                                                                     |  |
| 18              | 2   | 705    | QAHIRAH MAISARAH BINTI SYAHLIL          | SIPITANG    | 2.70 m      | X<br>(+2.0)                                              | 2.70<br>(+3.2) | X<br>(+1.5)    |   |      |   |                                                                                     |  |



**SABAH GAMES (SAGA) X [OLAH RAGA]**  
**Kali ke-10 | Kompleks Sukan Tuaran | Sabah**  
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|                       |     |         |                                        |               |             |                                                           |           |       |                                                                                     |   |   |
|-----------------------|-----|---------|----------------------------------------|---------------|-------------|-----------------------------------------------------------|-----------|-------|-------------------------------------------------------------------------------------|---|---|
| NO ACARA : 111        |     |         | KELAYAKAN WANITA                       |               |             | Had kelayakan 26.00 m (Q) atau minimum 12 (q) orang layak |           |       |  |   |   |
| ACARA : LEMPAR CAKERA |     |         |                                        |               |             |                                                           |           |       |                                                                                     |   |   |
| SAGA                  |     | 35.95 m | NOBENECKA BINTI PINALUS                |               |             |                                                           | KENINGAU  |       | 2019                                                                                |   |   |
| SUKMA                 |     | 46.66 m | YAP JENG TZAN                          |               |             |                                                           | N.SEMILAN |       | 2008                                                                                |   |   |
| KELAYAKAN 1 / 2       |     |         |                                        |               |             |                                                           |           |       |                                                                                     |   |   |
| KED                   | GIL | BIB     | NAMA                                   | PASUKAN       | JARAK       | 1                                                         | 2         | 3     | 4                                                                                   | 5 | 6 |
| 1                     | 9   | 361     | SHERRA ANNABELLE JONIAS                | KUDAT         | 33.49 m   Q | 33.49                                                     | -         | -     |                                                                                     |   |   |
| 2                     | 13  | 326     | DANIELLA NIA JIMIL                     | KOTA MARUDU   | 33.22 m   Q | 33.22                                                     | -         | -     |                                                                                     |   |   |
| 3                     | 7   | 654     | NORHAFIKAH                             | RANAU         | 29.06 m   Q | 29.06                                                     | -         | -     |                                                                                     |   |   |
| 4                     | 3   | 504     | SITI AISHAH ARFIANA BINTI ASMAT        | PAPAR         | 29.04 m   Q | 29.04                                                     | -         | -     |                                                                                     |   |   |
| 5                     | 4   | 764     | JYVE IXORA JIMBRUS                     | TAWAU         | 28.05 m   Q | 28.05                                                     | -         | -     |                                                                                     |   |   |
| 6                     | 12  | 706     | OLIVIA PALIPUS                         | SIPITANG      | 25.16 m   q | X                                                         | X         | 25.16 |                                                                                     |   |   |
| 7                     | 1   | 302     | AMANDA ROBRIA KOZA DASLI               | KOTA KINABALU | 23.44 m   q | 21.83                                                     | X         | 23.44 |                                                                                     |   |   |
| 8                     | 11  | 539     | EUPHRASIA TERRENCE CLAUDIUS            | PENAMPANG     | 21.16 m     | 19.43                                                     | X         | 21.16 |                                                                                     |   |   |
| 9                     | 5   | 460     | FRELLYSIA ANN ZAHARY                   | MEMBAKUT      | 14.83 m     | 14.83                                                     | X         | X     |                                                                                     |   |   |
| -                     | 2   | 481     | GUINEVFYE ANAK HENRI                   | NABAWAN       | DNS         |                                                           |           |       |                                                                                     |   |   |
| -                     | 6   | 260     | NURUL HIDAYAH BINTI AZIZAN             | KOTA BELUD    | NM          | X                                                         | X         | X     |                                                                                     |   |   |
| -                     | 8   | 419     | VIECA SHERRY JAMRY                     | LAHAD DATU    | NM          | X                                                         | X         | X     |                                                                                     |   |   |
| -                     | 10  | 166     | RYIENTSCHIELLERREYSEA ROBERTSON MALAYA | KALABAKAN     | NM          | X                                                         | X         | X     |                                                                                     |   |   |
| KELAYAKAN 2 / 2       |     |         |                                        |               |             |                                                           |           |       |                                                                                     |   |   |
| KED                   | GIL | BIB     | NAMA                                   | PASUKAN       | JARAK       | 1                                                         | 2         | 3     | 4                                                                                   | 5 | 6 |
| 1                     | 12  | 653     | ALXENDRA RAYS JAINOD                   | RANAU         | 28.72 m   Q | 24.22                                                     | 28.72     | -     |                                                                                     |   |   |
| 2                     | 6   | 482     | SUNGRAECINA HARRY                      | NABAWAN       | 27.45 m   Q | 27.45                                                     | -         | -     |                                                                                     |   |   |
| 3                     | 10  | 261     | SARAH MANASHYE BINTI SENTI             | KOTA BELUD    | 26.34 m   Q | 26.34                                                     | -         | -     |                                                                                     |   |   |
| 4                     | 4   | 301     | WELLYVERA JULLY                        | KOTA KINABALU | 24.50 m   q | 22.56                                                     | 22.09     | 24.50 |                                                                                     |   |   |
| 5                     | 1   | 333     | CLARYSIA NITIP                         | KUALA PENYU   | 23.26 m   q | X                                                         | 21.57     | 23.26 |                                                                                     |   |   |
| 6                     | 5   | 325     | ALEEYA NADIRAH BINTI ABBAS             | KOTA MARUDU   | 22.41 m     | X                                                         | 22.41     | X     |                                                                                     |   |   |
| 7                     | 11  | 708     | EGRACESHEQQA ESRIN                     | SIPITANG      | 21.68 m     | 21.68                                                     | X         | 17.63 |                                                                                     |   |   |
| 8                     | 7   | 540     | CHRISTIANA MELLISA JUPRY               | PENAMPANG     | 19.37 m     | X                                                         | X         | 19.37 |                                                                                     |   |   |
| 9                     | 9   | 167     | DEVON VENNICECA BINTI KERUNOI          | KALABAKAN     | 18.08 m     | X                                                         | 18.08     | 17.34 |                                                                                     |   |   |
| 10                    | 3   | 459     | SHELVEYIA JOHN                         | MEMBAKUT      | 16.42 m     | 16.42                                                     | 12.25     | 14.39 |                                                                                     |   |   |
| -                     | 2   | 357     | RIVIA VENNY ROJER                      | KUDAT         | NM          | X                                                         | X         | X     |                                                                                     |   |   |
| -                     | 8   | 203     | VERRA STENELLA EBLE                    | KENINGAU      | DNS         |                                                           |           |       |                                                                                     |   |   |

|                             |         |                             |                                           |               |                          |             |                                                                                       |
|-----------------------------|---------|-----------------------------|-------------------------------------------|---------------|--------------------------|-------------|---------------------------------------------------------------------------------------|
| NO ACARA : 112              |         |                             | SEPARUH AKHIR                             |               | 1 tempat teratas (Q) dan |             |  |
| ACARA : 400 m LARI BERPAGAR |         |                             | LELAKI                                    |               | 4 masa terbaik (q) layak |             |                                                                                       |
| SAGA                        | 55.22 s | DEAIGO EMANUELL BIN WAYRING |                                           |               |                          | KOTA MARUDU | 2019                                                                                  |
| SUKMA                       | 51.79 s | MOHD ZAFRIL                 |                                           |               |                          | PAHANG      | 2004                                                                                  |
| SEPARUH AKHIR 1 / 4         |         |                             |                                           |               |                          |             |                                                                                       |
| KED                         | LOR     | BIB                         | NAMA                                      | PASUKAN       |                          | MASA        |                                                                                       |
| 1                           | 3       | 600                         | ELVIN ESAK                                | RANAU         |                          | 58.25 s     | Q                                                                                     |
| 2                           | 6       | 669                         | DEXTER PALMIN                             | SANDAKAN      |                          | 59.78 s     | q                                                                                     |
| 3                           | 5       | 180                         | MEAGKELVINUS PIUS                         | KENINGAU      |                          | 62.99 s     |                                                                                       |
| 4                           | 8       | 845                         | RONNIE APIN @ DOMINIC                     | TUARAN        |                          | 63.89 s     |                                                                                       |
| -                           | 2       | 244                         | HALMONKIUPIE                              | KOTA BELUD    |                          | DNS         |                                                                                       |
| -                           | 4       | 379                         | PUTRA FARISH ISKANDAR BIN MOHAMMAD SOFIAN | KUNAK         |                          | DNF         |                                                                                       |
| -                           | 7       | 342                         | IAN INDRIAN JOHKIUS                       | KUDAT         |                          | BATAL       |                                                                                       |
| SEPARUH AKHIR 2 / 4         |         |                             |                                           |               |                          |             |                                                                                       |
| KED                         | LOR     | BIB                         | NAMA                                      | PASUKAN       |                          | MASA        |                                                                                       |
| 1                           | 7       | 343                         | RELLYANTO CHARIS RAFAIL                   | KUDAT         |                          | 61.57 s     | Q                                                                                     |
| 2                           | 6       | 436                         | MOHAMAD FIRDAUS BIN ZAKARIA               | MEMBAKUT      |                          | 62.81 s     |                                                                                       |
| 3                           | 2       | 733                         | IRFANSAHZREEN BIN ISKANDAR                | TAWAU         |                          | 63.87 s     |                                                                                       |
| 4                           | 4       | 313                         | JEREMYNOEL BIN MASLON                     | KOTA MARUDU   |                          | 64.38 s     |                                                                                       |
| 5                           | 5       | 282                         | IVAN MIKAEL BIN ROSLEE                    | KOTA KINABALU |                          | 65.02 s     |                                                                                       |
| 6                           | 3       | 402                         | MOHAMMAD NU'AIM BIN MOHD AMIN             | LAHAD DATU    |                          | 65.49 s     |                                                                                       |
| -                           | 8       | 464                         | LEONADO AZLAN                             | NABAWAN       |                          | DNS         |                                                                                       |
| SEPARUH AKHIR 3 / 4         |         |                             |                                           |               |                          |             |                                                                                       |
| KED                         | LOR     | BIB                         | NAMA                                      | PASUKAN       |                          | MASA        |                                                                                       |
| 1                           | 4       | 147                         | MUHAMMAD FIRDAUS BIN DARUS SALAM          | KALABAKAN     |                          | 57.91 s     | Q                                                                                     |
| 2                           | 6       | 718                         | AIDAN ANDREW DANIEL                       | TAMBUNAN      |                          | 57.91 s     | q                                                                                     |
| 3                           | 2       | 306                         | BOENANJAVISTA BOLMIN                      | KOTA MARUDU   |                          | 60.49 s     | q                                                                                     |
| 4                           | 5       | 243                         | GOVINN JAIKON                             | KOTA BELUD    |                          | 61.76 s     |                                                                                       |
| 5                           | 7       | 671                         | MOHAMMAD AZIRUL BIN KAUSIN                | SANDAKAN      |                          | 65.34 s     |                                                                                       |
| 6                           | 3       | 601                         | MOHAMMAD HAIKAL BIN PASILIN               | RANAU         |                          | 65.68 s     |                                                                                       |
| 7                           | 8       | 741                         | MOHAMMAD MAZLANSYAH BIN MOHAMMAD FAUZY    | TAWAU         |                          | 70.37 s     |                                                                                       |



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| SEPARUH AKHIR 4 / 4 |     |     |                                  |            |         |   |
|---------------------|-----|-----|----------------------------------|------------|---------|---|
| KED                 | LOR | BIB | NAMA                             | PASUKAN    | MASA    |   |
| 1                   | 3   | 405 | ALVINSHAH ZIQKRYZAM BIN PAUL     | LAHAD DATU | 61.12 s | Q |
| 2                   | 6   | 378 | MOHAMMAD KHAIRUL NAIM BIN YOUSAF | KUNAK      | 61.50 s | q |
| 3                   | 5   | 814 | DILLON CHU PU YOUNG              | TONGOD     | 63.49 s |   |
| 4                   | 2   | 184 | ALEKSUAN TIKOL                   | KENINGAU   | 63.96 s |   |
| 5                   | 4   | 834 | AARON MACLEE HERMON              | TUARAN     | 64.12 s |   |
| 6                   | 7   | 557 | SYIVIERSSLEY SYIVIENCE           | PITAS      | 66.72 s |   |

|                                 |         |                           |  |                                                      |      |                                                                                     |
|---------------------------------|---------|---------------------------|--|------------------------------------------------------|------|-------------------------------------------------------------------------------------|
| NO ACARA : 113<br>ACARA : 100 m |         | SEPARUH AKHIR<br>WANITA   |  | 2 tempat teratas (Q) dan<br>2 masa terbaik (q) layak |      |  |
| SAGA                            | 12.39 s | FATHIN FAQIHAH MOHD YUSOF |  | TAWAU                                                | 2013 |                                                                                     |
| SUKMA                           | 11.81 s | AZREEN NABILA ALIAS       |  | TERENGGANU                                           | 2018 |                                                                                     |

| SEPARUH AKHIR 1 / 3 |     |     |                               |                |               |         |
|---------------------|-----|-----|-------------------------------|----------------|---------------|---------|
| KED                 | LOR | BIB | NAMA                          | ANGIN = -5 m/s | PASUKAN       | MASA    |
| 1                   | 4   | 852 | ESTHER JOANNE AILOS           |                | TUARAN        | 13.36 s |
| 2                   | 3   | 723 | THERESIA ANASTASIUS           |                | TAMBUNAN      | 13.52 s |
| 3                   | 6   | 221 | RIZKAH ABDULLAH               |                | KINABATANGAN  | 13.71 s |
| 4                   | 5   | 530 | DAYANGKU NURSYAFINAZ SYAZIRAH |                | PENAMPANG     | 13.85 s |
| 5                   | 7   | 781 | CASSANDRA GLENN MASDI         |                | TELUPID       | 14.41 s |
| 6                   | 2   | 191 | TYRA LANA TOMMY @ DEXTER      |                | KENINGAU      | 14.59 s |
| 7                   | 1   | 631 | ELCY DEBRA WASRIN             |                | RANAU         | 14.85 s |
| 8                   | 8   | 296 | VANESSA CHAI PEI PEI          |                | KOTA KINABALU | 15.00 s |

| SEPARUH AKHIR 2 / 3 |     |     |                                |                  |            |         |
|---------------------|-----|-----|--------------------------------|------------------|------------|---------|
| KED                 | LOR | BIB | NAMA                           | ANGIN = -3.6 m/s | PASUKAN    | MASA    |
| 1                   | 6   | 676 | NUR AZIQAH BINTI SAPRI         |                  | SANDAKAN   | 13.61 s |
| 2                   | 2   | 253 | SHERYNA NATASHA                |                  | KOTA BELUD | 14.03 s |
| 3                   | 3   | 853 | BIBI HALINA BINTI ALOYSIUS     |                  | TUARAN     | 14.20 s |
| 4                   | 5   | 752 | NUR AMANINA BINTI ROSMANSAH    |                  | TAWAU      | 14.22 s |
| 5                   | 4   | 131 | SHERENNA MICHAEL               |                  | BELURAN    | 14.52 s |
| 6                   | 7   | 385 | NORHAFIEZA BINTI YAKUB         |                  | KUNAK      | 14.58 s |
| 7                   | 1   | 564 | SUZIANAH MADUSIN               |                  | PITAS      | 14.85 s |
| 8                   | 8   | 824 | VALENTINE NATALIE BINTI RICKLY |                  | TONGOD     | 15.05 s |

| SEPARUH AKHIR 3 / 3 |     |     |                                  |                  |               |         |
|---------------------|-----|-----|----------------------------------|------------------|---------------|---------|
| KED                 | LOR | BIB | NAMA                             | ANGIN = -3.2 m/s | PASUKAN       | MASA    |
| 1                   | 3   | 529 | SHAYNA HEATHER TAHING            |                  | PENAMPANG     | 13.34 s |
| 2                   | 5   | 294 | ARINISIA JEWIA                   |                  | KOTA KINABALU | 13.90 s |
| 3                   | 4   | 753 | NUR HIDAYAH BINTI JULZAIMEE      |                  | TAWAU         | 14.15 s |
| 4                   | 2   | 675 | DIYANA AFIQAH BINTI SAIFUL NIZAM |                  | SANDAKAN      | 14.37 s |
| 5                   | 8   | 351 | AUNI ALEESYA BTE ADAM            |                  | KUDAT         | 14.47 s |
| 6                   | 6   | 476 | SONNEA JENNEFER JIRON            |                  | NABAWAN       | 14.49 s |
| 7                   | 1   | 252 | ALVIEANA CLARINA MOBIE           |                  | KOTA BELUD    | 14.52 s |
| 8                   | 7   | 155 | NURUL SUHADA BINTI SULAIMAN      |                  | KALABAKAN     | 14.69 s |

|                                 |         |                                     |  |                                                      |      |                                                                                       |
|---------------------------------|---------|-------------------------------------|--|------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| NO ACARA : 114<br>ACARA : 100 m |         | SEPARUH AKHIR<br>LELAKI             |  | 2 tempat teratas (Q) dan<br>2 masa terbaik (q) layak |      |  |
| SAGA                            | 10.76 s | MOHAMMAD NOR MUSYARAF BIN MOHD SARI |  | SANDAKAN                                             | 2019 |                                                                                       |
| SUKMA                           | 10.18 s | KHAIRUL HAFIZ B JANTAN              |  | MELAKA                                               | 2016 |                                                                                       |

| SEPARUH AKHIR 1 / 3 |     |     |                       |                  |              |         |
|---------------------|-----|-----|-----------------------|------------------|--------------|---------|
| KED                 | LOR | BIB | NAMA                  | ANGIN = -3.3 m/s | PASUKAN      | MASA    |
| 1                   | 4   | 710 | DEXTER BEDIE          |                  | TAMBUNAN     | 11.17 s |
| 2                   | 5   | 599 | CARLSON CAMILUS       |                  | RANAU        | 11.22 s |
| 3                   | 3   | 170 | RIO NELL ERRON OJELLA |                  | KENINGAU     | 11.62 s |
| 4                   | 8   | 230 | XIENHENRY JERRY       |                  | KOTA BELUD   | 11.76 s |
| 5                   | 7   | 508 | DALTON XAVIER WENCES  |                  | PENAMPANG    | 11.79 s |
| 6                   | 6   | 305 | EMAX LORAND LORIN     |                  | KOTA MARUDU  | 11.83 s |
| 7                   | 1   | 775 | VICTOR BIN JULIUS     |                  | TELUPID      | 11.86 s |
| 8                   | 2   | 209 | ADAM HARRIS           |                  | KINABATANGAN | 12.64 s |

| SEPARUH AKHIR 2 / 3 |     |     |                                          |                  |               |         |
|---------------------|-----|-----|------------------------------------------|------------------|---------------|---------|
| KED                 | LOR | BIB | NAMA                                     | ANGIN = -2.4 m/s | PASUKAN       | MASA    |
| 1                   | 6   | 664 | PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE |                  | SANDAKAN      | 11.00 s |
| 2                   | 5   | 507 | EDRICK FEIVEL FLORENTIUS                 |                  | PENAMPANG     | 11.18 s |
| 3                   | 8   | 397 | MOHAMMAD ARIEF AIMAN                     |                  | LAHAD DATU    | 11.24 s |
| 4                   | 3   | 577 | MOHAMMAD ZULKARNAIN IRFAN                |                  | PUTATAN       | 11.51 s |
| 5                   | 7   | 843 | MUHAMMAD HARUN BIN ALING                 |                  | TUARAN        | 11.79 s |
| 6                   | 4   | 274 | ADY PUTRA AQASHA BIN NORAHIMEE           |                  | KOTA KINABALU | 11.82 s |
| 7                   | 2   | 137 | MUHAMMAD FITRI FAWWAZ BIN ABDUL FATTAH   |                  | KALABAKAN     | 11.94 s |
| 8                   | 1   | 779 | DANISH BIN CHARLISON                     |                  | TELUPID       | 12.03 s |



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**SEPARUH AKHIR 3 / 3**

| KED | LOR | BIB | NAMA                                  | ANGIN = -2.8 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|---------------------------------------|------------------|---------------|---------|---|
| 1   | 4   | 709 | HANSSSEN YAP SOON FU                  |                  | TAMBUNAN      | 11.23 s | Q |
| 2   | 6   | 833 | ADAM TAN CHEE HEONG                   |                  | TUARAN        | 11.33 s | Q |
| 3   | 3   | 686 | MOHAMMAD AZRI BIN MOHAMMAD ABLI       |                  | SEMPORNA      | 11.49 s | q |
| 4   | 5   | 663 | MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF |                  | SANDAKAN      | 11.67 s |   |
| 5   | 8   | 396 | SOLEHUDDIN BIN RAZAK                  |                  | LAHAD DATU    | 11.72 s |   |
| 6   | 7   | 275 | SEANDRSON SIAW SUN SHENG              |                  | KOTA KINABALU | 11.84 s |   |
| 7   | 2   | 812 | EUFRONIO LARIUS                       |                  | TONGOD        | 12.14 s |   |
| 8   | 1   | 208 | MOHAMMAD HUZAIRY ADAM SHAH BIN MAZLAN |                  | KINABATANGAN  | 12.34 s |   |

NO ACARA : 115

ACARA : 400 m LARI BERPAGAR

AKHIR

WANITA



| SAGA  |     | 65.74 s | EMMY AHKIM                          |             | TAMBUNAN | 2011 |
|-------|-----|---------|-------------------------------------|-------------|----------|------|
| SUKMA |     | 59.82 s | NORASEELA MOHD KHALID               |             | SELANGOR | 2000 |
| KED   | LOR | BIB     | NAMA                                | PASUKAN     | MASA     |      |
| 1     | 4   | 324     | FREYNILA SHERLY LUCIUS              | KOTA MARUDU | 66.78 s  |      |
| 2     | 5   | 651     | VEERONICA SEIBIT                    | RANAU       | 68.95 s  |      |
| 3     | 7   | 161     | GOLARIA EILISCA JOENEH              | KALABAKAN   | 70.23 s  |      |
| 4     | 6   | 858     | JOEIVIVIEAN JAMSON                  | TUARAN      | 70.39 s  |      |
| 5     | 3   | 855     | NIA JOVIC SUAN                      | TUARAN      | 76.18 s  |      |
| 6     | 8   | 652     | NURHAZIQAH AFIFAH BINTI MOHD FAINOR | RANAU       | 77.63 s  |      |
| 7     | 2   | 829     | NOR YELZA BINTI ABDULLAH            | TONGOD      | 79.79 s  |      |
| 8     | 1   | 536     | SERENA SOUPIN                       | PENAMPANG   | 82.31 s  |      |

NO ACARA : 116

ACARA : 400 m LARI BERPAGAR

AKHIR

LELAKI



| SAGA  |     | 55.22 s | DEAIGO EMANUELL BIN WAYRING      |             | KOTA MARUDU | 2019 |
|-------|-----|---------|----------------------------------|-------------|-------------|------|
| SUKMA |     | 51.79 s | MOHD ZAFRIL                      |             | PAHANG      | 2004 |
| KED   | LOR | BIB     | NAMA                             | PASUKAN     | MASA        |      |
| 1     | 7   | 600     | ELVIN ESAK                       | RANAU       | 56.01 s     |      |
| 2     | 3   | 718     | AIDAN ANDREW DANIEL              | TAMBUNAN    | 56.05 s     |      |
| 3     | 4   | 147     | MUHAMMAD FIRDAUS BIN DARUS SALAM | KALABAKAN   | 57.78 s     |      |
| 4     | 8   | 669     | DEXTER PALMIN                    | SANDAKAN    | 57.84 s     |      |
| 5     | 2   | 306     | BOENANJAVISTA BOLMIN             | KOTA MARUDU | 59.38 s     |      |
| 6     | 6   | 343     | RELLYANTO CHARIS RAFAIL          | KUDAT       | 59.53 s     |      |
| 7     | 5   | 405     | ALVINSHAH ZIQRYZAM BIN PAUL      | LAHAD DATU  | 60.47 s     |      |
| 8     | 1   | 378     | MOHAMMAD KHAIRUL NAIM BIN YOUSAF | KUNAK       | 66.40 s     |      |

NO ACARA : 202

ACARA : LOMPAT JAUH

AKHIR

WANITA



| SAGA  |     |     | 5.52 m                               | FEOVA LIM YI FEI |        |                | TUARAN         |                |                |                |                | 2019 |
|-------|-----|-----|--------------------------------------|------------------|--------|----------------|----------------|----------------|----------------|----------------|----------------|------|
| SUKMA |     |     | 6.20 m                               | NGEW SIN MEI     |        |                | KUALA LUMPUR   |                |                |                |                | 2002 |
| KED   | GIL | BIB | NAMA                                 | PASUKAN          | JARAK  | 1              | 2              | 3              | 4              | 5              | 6              |      |
| 1     | 11  | 196 | SAMANTHA COLLETTE VALENTINE          | KENINGAU         | 5.28 m | 5.16<br>(-0.1) | 5.19<br>(-0.4) | 5.06<br>(-0.3) | 5.28<br>(-0.4) | 4.66<br>(-0.2) | 5.17<br>(-1.1) |      |
| 2     | 8   | 805 | MESELEMYA BINTI BIOUS                | TENOM            | 5.27 m | X<br>(-0.2)    | 4.99<br>(-0.4) | 5.12<br>(-0.7) | 5.27<br>(-0.1) | 5.25<br>(-0.6) | 5.17<br>(+0.1) |      |
| 3     | 3   | 362 | CAREFINA DIAN ELDY                   | KUDAT            | 5.24 m | 5.13<br>(+0.1) | 5.04<br>(-0.2) | 4.83<br>(-0.1) | 5.24<br>(+0.3) | 5.22<br>(0.0)  | 5.17<br>(0.0)  |      |
| 4     | 2   | 859 | BOEY SIN YIN                         | TUARAN           | 5.23 m | 4.95<br>(+0.1) | 5.05<br>(0.0)  | 5.23<br>(+0.1) | 5.16<br>(-0.2) | 4.95<br>(+0.2) | X<br>(-1.3)    |      |
| 5     | 10  | 162 | FVEOLYN BINTI LATSENDER              | KALABAKAN        | 5.03 m | 4.89<br>(0.0)  | 5.03<br>(-0.4) | 4.92<br>(-0.1) |                |                |                |      |
| 6     | 9   | 363 | ABBY ALLYSKA LAUSIN                  | KUDAT            | 4.99 m | 4.99<br>(-0.2) | 4.85<br>(+0.1) | 4.94<br>(-0.3) | 4.85<br>(+0.1) | X<br>(-0.9)    | X<br>(+0.1)    |      |
| 7     | 6   | 857 | CLARENCE YONG JING CUI               | TUARAN           | 4.93 m | 3.70<br>(+0.2) | 4.93<br>(0.0)  | 4.79<br>(-0.2) |                |                |                |      |
| 8     | 1   | 131 | SHERENNA MICHAEL                     | BELURAN          | 4.67 m | 4.51<br>(0.0)  | 4.55<br>(-0.2) | 4.67<br>(0.0)  |                |                |                |      |
| 9     | 7   | 479 | ELISSIEBALL BINTI JONAL              | NABAWAN          | 4.65 m | 4.65<br>(0.0)  | 4.29<br>(-0.6) | 4.52<br>(+0.4) |                |                |                |      |
| 10    | 4   | 415 | AMY ZURAIN BINTI NASARUDDING         | LAHAD DATU       | 4.50 m | 4.50<br>(-0.2) | 4.50<br>(0.0)  | 4.29<br>(0.0)  |                |                |                |      |
| 11    | 12  | 680 | NAZALEIA QASEH ISABEL BINTI JONATHAN | SANDAKAN         | 4.45 m | 4.42<br>(-0.1) | 4.45<br>(-0.3) | 4.19<br>(-0.1) |                |                |                |      |
| -     | 5   | 542 | EVA JOYCE JOHANES                    | PENAMPANG        | NM     | X<br>(-0.2)    | X<br>(+0.2)    | X<br>(0.0)     |                |                |                |      |



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| NO ACARA : 203        |     |     |                                           |  | AKHIR                      |               |        |      |      |  |      |      |      |      |      |  |  |  |  |
|-----------------------|-----|-----|-------------------------------------------|--|----------------------------|---------------|--------|------|------|-------------------------------------------------------------------------------------|------|------|------|------|------|--|--|--|--|
| ACARA : LOMPAT TINGGI |     |     |                                           |  | LELAKI                     |               |        |      |      |                                                                                     |      |      |      |      |      |  |  |  |  |
| SAGA                  |     |     | 2.05 m                                    |  | MOHAMAD EIZLAN BIN DAHALAN |               |        |      |      | TAWAU                                                                               |      |      |      |      | 2019 |  |  |  |  |
| SUKMA                 |     |     | 2.21 m                                    |  | KAVEE ALAGAN A/L ANPALAGAN |               |        |      |      | N.SEMBILAN                                                                          |      |      |      |      | 2012 |  |  |  |  |
| KED                   | GIL | BIB | NAMA                                      |  |                            | PASUKAN       | TINGGI | 1.70 | 1.75 | 1.80                                                                                | 1.85 | 1.90 | 1.95 | 2.00 |      |  |  |  |  |
| 1                     | 8   | 474 | REYNOLDS JC MAJIN                         |  |                            | NABAWAN       | 1.95 m | -    | -    | O                                                                                   | O    | XXO  | XO   | XXX  |      |  |  |  |  |
| 2                     | 2   | 250 | ADDER PANSIE EFANDI                       |  |                            | KOTA BELUD    | 1.85 m | O    | XXO  | XO                                                                                  | O    | XXX  |      |      |      |  |  |  |  |
| 3                     | 1   | 189 | NELZIRCO PERIMUS                          |  |                            | KENINGAU      | 1.80 m | O    | O    | XO                                                                                  | XXX  |      |      |      |      |  |  |  |  |
| 4                     | 3   | 627 | RAYKENLEE RICHARD                         |  |                            | RANAU         | 1.80 m | O    | XXO  | XXO                                                                                 | XXX  |      |      |      |      |  |  |  |  |
| 5                     | 7   | 291 | RICO STANLEY                              |  |                            | KOTA KINABALU | 1.75 m | XO   | O    | XXX                                                                                 |      |      |      |      |      |  |  |  |  |
| 5                     | 5   | 797 | ARTHUR LOUIS STEVENSON                    |  |                            | TENOM         | 1.75 m | XO   | O    | XXX                                                                                 |      |      |      |      |      |  |  |  |  |
| 7                     | 9   | 748 | MUHAMMAD ISKANDAR ZULKARNAEN BIN DARMAWAN |  |                            | TAWAU         | 1.75 m | XO   | XO   | XXX                                                                                 |      |      |      |      |      |  |  |  |  |
| 8                     | 10  | 749 | MUHAMMAD NORQUZANRIAN BIN SARIFUDIN       |  |                            | TAWAU         | 1.70 m | XO   | XXX  |                                                                                     |      |      |      |      |      |  |  |  |  |
| -                     | 4   | 210 | MUHAMMAD SYUKRIN SYAH BIN ISMUN           |  |                            | KINABATANGAN  | NM     | xxx  |      |                                                                                     |      |      |      |      |      |  |  |  |  |
| -                     | 6   | 188 | MOHAMMAD SHAREYZAL BIN ABDUL MALIK        |  |                            | KENINGAU      | DNS    |      |      |                                                                                     |      |      |      |      |      |  |  |  |  |

| NO ACARA : 204        |         |                         |                                 | AKHIR         |         |            |       |  |       |       |       |
|-----------------------|---------|-------------------------|---------------------------------|---------------|---------|------------|-------|-------------------------------------------------------------------------------------|-------|-------|-------|
| ACARA : LEMPAR CAKERA |         |                         |                                 | WANITA        |         |            |       |                                                                                     |       |       |       |
| SAGA                  | 35.95 m | NOBENECKA BINTI PINALUS |                                 |               |         | KENINGAU   |       |                                                                                     |       | 2019  |       |
| SUKMA                 | 46.66 m | YAP JENG TZAN           |                                 |               |         | N.SEMBILAN |       |                                                                                     |       | 2008  |       |
| KED                   | GIL     | BIB                     | NAMA                            | PASUKAN       | JARAK   | 1          | 2     | 3                                                                                   | 4     | 5     | 6     |
| 1                     | 1       | 654                     | NORHAFIKAH                      | RANAU         | 34.91 m | 33.97      | 34.24 | 32.73                                                                               | 33.32 | 34.91 | 33.02 |
| 2                     | 11      | 361                     | SHERRA ANNABELLE JONIAS         | KUDAT         | 34.70 m | 30.89      | 32.63 | X                                                                                   | 31.86 | 34.70 | 34.32 |
| 3                     | 10      | 482                     | SUNGRAECINA HARRY               | NABAWAN       | 33.19 m | X          | 33.19 | X                                                                                   | X     | 29.96 | X     |
| 4                     | 9       | 326                     | DANIELLA NIA JIMIL              | KOTA MARUDU   | 32.22 m | 30.81      | X     | X                                                                                   | 30.07 | 32.22 | X     |
| 5                     | 8       | 653                     | ALXENDRA RAYS JAINOD            | RANAU         | 28.26 m | X          | 26.35 | X                                                                                   | 28.17 | 28.26 | X     |
| 6                     | 7       | 764                     | JYVE IXORA JIMBRUS              | TAWAU         | 28.03 m | X          | 27.65 | 26.87                                                                               | 27.98 | 28.03 | X     |
| 7                     | 12      | 504                     | SITI AISHAH ARFIANA BINTI ASMAT | PAPAR         | 27.22 m | X          | 27.22 | 26.43                                                                               | 25.99 | 25.93 | X     |
| 8                     | 2       | 261                     | SARAH MANASHYE BINTI SENTI      | KOTA BELUD    | 27.12 m | 26.30      | 25.10 | X                                                                                   | 24.31 | X     | 27.12 |
| 9                     | 5       | 333                     | CLARYSIA NITIP                  | KUALA PENYU   | 24.64 m | 24.64      | 23.45 | X                                                                                   |       |       |       |
| 10                    | 4       | 706                     | OLIVIA PALIPUS                  | SIPITANG      | 24.25 m | X          | 21.52 | 24.25                                                                               |       |       |       |
| 11                    | 6       | 301                     | WELLYVERA JULLY                 | KOTA KINABALU | 23.98 m | 23.46      | X     | 23.98                                                                               |       |       |       |
| 12                    | 3       | 302                     | AMANDA ROBRIA KOZA DASLI        | KOTA KINABALU | 23.05 m | X          | 21.17 | 23.05                                                                               |       |       |       |

| NO ACARA : 205 |         |                           |                               | AKHIR            |               |            |  |  |  |      |            |
|----------------|---------|---------------------------|-------------------------------|------------------|---------------|------------|--|---------------------------------------------------------------------------------------|--|------|------------|
| ACARA : 100 m  |         |                           |                               | WANITA           |               |            |  |                                                                                       |  |      |            |
| SAGA           | 12.39 s | FATHIN FAQIHAH MOHD YUSOF |                               |                  |               | TAWAU      |  |                                                                                       |  | 2013 |            |
| SUKMA          | 11.81 s | AZREEN NABILA ALIAS       |                               |                  |               | TERENGGANU |  |                                                                                       |  | 2018 |            |
| KED            | LOR     | BIB                       | NAMA                          | ANGIN = +0.2 m/s | PASUKAN       | MASA       |  |                                                                                       |  |      |            |
| 1              | 6       | 723                       | THERESIA ANASTASIUS           |                  | TAMBUNAN      | 13.16 s    |  |                                                                                       |  |      |            |
| 2              | 4       | 852                       | ESTHER JOANNE AILOS           |                  | TUARAN        | 13.46 s    |  |                                                                                       |  |      |            |
| 3              | 8       | 530                       | DAYANGKU NURSYAFINAZ SYAZIRAH |                  | PENAMPANG     | 13.50 s    |  |                                                                                       |  |      |            |
| 4              | 5       | 676                       | NUR AZIQAH BINTI SAPRI        |                  | SANDAKAN      | 13.65 s    |  |                                                                                       |  |      |            |
| 5              | 1       | 221                       | RIZKAH ABDULLAH               |                  | KINABATANGAN  | 13.67 s    |  |                                                                                       |  |      |            |
| 6              | 2       | 294                       | ARINISIA JEWAA                |                  | KOTA KINABALU | 14.03 s    |  |                                                                                       |  |      |            |
| 7              | 7       | 253                       | SHERYNA NATASHA               |                  | KOTA BELUD    | 14.29 s    |  |                                                                                       |  |      |            |
| 8              | 3       | 529                       | SHAYNA HEATHER TAHING         |                  | PENAMPANG     | 12.86 s    |  |                                                                                       |  |      | Time Trial |

| NO ACARA : 206 |         |                                     |                                          | AKHIR            |            |          |  |  |  |      |      |
|----------------|---------|-------------------------------------|------------------------------------------|------------------|------------|----------|--|---------------------------------------------------------------------------------------|--|------|------|
| ACARA : 100 m  |         |                                     |                                          | LELAKI           |            |          |  |                                                                                       |  |      |      |
| SAGA           | 10.76 s | MOHAMMAD NOR MUSYARAF BIN MOHD SARI |                                          |                  |            | SANDAKAN |  |                                                                                       |  | 2019 |      |
| SUKMA          | 10.18 s | KHAIRUL HAFIZ B JANTAN              |                                          |                  |            | MELAKA   |  |                                                                                       |  | 2016 |      |
| KED            | LOR     | BIB                                 | NAMA                                     | ANGIN = +0.2 m/s | PASUKAN    | MASA     |  |                                                                                       |  |      |      |
| 1              | 4       | 709                                 | HANSSSEN YAP SOON FU                     |                  | TAMBUNAN   | 10.46 s  |  |                                                                                       |  |      | RB   |
| 2              | 5       | 710                                 | DEXTER BEDIE                             |                  | TAMBUNAN   | 10.49 s  |  |                                                                                       |  |      | MRLK |
| 3              | 3       | 664                                 | PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE |                  | SANDAKAN   | 10.54 s  |  |                                                                                       |  |      | MRLK |
| 4              | 7       | 599                                 | CARLSON CAMILUS                          |                  | RANAU      | 10.68 s  |  |                                                                                       |  |      | MRLK |
| 5              | 6       | 507                                 | EDRICK FEIVEL FLORENTIUS                 |                  | PENAMPANG  | 10.69 s  |  |                                                                                       |  |      | MRLK |
| 6              | 2       | 833                                 | ADAM TAN CHEE HEONG                      |                  | TUARAN     | 10.72 s  |  |                                                                                       |  |      | MRLK |
| 7              | 1       | 397                                 | MOHAMMAD ARIEF AIMAN                     |                  | LAHAD DATU | 10.75 s  |  |                                                                                       |  |      | MRLK |
| 8              | 8       | 686                                 | MOHAMMAD AZRI BIN MOHAMMAD ABLI          |                  | SEMPORNA   | 11.01 s  |  |                                                                                       |  |      |      |



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|                     |       |             |                                      |               |                          |             |                                                                                     |
|---------------------|-------|-------------|--------------------------------------|---------------|--------------------------|-------------|-------------------------------------------------------------------------------------|
| NO ACARA : 207      |       |             | SEPARUH AKHIR                        |               | 2 tempat teratas (Q) dan |             |  |
| ACARA : 800 m       |       |             | WANITA                               |               | 2 masa terbaik (q) layak |             |                                                                                     |
| SAGA                |       | 2 m 24.48 s | HIZILLAWANTY JAMAIN                  |               |                          | KENINGAU    | 2019                                                                                |
| SUKMA               |       | 2 m 09.57 s | K.GANTHIMANTHI                       |               |                          | MELAKA      | 2008                                                                                |
| SEPARUH AKHIR 1 / 3 |       |             |                                      |               |                          |             |                                                                                     |
| KED                 | LOR   | BIB         | NAMA                                 | PASUKAN       |                          | MASA        |                                                                                     |
| 1                   | 6     | 157         | NUR ALIAH BATRISYA BINTI KARIM       | KALABAKAN     |                          | 2 : 40.63 s | Q                                                                                   |
| 2                   | 3     | 866         | JUNILY BEATLY BAKING                 | TUARAN        |                          | 2 : 48.66 s | Q                                                                                   |
| 3                   | 8 - 2 | 480         | DHYEUN SAPIRING                      | NABAWAN       |                          | 2 : 51.12 s |                                                                                     |
| 4                   | 8 - 1 | 264         | HEAVENLY HANA ALFRED                 | KOTA BELUD    |                          | 2 : 59.64 s |                                                                                     |
| 5                   | 5     | 354         | WANNIE ESTER CLERIST ANAK WATSON     | KUDAT         |                          | 3 : 00.37 s |                                                                                     |
| 6                   | 1     | 538         | SITI RIDZKAH BINTI CLADIUS           | PENAMPANG     |                          | 3 : 03.30 s |                                                                                     |
| 7                   | 2     | 198         | MARYSYENNTIKAH RISAH                 | KENINGAU      |                          | 3 : 04.00 s |                                                                                     |
| 8                   | 7     | 224         | EFFA FARHANNIE                       | KINABATANGAN  |                          | 4 : 38.64 s |                                                                                     |
| -                   | 4 - 1 | 317         | SHAFIYAH NUR NAWRA BINTI SHAREN      | KOTA MARUDU   |                          | DNS         |                                                                                     |
| -                   | 4 - 2 | 763         | NURUL HAFIZA BINTI UTUNG             | TAWAU         |                          | DNS         |                                                                                     |
| SEPARUH AKHIR 2 / 3 |       |             |                                      |               |                          |             |                                                                                     |
| KED                 | LOR   | BIB         | NAMA                                 | PASUKAN       |                          | MASA        |                                                                                     |
| 1                   | 2     | 650         | ZIRAH BINTI ALBERT                   | RANAU         |                          | 2 : 43.79 s | Q                                                                                   |
| 2                   | 4 - 1 | 163         | NUR FARWIZAH BINTI KARIM             | KALABAKAN     |                          | 2 : 45.65 s | Q                                                                                   |
| 3                   | 4 - 2 | 856         | DIANNA DANNA JOLLY                   | TUARAN        |                          | 2 : 45.94 s | q                                                                                   |
| 4                   | 8 - 2 | 451         | DAVELYN JOYCE A/P HOBALAN            | MEMBAKUT      |                          | 2 : 46.39 s |                                                                                     |
| 5                   | 8 - 1 | 497         | BATCHELLE VANIE BINTI BENARD         | PAPAR         |                          | 2 : 50.77 s |                                                                                     |
| 6                   | 7     | 200         | MARLENCIA UNNIS                      | KENINGAU      |                          | 2 : 55.29 s |                                                                                     |
| 7                   | 1     | 575         | CLAYLINE MASTIN                      | PITAS         |                          | 2 : 55.33 s |                                                                                     |
| 8                   | 5     | 255         | BIBILIN BINTI FAUZI                  | KOTA BELUD    |                          | 2 : 55.34 s |                                                                                     |
| 9                   | 6     | 418         | YUSRINA BINTI ABDULLAH               | LAHAD DATU    |                          | 3 : 02.31 s |                                                                                     |
| 10                  | 3     | 299         | NASWIANI BINTI NASRIN                | KOTA KINABALU |                          | 3 : 04.61 s |                                                                                     |
| SEPARUH AKHIR 3 / 3 |       |             |                                      |               |                          |             |                                                                                     |
| KED                 | LOR   | BIB         | NAMA                                 | PASUKAN       |                          | MASA        |                                                                                     |
| 1                   | 6     | 295         | NUR SYIFA RAISHA BINTI ADNAN FIRDAUS | KOTA KINABALU |                          | 2 : 34.45 s | Q                                                                                   |
| 2                   | 7     | 531         | SHARLENE FIONEEY SUNNY               | PENAMPANG     |                          | 2 : 38.69 s | Q                                                                                   |
| 3                   | 4     | 133         | LELIAN ELWEY                         | BELURAN       |                          | 2 : 41.74 s | q                                                                                   |
| 4                   | 3     | 417         | HANI ALYA ADRIANA BINTI YASMIN       | LAHAD DATU    |                          | 2 : 53.99 s |                                                                                     |
| 5                   | 8 - 2 | 390         | PUTRI LIYANA BINTI SAFIE             | KUNAK         |                          | 2 : 59.32 s |                                                                                     |
| 6                   | 8 - 1 | 681         | MARTINA BINTI JAMAL                  | SANDAKAN      |                          | 3 : 08.46 s |                                                                                     |
| 7                   | 2     | 116         | NORFARAH SAZWANI                     | BEAUFORT      |                          | 3 : 27.04 s |                                                                                     |
| 8                   | 1     | 454         | OLIVIA EFFANDY                       | MEMBAKUT      |                          | 3 : 37.94 s |                                                                                     |
| -                   | 5     | 634         | CHELSIE DEVINA SARAVANAN             | RANAU         |                          | DNS         |                                                                                     |

|                     |             |                         |                                     |               |                          |      |                                                                                       |
|---------------------|-------------|-------------------------|-------------------------------------|---------------|--------------------------|------|---------------------------------------------------------------------------------------|
| NO ACARA : 208      |             |                         | SEPARUH AKHIR                       |               | 2 tempat teratas (Q) dan |      |  |
| ACARA : 800 m       |             |                         | LELAKI                              |               | 2 masa terbaik (q) layak |      |                                                                                       |
| SAGA                | 1 m 59.89 s | MOHAMMAD ERWAN BIN AMIR |                                     |               | SANDAKAN                 | 2017 |                                                                                       |
| SUKMA               | 1 m 52.35 s | G AMPUMANI              |                                     |               | ATM                      | 1992 |                                                                                       |
| SEPARUH AKHIR 1 / 3 |             |                         |                                     |               |                          |      |                                                                                       |
| KED                 | LOR         | BIB                     | NAMA                                | PASUKAN       | MASA                     |      |                                                                                       |
| 1                   | 6           | 430                     | BRIGER BIONG                        | MEMBAKUT      | 2 : 09.69 s              | Q    |                                                                                       |
| 2                   | 8 - 2       | 672                     | MOHAMMAD NORDIN BIN MOHAMMAD YUSUF  | SANDAKAN      | 2 : 14.64 s              | Q    |                                                                                       |
| 3                   | 7           | 587                     | MOHAMMAD ADY FAMIE BIN MAT JALI     | PUTATAN       | 2 : 16.79 s              |      |                                                                                       |
| 4                   | 2           | 141                     | MUHAMMAD HAFIQ HIDAYAT BIN SAMSANI  | KALABAKAN     | 2 : 18.30 s              |      |                                                                                       |
| 5                   | 1           | 847                     | JOEL GEKKOL @ MAIKAL                | TUARAN        | 2 : 18.53 s              |      |                                                                                       |
| 6                   | 8 - 1       | 691                     | MOHAMMAD IMRAN BIN OMONG            | SEMPORNA      | 2 : 23.38 s              |      |                                                                                       |
| 7                   | 4 - 1       | 510                     | AZACH HAZRON VICTOR                 | PENAMPANG     | 2 : 24.12 s              |      |                                                                                       |
| 8                   | 5           | 283                     | MUHAMMAD AZRIZAM HAIZAL BIN JOLISON | KOTA KINABALU | 2 : 31.50 s              |      |                                                                                       |
| 9                   | 3           | 245                     | CALVIN DEX HERMAN                   | KOTA BELUD    | 2 : 50.34 s              |      |                                                                                       |
| -                   | 4 - 2       | 740                     | MOHAMMAD SHAHRIL BIN ABDUL SAROH    | TAWAU         | DNS                      |      |                                                                                       |
| SEPARUH AKHIR 2 / 3 |             |                         |                                     |               |                          |      |                                                                                       |
| KED                 | LOR         | BIB                     | NAMA                                | PASUKAN       | MASA                     |      |                                                                                       |
| 1                   | 4 - 2       | 621                     | ERWIN GREENGORI @ GREGORY           | RANAU         | 2 : 02.35 s              | Q    |                                                                                       |
| 2                   | 3           | 555                     | RENLEY CHARS RAFAIL                 | PITAS         | 2 : 08.91 s              | Q    |                                                                                       |
| 3                   | 4 - 1       | 713                     | MAXIMUS JAYPEE YOUNG                | TAMBUNAN      | 2 : 09.45 s              | q    |                                                                                       |
| 4                   | 8 - 2       | 173                     | FABIAN GARY WONG                    | KENINGAU      | 2 : 14.77 s              |      |                                                                                       |
| 5                   | 2           | 233                     | MAXLEYNDO JAMES                     | KOTA BELUD    | 2 : 15.29 s              |      |                                                                                       |
| 6                   | 6 - 1       | 471                     | SEAN ISSAC HERMAN                   | NABAWAN       | 2 : 16.16 s              |      |                                                                                       |
| 7                   | 6 - 2       | 124                     | CHAD ALSON BENEDICT                 | BELURAN       | 2 : 16.53 s              |      |                                                                                       |
| 8                   | 7           | 111                     | MOHAMMAD NURAIZAT DANIAL BIN KASIM  | BEAUFORT      | 2 : 20.54 s              |      |                                                                                       |
| 9                   | 5           | 813                     | MOHAMMAD IKMAL HAKIMI BIN ARI       | TONGOD        | 2 : 21.16 s              |      |                                                                                       |
| 10                  | 8 - 1       | 370                     | MUHAMMAD ZIQRULEDDIN ABDULLAH       | KUNAK         | 2 : 21.99 s              |      |                                                                                       |
| 11                  | 1           | 489                     | MUHAMMAD AMIRUL HAZRIO BIN MD RIZAN | PAPAR         | 2 : 24.56 s              |      |                                                                                       |



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SEPARUH AKHIR 3 / 3

| KED | LOR   | BIB | NAMA                                | PASUKAN       | MASA        |   |
|-----|-------|-----|-------------------------------------|---------------|-------------|---|
| 1   | 4 - 2 | 585 | MOHAMMAD NAZRUL BIN LAHAJI          | PUTATAN       | 2 : 08.57 s | Q |
| 2   | 2     | 182 | BRETTSON JACKSON LAZURUS            | KENINGAU      | 2 : 10.36 s | Q |
| 3   | 7     | 104 | ISAAC VENCESLAUS                    | BEAUFORT      | 2 : 10.44 s | q |
| 4   | 8 - 1 | 602 | MOHAMAD KHAIRIL BIN JAMIS           | RANAU         | 2 : 11.08 s |   |
| 5   | 5     | 488 | BRADEN JOHN HENRY                   | PAPAR         | 2 : 12.62 s |   |
| 6   | 6 - 1 | 428 | MOHAMAD FARIDSHAH BIN HAMIDON       | MEMBAKUT      | 2 : 14.61 s |   |
| 7   | 6 - 2 | 743 | QAZARRYANSYAH BIN HAZWAN            | TAWAU         | 2 : 15.39 s |   |
| 8   | 1     | 338 | JASRY JERON OSITAK                  | KUDAT         | 2 : 15.68 s |   |
| 9   | 3     | 371 | MUHAMMAD RIDWAN SYAM BIN JAMALUDDIN | KUNAK         | 2 : 17.83 s |   |
| 10  | 4 - 1 | 148 | AIRIEL AMANI BIN KAHAR              | KALABAKAN     | 2 : 19.93 s |   |
| 11  | 8 - 2 | 284 | MOHAMMAD AZRIL AIZAT JAIMI          | KOTA KINABALU | 2 : 20.46 s |   |

NO ACARA : 209

ACARA : 4 x 100 m

SEPARUH AKHIR  
WANITA

2 tempat teratas (Q) dan  
2 masa terbaik (q) layak



|       |         |                                            |       |      |
|-------|---------|--------------------------------------------|-------|------|
| SAGA  | 49.78 s | QUARTERT TAWAU                             | TAWAU | 2013 |
| SUKMA | 46.43 s | SAIDATUL, NOOR EEWAN, KANG WOAN, SHEREEN S | PERAK | 2016 |

SEPARUH AKHIR 1 / 3

| KED | LOR | BIB | NAMA                                                                                                                                                                 | PASUKAN      | MASA    |   |
|-----|-----|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|---------|---|
| 1   | 1   | TB  | 1 729 ANGEL ANGELNA CONROD MOOL<br>2 728 ABERNETHA ELISSA TADIUS<br>3 724 DAELCEE CHEALCY PIUS<br>4 723 THERESIA ANASTASIOS                                          | TAMBUNAN     | 50.11 s | Q |
| 2   | 8   | PG  | 1 534 MARYSHA ASYERA ANAK AMBROSE CANNON<br>2 529 SHAYNA HEATHER TAHING<br>3 542 EVA JOYCE JOHANES<br>4 530 DAYANGKU NURSAYFINAZ SYAZIRAH                            | PENAMPANG    | 50.59 s | Q |
| 3   | 2   | KG  | 1 191 TYRA LANA TOMMY @ DEXTER<br>2 196 SAMANTHA COLLETTE VALENTINE<br>3 199 SITI NUR NADIAH BINTI MOHAMMAD DIN<br>4 195 CASSANDRA JOANNA PATRICK                    | KENINGAU     | 52.92 s | q |
| 4   | 6   | KI  | 1 224 EFFA FARHANNIE<br>2 221 RIZKAH ABDULLAH<br>3 222 FATIN DANIELLA BINTI WASRIZAN<br>4 225 FARAHIDIBA ALYA BINTI BARDIN                                           | KINABATANGAN | 56.36 s |   |
| 5   | 4   | PT  | 1 593 LYRA CRYSTA JANUIS<br>2 596 BALQIS BINTI ABDUL SAMAD<br>3 594 VIOLETT JOLYN PUN YIN<br>4 597 SITI NURUL NAZURAH BINTI MOHD ZAYA                                | PUTATAN      | 56.59 s |   |
| 6   | 5   | PR  | 1 495 FRANJELICA KIMBERLY FREDERICK<br>2 498 DAYANG NUR ANNISA BINTI A. AZIZAN<br>3 499 LEONNAVERA RICA BINTI LOJIVIS<br>4 496 LEEZ BRISCHELLY BIN LINUS             | PAPAR        | 56.85 s |   |
| 7   | 7   | LD  | 1 411 NUR ELLESYA AZWA BINTI AWANG<br>2 413 NURUL NAJWA BINTI JAINAL ABADIN<br>3 415 AMY ZURAINIE BINTI NASARUDDING<br>4 414 HANI JUWAIRIYAH BINTI YASMIN            | LAHAD DATU   | 58.43 s |   |
| 8   | 3   | ME  | 1 449 NURHAFIFAH ALIA BINTI AG KHALID<br>2 455 NURSAYFIENA NAZWA BINTI ABDULLAH<br>3 450 ARRISYA NAJWA BINTI ABD RASYID<br>4 447 DAYANG DIYANA BINTI AG ABDUL RAHMAN | MEMBAKUT     | 58.73 s |   |

SEPARUH AKHIR 2 / 3

| KED | LOR | BIB | NAMA                                                                                                                                                         | PASUKAN  | MASA    |   |
|-----|-----|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|---|
| 1   | 4   | TR  | 1 854 QYURINE QAMELIA BINTI THOMAS<br>2 852 ESTHER JOANNE AILOS<br>3 855 NIA JOVIC SUAN<br>4 858 JOEIVIVIEAN JAMSON                                          | TUARAN   | 51.06 s | Q |
| 2   | 2   | RN  | 1 644 SWEET ERSO SOBEST<br>2 651 VEERONICA SEIBIT<br>3 635 KRISTINA LONJU<br>4 631 ELCY DEBRA WASRIN                                                         | RANAU    | 53.40 s | Q |
| 3   | 6   | KN  | 1 388 SITI NUR QALESYAH BINTI ABDAHAN<br>2 384 NUR AISYAH ARYSA FATIAH BINTI JOHN<br>3 387 NURHIDAYAH AKYSAH BINTI ARDITURAH<br>4 385 NORHAFIEZA BINTI YAKUB | KUNAK    | 54.96 s |   |
| 4   | 8   | NB  | 1 477 NUR ALFERRA NISSA NORDYE<br>2 475 RESTYFIONA BINTI RIZAL<br>3 478 NUR ZAINAB BINTI ABD RAHIM<br>4 476 SONNEA JENNEFER JIRON                            | NABAWAN  | 55.64 s |   |
| 5   | 7   | TG  | 1 829 NOR YELZA BINTI ABDULLAH<br>2 824 VALENTINE NATALIE BINTI RICKLY<br>3 830 ANECARLEN BINTI MINUS<br>4 831 WETHNEY MERRYLYN                              | TONGOD   | 55.81 s |   |
| 6   | 5   | ST  | 1 702 MAGDELINA SU<br>2 699 JIRA DINA BINTI DARING<br>3 704 LOURENDINA LOUIS<br>4 700 LISADORA PATRICK FREDOLINE                                             | SIPITANG | 56.09 s |   |



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| 7                          | 3   | PS  | 1 567 IIVY CASSANDRA RUJI<br>2 569 ERRYRISA JAINIS<br>3 570 MELC MARSYELLA JAMIL<br>4 564 SUZIANAH MADUSIN                                                       | PITAS         | 56.24 s |   |
|----------------------------|-----|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|---------|---|
| <b>SEPARUH AKHIR 3 / 3</b> |     |     |                                                                                                                                                                  |               |         |   |
| KED                        | LOR | BIB | NAMA                                                                                                                                                             | PASUKAN       | MASA    |   |
| 1                          | 5   | KA  | 1 155 NURUL SUHADA BINTI SULAIMAN<br>2 159 AYU NUR REBECCA BINTI NURMAN<br>3 165 NUR FATIHA NAJWA BINTI MAPIATI<br>4 161 GOLARIA EILISCA JOENEH                  | KALABAKAN     | 52.42 s | Q |
| 2                          | 8   | TW  | 1 756 FARAH NATASHA BINTI FIRMAN ARDIYANSYAH<br>2 774 NURELFIRA UMIRA BINTI MOHD YUSUF<br>3 752 NUR AMANINA BINTI ROSMANSAH<br>4 753 NUR HIDAYAH BINTI JULZAIMEE | TAWAU         | 52.50 s | Q |
| 3                          | 3   | KK  | 1 297 SITI NURNATASYA BINTI ABDUL<br>2 294 ARINISIA JEWAA<br>3 296 VANESSA CHAI PEI PEI<br>4 298 ELVIE BINTI LORIN                                               | KOTA KINABALU | 53.04 s | q |
| 4                          | 7   | SD  | 1 677 ALLYSON GRACE LEO<br>2 675 DIYANA AFIAH BINTI SAIFUL NIZAM<br>3 680 NAZALEIA QASEH ISABEL BINTI JONATHAN<br>4 676 NUR AZIQAH BINTI SAPRI                   | SANDAKAN      | 53.36 s |   |
| 5                          | 6   | KB  | 1 259 ARIEL AUDREY ADDY<br>2 256 NABILA RAHMADANI BINTI MOLI<br>3 252 ALVIEANA CLARINA MOBIE<br>4 253 SHERYNA NATASHA                                            | KOTA BELUD    | 53.73 s |   |
| 6                          | 2   | KT  | 1 358 FARLINAH BINTI FRANCIS<br>2 355 Kerdinaliah Binti Kamil<br>3 357 RIVIA VENNY ROJER<br>4 351 AUNI ALEESYA BTE ADAM                                          | KUDAT         | 55.12 s |   |
| -                          | 4   | KM  | 1<br>2<br>3<br>4                                                                                                                                                 | KOTA MARUDU   | DNS     |   |

| NO ACARA : 210      |     |         | SEPARUH AKHIR                                                                                                                                          |              | 2 tempat teratas (Q) dan |        |  |
|---------------------|-----|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------------------------|--------|---------------------------------------------------------------------------------------|
| ACARA : 4 x 100 m   |     |         | LELAKI                                                                                                                                                 |              | 2 masa terbaik (q) layak |        |                                                                                       |
| SAGA                |     | 42.47 s | SYAFIQH, IBRAHIM, N.D.RIFAI, SHAHRIMIEN                                                                                                                |              |                          | TAWAU  | 2015                                                                                  |
| SUKMA               |     | 39.89 s | AZAM MASRI,BADRUL HISHAM,KHIRUL H,ASNAWI                                                                                                               |              |                          | MELAKA | 2016                                                                                  |
| SEPARUH AKHIR 1 / 3 |     |         |                                                                                                                                                        |              |                          |        |                                                                                       |
| KED                 | LOR | BIB     | NAMA                                                                                                                                                   | PASUKAN      | MASA                     |        |                                                                                       |
| 1                   | 6   | TB      | 1 717 STEVEN GERRAD ERON<br>2 709 HANSSEN YAP SOON FU<br>3 714 MARK PALADIUS<br>4 710 DEXTER BEDIE                                                     | TAMBUNAN     | 43.64 s                  | Q      |                                                                                       |
| 2                   | 5   | KA      | 1 137 MUHAMMAD FITRI FAWWAZ BIN ABDUL FATTAH<br>2 144 AKMAL RIZAL BIN ANDY REMY IHSAN<br>3 139 MUHAMMAD ILHAM BIN JAFFAR<br>4 145 KASHMEER BIN SAMSURI | KALABAKAN    | 43.77 s                  | Q      |                                                                                       |
| 3                   | 8   | NB      | 1<br>2<br>3<br>4                                                                                                                                       | NABAWAN      | 44.35 s                  |        |                                                                                       |
| 4                   | 3   | KG      | 1 180 MEAGKELVINUS PIUS<br>2 170 RIO NELL ERRON OJELLA<br>3 183 JENDRRYSON TAKIUS<br>4 169 MAX BENNEY PIUS                                             | KENINGAU     | 44.44 s                  |        |                                                                                       |
| 5                   | 2   | RN      | 1<br>2<br>3<br>4                                                                                                                                       | RANAU        | 45.11 s                  |        |                                                                                       |
| 6                   | 4   | ME      | 1 432 DEXTER DON BIN JUMIN<br>2 436 MOHAMAD FIRDAUS BIN ZAKARIA<br>3 424 FARHAN WAFIY BIN MOHD KAMRULAZAMAN<br>4 425 MOHAMAD RAMADHAN BIN PUASA        | MEMBAKUT     | 46.20 s                  |        |                                                                                       |
| 7                   | 7   | KI      | 1<br>2<br>3<br>4                                                                                                                                       | KINABATANGAN | 51.76 s                  |        |                                                                                       |



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|---------------------|-----|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|---------|---|
| KED                 | LOR | BIB | NAMA                                                                                                                                                                     | PASUKAN       | MASA    |   |
| 1                   | 6   | SD  | 1 669 DEXTER PALMIN<br>2 663 MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF<br>3 665 MUHAMMAD ISYHAN BIN THOMAS<br>4 664 PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE                 | SANDAKAN      | 43.27 s | Q |
| 2                   | 8   | PG  | 1 515 JOHNSON PHANG JUNIOR<br>2 517 MOHAMAD RAZY HAFIZUL BIN MOHAMAD<br>3 507 EDRICK FEIVEL FLORENTIUS<br>4 508 DALTON XAVIER WENCES                                     | PENAMPANG     | 43.30 s | Q |
| 3                   | 3   | TR  | 1 837 ADAM JEREMIAH ANTHONIUS<br>2 833 ADAM TAN CHEE HEONG<br>3 842 ELJOE GOTUOH<br>4 844 IAN JOVIC SUAN                                                                 | TUARAN        | 43.68 s | q |
| 4                   | 7   | KK  | 1 269 YONG LEH<br>2 275 SEANDRSON SIAW SUN SHENG<br>3 274 ADY PUTRA AQASHA BIN NORAHIMEE<br>4 276 BRANDON JON CHENG                                                      | KOTA KINABALU | 43.86 s | q |
| 5                   | 4   | KM  | 1 312 DANIEL SHANEN BIN MACLIN<br>2 306 BOENANJAVISTA BOLMIN<br>3 310 ETHANNIEL MOJUTAN<br>4 305 EMAX LORAND LORIN                                                       | KOTA MARUDU   | 45.66 s |   |
| 6                   | 2   | TG  | 1 812 EUFRONIO LARIUS<br>2 814 DILLON CHU PU YOUNG<br>3 818 CISSE PAUL<br>4 816 VIENO ALDIE ALFRED                                                                       | TONGOD        | 46.17 s |   |
| 7                   | 5   | KN  | 1 378 MOHAMMAD KHAIRUL NAIM BIN YOUSAF<br>2 383 MOHAMMAD HISYAN BIN ABDUL RAZAK<br>3 377 MOHAMMAD KHUZAIRIE BIN MOHAMMAD FAUZI<br>4 369 MOHAMMAD AZIMSHAHMI BIN ABDULLAH | KUNAK         | 46.22 s |   |
| SEPARUH AKHIR 3 / 3 |     |     |                                                                                                                                                                          |               |         |   |
| KED                 | LOR | BIB | NAMA                                                                                                                                                                     | PASUKAN       | MASA    |   |
| 1                   | 4   | TD  | 1 779 DANISH BIN CHARLISON<br>2 776 VASCO VAN VELALIN<br>3 777 JISROY BIN JOHANIS<br>4 775 VICTOR BIN JULIUS                                                             | TELUPID       | 43.53 s | Q |
| 2                   | 7   | LD  | 1 404 MOHAMMAD NAZHLEE BIN MANING<br>2 403 MOHAMAD SAID UMRH BIN AMIR<br>3 396 SOLEHUDDIN BIN RAZAK<br>4 397 MOHAMMAD ARIEF AIMAN                                        | LAHAD DATU    | 43.80 s | Q |
| 3                   | 6   | KB  | 1 240 MUHAMMAD SHAFIE BIN JAAN MD<br>2 229 RICHEWIN AMUNG HARRY<br>3 231 MOHAMAD AIDIL MUNNAWAR FIKRI<br>4 230 XIENHENRY JERRY                                           | KOTA BELUD    | 45.40 s |   |
| 4                   | 2   | TW  | 1 734 MUHAMMAD AZRIEL HAFIZ BIN SYAMSUL ANUAR<br>2 739 IAN DANIEL JOSEPH<br>3 733 IRFANSAHZREEN BIN ISKANDAR<br>4 737 MOHAMAD FIKRI BIN HARUN                            | TAWAU         | 45.84 s |   |
| 5                   | 5   | BE  | 1 105 MUHAMMAD FAHMI BIN AZMAN<br>2 106 MOHAMMAD SYAHMI BIN MOHAMMAD AZRIN<br>3 107 MUHAMMAD HAZWAN AFIQ BIN MAIDIN<br>4 109 AIDAN IBRAHIM BIN MOHAMAT                   | BEAUFORT      | 46.24 s |   |
| 6                   | 1   | PR  | 1 486 MUHAMMAD HILAL NAZMI BIN OMAR SHA LUKUH<br>2 484 JOENERTHAN MARK JUSTIN<br>3 485 SYABIL HAIQAL<br>4 490 MUHAMAD ZARUL AMAR BIN NAIM                                | PAPAR         | 46.52 s |   |
| -                   | 3   | PT  | 1 592 MAVERICK VONOD ROGER<br>2 578 ADAM IDRIS BIN AWANG JAIRI<br>3 584 AMMAR ZAQUAN BIN ZULKIFLEE<br>4 581 ARFAN HALIK BIN HELMI ZAM HALIK                              | PUTATAN       | BATAL   |   |
| -                   | 8   | PS  | 1 557 SYVIERSSLEY SYVIENCE<br>2 555 RENLEY CHARS RAFAIL<br>3 559 MELVERT TAMBY<br>4 553 DENNI PO POMIN                                                                   | PITAS         | BATAL   |   |



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|                     |     |        |                                      |               |              |                |                |                |                |                |                |
|---------------------|-----|--------|--------------------------------------|---------------|--------------|----------------|----------------|----------------|----------------|----------------|----------------|
| NO ACARA : 211      |     |        | AKHIR                                |               |              |                |                |                |                |                |                |
| ACARA : LOMPAT JAUH |     |        | LELAKI                               |               |              |                |                |                |                |                |                |
| SAGA                |     | 7.11 m | JONATHON LARUS                       |               |              | TENOM          |                |                | 2013           |                |                |
| SUKMA               |     | 7.55 m | MOHD HAZUAN ZAINAL ABIDIN            |               |              | PERAK          |                |                | 2002           |                |                |
| KED                 | GIL | BIB    | NAMA                                 | PASUKAN       | JARAK        | 1              | 2              | 3              | 4              | 5              | 6              |
| 1                   | 6   | 793    | KASMAN BIN KASSIM                    | TENOM         | 7.17 m       | 6.92<br>(+2.8) | 7.17<br>(+2.9) | 6.85<br>(+3.2) | -              | 6.64<br>(+1.8) | 5.34<br>(+3.7) |
| 2                   | 5   | 842    | ELJOE GOTUOH                         | TUARAN        | 7.11 m<br>SR | X<br>(+0.9)    | 7.04<br>(+2.4) | 7.06<br>(+3.1) | X<br>(+2.4)    | X<br>(+2.6)    | 7.11<br>(+1.9) |
| 3                   | 7   | 583    | MUHAMMAD LUQMAN BIN ABDUL SAID       | PUTATAN       | 7.03 m       | 7.03<br>(+3.6) | 6.89<br>(+2.8) | X<br>(+2.9)    | -              | -              | -              |
| 4                   | 12  | 187    | MUHAMMAD FITRI NURHAN BIN SYAMSUDDIN | KENINGAU      | 6.95 m       | 6.95<br>(+2.5) | X<br>(+1.9)    | 6.70<br>(+3.4) | X<br>(+1.6)    | 6.74<br>(+2.1) | 6.61<br>(+3.1) |
| 5                   | 11  | 184    | ALEKSUAN TIKOL                       | KENINGAU      | 6.84 m       | 6.64<br>(+2.3) | 6.70<br>(+2.8) | 6.84<br>(+2.4) | 6.75<br>(+3.2) | X<br>(+2.8)    | 6.77<br>(+2.7) |
| 6                   | 9   | 376    | ZULKIFLI BIN IWAN                    | KUNAK         | 6.58 m       | 6.36<br>(+0.7) | 6.51<br>(+1.5) | 6.57<br>(+3.4) | 6.34<br>(+3.0) | 6.58<br>(+2.0) | X<br>(+3.3)    |
| 7                   | 2   | 716    | RANTO JUNIOR ROBERT                  | TAMBUNAN      | 6.49 m       | 6.02<br>(+1.0) | 6.49<br>(+2.0) | 6.49<br>(+4.7) | 6.37<br>(+1.8) | 4.95<br>(+2.1) | 6.25<br>(+2.3) |
| 8                   | 3   | 348    | RYAN PASKA                           | KUDAT         | 6.45 m       | 6.39<br>(+1.5) | 6.45<br>(+2.6) | 6.37<br>(+3.1) | 6.21<br>(+2.4) | 6.10<br>(+2.9) | X<br>(+2.6)    |
| 9                   | 4   | 794    | ALFIKRI BIN JAINI                    | TENOM         | 6.33 m       | 6.33<br>(+1.8) | 6.26<br>(+2.3) | 6.33<br>(+3.6) |                |                |                |
| 10                  | 10  | 840    | PEPIN HEZZLER RAPHAEL                | TUARAN        | 6.24 m       | X<br>(+2.1)    | 6.24<br>(+2.6) | 6.22<br>(+2.8) |                |                |                |
| 11                  | 8   | 494    | BRYAN BERNARD                        | PAPAR         | 6.10 m       | 6.10<br>(+3.8) | X<br>(+2.7)    | 6.07<br>(+2.9) |                |                |                |
| 12                  | 1   | 288    | BRADLEY MACLAREN YONG WEI WEN        | KOTA KINABALU | 5.94 m       | 5.84<br>(+2.2) | 5.74<br>(+2.3) | 5.94<br>(+2.6) |                |                |                |

|                       |     |        |                                     |             |              |            |      |      |      |      |      |
|-----------------------|-----|--------|-------------------------------------|-------------|--------------|------------|------|------|------|------|------|
| NO ACARA : 212        |     |        | AKHIR                               |             |              |            |      |      |      |      |      |
| ACARA : LOMPAT TINGGI |     |        | WANITA                              |             |              |            |      |      |      |      |      |
| SAGA                  |     | 1.57 m | MICHELLE CORNELLIUS LUCAS           |             |              | PENAMPANG  |      |      | 2017 |      |      |
| SUKMA                 |     | 1.75 m | NORLIYANA KAMARUDIN                 |             |              | N.SEMBILAN |      |      | 2010 |      |      |
| KED                   | GIL | BIB    | NAMA                                | PASUKAN     | TINGGI       | 1.40       | 1.45 | 1.50 | 1.55 | 1.59 | 1.62 |
| 1                     | 6   | 394    | KU YEE ALENG                        | KUNAK       | 1.59 m<br>RB | -          | O    | O    | O    | O    | XXX  |
| 2                     | 1   | 684    | SATRA BINTI HAJAD                   | SANDAKAN    | 1.55 m       | O          | O    | O    | XXO  | XXX  |      |
| 3                     | 4   | 421    | NURUL AIN BATRIESYA BINTI ROSDY     | LAHAD DATU  | 1.55 m       | O          | O    | XXO  | XXO  | XXX  |      |
| 4                     | 3   | 659    | NOLAESKA KIPOLOS                    | RANAU       | 1.50 m       | O          | O    | O    | XXX  |      |      |
| 5                     | 5   | 506    | NUR SYUMAIYAH DIYANA BINTI JAMLUDIN | PAPAR       | 1.45 m       | O          | XO   | XXX  |      |      |      |
| 6                     | 7   | 364    | WILNIE JOHANES                      | KUDAT       | 1.45 m       | XO         | XXO  | XXX  |      |      |      |
| 7                     | 2   | 768    | NUR HANA NABILA BINTI SARDI         | TAWAU       | 1.40 m       | O          | XXX  |      |      |      |      |
| 8                     | 11  | 658    | DILARIA JUANIS                      | RANAU       | 1.40 m       | XO         | XXX  |      |      |      |      |
| -                     | 8   | 202    | JOYCE ANN ROLAND                    | KENINGAU    | DNS          |            |      |      |      |      |      |
| -                     | 9   | 321    | HAYATUL KAMARIAH BINTI HATNIN       | KOTA MARUDU | DNS          |            |      |      |      |      |      |
| -                     | 10  | 769    | NURSYAHSYILAWATI BINTI SARIPUDDIN   | TAWAU       | NM           | XXX        |      |      |      |      |      |
| -                     | 12  | 327    | MELLY STACEY RAJI                   | KOTA MARUDU | NM           | XXX        |      |      |      |      |      |

|                       |     |         |                                   |               |         |            |       |       |       |       |       |
|-----------------------|-----|---------|-----------------------------------|---------------|---------|------------|-------|-------|-------|-------|-------|
| NO ACARA : 213        |     |         | AKHIR                             |               |         |            |       |       |       |       |       |
| ACARA : LEMPAR CAKERA |     |         | LELAKI                            |               |         |            |       |       |       |       |       |
| SAGA                  |     | 42.22 m | MIRACH HAN                        |               |         | TAWAU      |       |       | 2019  |       |       |
| SUKMA                 |     | 55.16 m | MUHAMMAD IRFAN SHAMSUDDIN         |               |         | N.SEMBILAN |       |       | 2016  |       |       |
| KED                   | GIL | BIB     | NAMA                              | PASUKAN       | JARAK   | 1          | 2     | 3     | 4     | 5     | 6     |
| 1                     | 11  | 246     | AJUAN BIN AWANG JUNAN             | KOTA BELUD    | 38.12 m | 36.49      | 37.44 | 37.52 | 37.89 | 37.80 | 38.12 |
| 2                     | 12  | 523     | NATHANIEL MAJID                   | PENAMPANG     | 36.43 m | 32.50      | 35.82 | 35.37 | 33.34 | 36.43 | 34.47 |
| 3                     | 8   | 524     | O'NEILL ANTHONY TAMBUR            | PENAMPANG     | 33.85 m | 28.21      | 32.05 | X     | X     | 33.85 | 32.58 |
| 4                     | 5   | 286     | SYED ALI BIN SYED AHMAD           | KOTA KINABALU | 32.61 m | X          | 32.61 | 28.21 | 30.55 | X     | X     |
| 5                     | 1   | 719     | VELLDRON PITON                    | TAMBUNAN      | 31.10 m | 28.07      | 31.10 | 20.14 | X     | 29.85 | 27.82 |
| 6                     | 10  | 408     | NABIL FAIZ BIN AYUB               | LAHAD DATU    | 30.76 m | 28.51      | 30.76 | X     | X     | X     | 29.39 |
| 7                     | 4   | 622     | KEVIN KEITH SEPIKIT               | RANAU         | 30.59 m | 29.74      | 27.97 | 30.59 | 27.24 | X     | 29.39 |
| 8                     | 7   | 314     | VAKERY BIN JAINOL                 | KOTA MARUDU   | 30.25 m | X          | 26.56 | 30.25 | X     | X     | X     |
| 9                     | 6   | 247     | MOHAMAD QHAIRIL HAIQAL BIN MAUDIN | KOTA BELUD    | 29.46 m | X          | 26.27 | 29.46 |       |       |       |
| 10                    | 2   | 347     | PATHRICKO ALLONZO HAGMAN          | KUDAT         | 28.47 m | X          | 28.13 | 28.47 |       |       |       |
| 11                    | 3   | 186     | OWEN PRESSLY JOYICE               | KENINGAU      | 27.07 m | 27.07      | X     | X     |       |       |       |
| 12                    | 9   | 439     | MOHAMAD WAZAINI ARIFF BIN WAKERAN | MEMBAKUT      | 25.26 m | 25.26      | X     | 25.26 |       |       |       |



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| NO ACARA : 214 |             | AKHIR               |                                      |  |             |
|----------------|-------------|---------------------|--------------------------------------|-------------------------------------------------------------------------------------|-------------|
| ACARA : 800 m  |             | WANITA              |                                      |                                                                                     |             |
| SAGA           | 2 m 24.48 s | HIZILLAWANTY JAMAIN |                                      | KENINGAU                                                                            | 2019        |
| SUKMA          | 2 m 09.57 s | K.GANTHIMANTHI      |                                      | MELAKA                                                                              | 2008        |
| KED            | LOR         | BIB                 | NAMA                                 | PASUKAN                                                                             | MASA        |
| 1              | 6           | 295                 | NUR SYIFA RAISHA BINTI ADNAN FIRDAUS | KOTA KINABALU                                                                       | 2 : 33.08 s |
| 2              | 4           | 157                 | NUR ALIAH BATRISYA BINTI KARIM       | KALABAKAN                                                                           | 2 : 35.26 s |
| 3              | 1           | 133                 | LELIAN ELWEY                         | BELURAN                                                                             | 2 : 38.16 s |
| 4              | 7           | 531                 | SHARLENE FIONEY SUNNY                | PENAMPANG                                                                           | 2 : 40.27 s |
| 5              | 8           | 866                 | JUNILY BEATLY BAKING                 | TUARAN                                                                              | 2 : 42.18 s |
| 6              | 5           | 650                 | ZIRAH BINTI ALBERT                   | RANAU                                                                               | 2 : 48.27 s |
| 7              | 3           | 163                 | NUR FARWIZAH BINTI KARIM             | KALABAKAN                                                                           | 2 : 50.49 s |
| 8              | 2           | 856                 | DIANNA DANNA JOLLY                   | TUARAN                                                                              | 2 : 52.71 s |

| NO ACARA : 215 |             | AKHIR                   |                                    |  |             |
|----------------|-------------|-------------------------|------------------------------------|-------------------------------------------------------------------------------------|-------------|
| ACARA : 800 m  |             | LELAKI                  |                                    |                                                                                     |             |
| SAGA           | 1 m 59.89 s | MOHAMMAD ERWAN BIN AMIR |                                    | SANDAKAN                                                                            | 2017        |
| SUKMA          | 1 m 52.35 s | G AMPUMANI              |                                    | ATM                                                                                 | 1992        |
| KED            | LOR         | BIB                     | NAMA                               | PASUKAN                                                                             | MASA        |
| 1              | 7           | 621                     | ERWIN GREENGORI @ GREGORY          | RANAU                                                                               | 2 : 03.86 s |
| 2              | 4           | 555                     | RENLEY CHARS RAFAIL                | PITAS                                                                               | 2 : 09.85 s |
| 3              | 2           | 104                     | ISAAC VENCESLAUS                   | BEAUFORT                                                                            | 2 : 10.41 s |
| 4              | 1           | 713                     | MAXIMUS JAYPEE YOUNG               | TAMBUNAN                                                                            | 2 : 11.98 s |
| 5              | 5           | 430                     | BRIGER BIONG                       | MEMBAKUT                                                                            | 2 : 12.16 s |
| 6              | 3           | 182                     | BRETTSON JACKSON LAZURUS           | KENINGAU                                                                            | 2 : 21.49 s |
| 7              | 8           | 672                     | MOHAMMAD NORDIN BIN MOHAMMAD YUSUF | SANDAKAN                                                                            | 2 : 24.77 s |
| -              | 6           | 585                     | MOHAMMAD NAZRUL BIN LAHAJI         | PUTATAN                                                                             | DNF         |

| NO ACARA : 216    |         | AKHIR                                      |                                                                                                                                                                  |  |         |
|-------------------|---------|--------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------|
| ACARA : 4 x 100 m |         | WANITA                                     |                                                                                                                                                                  |                                                                                      |         |
| SAGA              | 49.78 s | QUARTERT TAWAU                             |                                                                                                                                                                  | TAWAU                                                                                | 2013    |
| SUKMA             | 46.43 s | SAIDATUL, NOOR EEWAN, KANG WOAN, SHEREEN S |                                                                                                                                                                  | PERAK                                                                                | 2016    |
| KED               | LOR     | BIB                                        | NAMA                                                                                                                                                             | PASUKAN                                                                              | MASA    |
| 1                 | 4       | TB                                         | 1 729 ANGEL ANGELNA CONROD MOOL<br>2 728 ABERNETHA ELISSA TADIUS<br>3 724 DAELCEE CHEALCY PIUS<br>4 723 THERESIA ANASTASIUS                                      | TAMBUNAN                                                                             | 50.39 s |
| 2                 | 6       | TR                                         | 1 854 QYURINE QAMELIA BINTI THOMAS<br>2 852 ESTHER JOANNE AILOS<br>3 855 NIA JOVIC SUAN<br>4 858 JOEIVIVIEAN JAMSON                                              | TUARAN                                                                               | 50.75 s |
| 3                 | 5       | PG                                         | 1 536 SERENA SOUPIN<br>2 529 SHAYNA HEATHER TAHING<br>3 542 EVA JOYCE JOHANES<br>4 530 DAYANGKU NURSYAFINAZ SYAZIRAH                                             | PENAMPANG                                                                            | 50.82 s |
| 4                 | 1       | KG                                         | 1 191 TYRA LANA TOMMY @ DEXTER<br>2 196 SAMANTHA COLLETTE VALENTINE<br>3 199 SITI NUR NADIAH BINTI MOHAMMAD DIN<br>4 195 CASSANDRA JOANNA PATRICK                | KENINGAU                                                                             | 51.53 s |
| 5                 | 7       | KA                                         | 1 155 NURUL SUHADA BINTI SULAIMAN<br>2 159 AYU NUR REBECCA BINTI NURMAN<br>3 165 NUR FATIHA NAJWA BINTI MAPIATI<br>4 161 GOLARIA EILISCA JOENEH                  | KALABAKAN                                                                            | 52.47 s |
| 6                 | 3       | TW                                         | 1 756 FARAH NATASHA BINTI FIRMAN ARDIYANSYAH<br>2 774 NURELFIRA UMIRA BINTI MOHD YUSUF<br>3 752 NUR AMANINA BINTI ROSMANSAH<br>4 753 NUR HIDAYAH BINTI JULZAIMEE | TAWAU                                                                                | 53.20 s |
| 7                 | 2       | KK                                         | 1 297 SITI NURNATASYA BINTI ABDUL<br>2 294 ARINISIA JAWA<br>3 296 VANESSA CHAI PEI PEI<br>4 298 ELVIE BINTI LORIN                                                | KOTA KINABALU                                                                        | 54.16 s |
| 8                 | 8       | RN                                         | 1 644 SWEET ERSO SOBVEST<br>2 651 VEERONICA SEIBIT<br>3 635 KRISTINA LONJU<br>4 631 ELCY DEBRA WASRIN                                                            | RANAU                                                                                | 56.99 s |



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| NO ACARA : 217    |     |         | AKHIR                                                                                                                                                    |               |  |  |        |      |
|-------------------|-----|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|--|-------------------------------------------------------------------------------------|--------|------|
| ACARA : 4 x 100 m |     |         | LELAKI                                                                                                                                                   |               |  |                                                                                     |        |      |
| SAGA              |     | 42.47 s | SYAFIQH, IBRAHIM, N.D.RIFAI, SHAHRIMIEN                                                                                                                  |               |  |                                                                                     | TAWAU  | 2015 |
| SUKMA             |     | 39.89 s | AZAM MASRI,BADRUL HISHAM,KHIRUL H,ASNAWI                                                                                                                 |               |  |                                                                                     | MELAKA | 2016 |
| KED               | LOR | BIB     | NAMA                                                                                                                                                     | PASUKAN       |  | MASA                                                                                |        |      |
| 1                 | 4   | SD      | 1 669 DEXTER PALMIN<br>2 663 MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF<br>3 665 MUHAMMAD ISYHAN BIN THOMAS<br>4 664 PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE | SANDAKAN      |  | 42.56 s                                                                             |        |      |
| 2                 | 6   | TD      | 1 779 DANISH BIN CHARLISON<br>2 776 VASCO VAN VELALIN<br>3 777 JISROY BIN JOHANIS<br>4 775 VICTOR BIN JULIUS                                             | TELUPID       |  | 43.35 s                                                                             |        |      |
| 3                 | 8   | LD      | 1 404 MOHAMMAD NAZHLEE BIN MANING<br>2 403 MOHAMAD SAID UMRIH BIN AMIR<br>3 396 SOLEHUDDIN BIN RAZAK<br>4 397 MOHAMMAD ARIEF AIMAN                       | LAHAD DATU    |  | 43.45 s                                                                             |        |      |
| 4                 | 1   | KK      | 1 269 YONG LEH<br>2 275 SEANDRSON SIAW SUN SHENG<br>3 274 ADY PUTRA AQASHA BIN NORAHIMEE<br>4 276 BRANDON JON CHENG                                      | KOTA KINABALU |  | 44.84 s                                                                             |        |      |
| 5                 | 3   | KA      | 1 137 MUHAMMAD FITRI FAWWAZ BIN ABDUL FATTAH<br>2 144 AKMAL RIZAL BIN ANDY REMY IHSAN<br>3 145 KASHMEER BIN SAMSURI<br>4 139 MUHAMMAD ILHAM BIN JAFFAR   | KALABAKAN     |  | 52.43 s                                                                             |        |      |
| -                 | 2   | TR      | 1 837 ADAM JEREMIAH ANTHONIUS<br>2 833 ADAM TAN CHEE HEONG<br>3 843 MUHAMMAD HARUN BIN ALING<br>4 840 PEPIN HEZZLER RAPHAEL                              | TUARAN        |  | DNF                                                                                 |        |      |
| -                 | 5   | PG      | 1 508 DALTON XAVIER WENCES<br>2 517 MOHAMAD RAZY HAFIZUL BIN MOHAMAD<br>3 515 JOHNSON PHANG JUNIOR<br>4 507 EDRICK FEIVEL FLORENTIUS                     | PENAMPANG     |  | BATAL                                                                               |        |      |
| -                 | 7   | TB      | 1 717 STEVEN GERRAD ERON<br>2 709 HANSSEN YAP SOON FU<br>3 714 MARK PALADIUS<br>4 710 DEXTER BEDIE                                                       | TAMBUNAN      |  | DNS                                                                                 |        |      |

|                |     |         |                                    |          |  |                          |          |                                                                                       |
|----------------|-----|---------|------------------------------------|----------|--|--------------------------|----------|---------------------------------------------------------------------------------------|
| NO ACARA : 219 |     |         |                                    | SARINGAN |  | 3 tempat teratas (Q) dan |          |  |
| ACARA : 400 m  |     |         |                                    | LELAKI   |  | 6 masa terbaik (q) layak |          |                                                                                       |
| SAGA           |     | 49.58 s | ANCHOIS ARON                       |          |  |                          | KENINGAU | 2011                                                                                  |
| SUKMA          |     | 47.02 s | MUHAMMAD ILHAM SUHAIMI             |          |  |                          | SELANGOR | 2018                                                                                  |
| SARINGAN 1 / 6 |     |         |                                    |          |  |                          |          |                                                                                       |
| KED            | LOR | BIB     | NAMA                               |          |  | PASUKAN                  | MASA     |                                                                                       |
| 1              | 4   | 145     | KASHMEER BIN SAMSURI               |          |  | KALABAKAN                | 54.44 s  | Q                                                                                     |
| 2              | 3   | 619     | AFIF ASYRAAF BIN AZMI              |          |  | RANAU                    | 55.17 s  | Q                                                                                     |
| 3              | 5   | 311     | AZLEY JUISLIE                      |          |  | KOTA MARUDU              | 55.38 s  | Q                                                                                     |
| 4              | 8   | 838     | XAVIER CHANG HAO JIAN              |          |  | TUARAN                   | 55.85 s  |                                                                                       |
| 5              | 2   | 586     | AMIRUL HAIKAL BIN NASRI            |          |  | PUTATAN                  | 56.13 s  |                                                                                       |
| 6              | 1   | 242     | VENO ISMAIL                        |          |  | KOTA BELUD               | 57.27 s  |                                                                                       |
| 7              | 6   | 372     | MOHAMAD FAUZI BIN SANI             |          |  | KUNAK                    | 57.52 s  |                                                                                       |
| 8              | 7   | 492     | JONATHAN HOLLY JEROME              |          |  | PAPAR                    | 57.88 s  |                                                                                       |
| SARINGAN 2 / 6 |     |         |                                    |          |  |                          |          |                                                                                       |
| KED            | LOR | BIB     | NAMA                               |          |  | PASUKAN                  | MASA     |                                                                                       |
| 1              | 5   | 670     | MUHAMMAD FAHAMI BIN SAMSUDIN       |          |  | SANDAKAN                 | 52.91 s  | Q                                                                                     |
| 2              | 7   | 435     | MUHAMMAD NAFFIE BIN ALGABI         |          |  | MEMBAKUT                 | 53.53 s  | Q                                                                                     |
| 3              | 8   | 404     | MOHAMMAD NAZHLEE BIN MANING        |          |  | LAHAD DATU               | 55.57 s  | Q                                                                                     |
| 4              | 6   | 780     | LEJEYVIN PINJUS                    |          |  | TELUPID                  | 56.87 s  |                                                                                       |
| 5              | 2   | 111     | MOHAMMAD NURAIZAT DANIAL BIN KASIM |          |  | BEAUFORT                 | 57.09 s  |                                                                                       |
| 6              | 4   | 280     | NICHOLAS JOHN CHANG                |          |  | KOTA KINABALU            | 57.60 s  |                                                                                       |
| -              | 3   | 585     | MOHAMMAD NAZRUL BIN LAHAJI         |          |  | PUTATAN                  | DNS      |                                                                                       |



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| SARINGAN 3 / 6 |     |     |                                          |               |         |   |
|----------------|-----|-----|------------------------------------------|---------------|---------|---|
| KED            | LOR | BIB | NAMA                                     | PASUKAN       | MASA    |   |
| 1              | 3   | 330 | MUHAMMAD KHALIL BIN HELMI                | KUALA PENYU   | 49.68 s | Q |
| 2              | 7   | 174 | AUBREY ARON                              | KENINGAU      | 51.06 s | Q |
| 3              | 8   | 147 | MUHAMMAD FIRDAUS BIN DARUS SALAM         | KALABAKAN     | 51.39 s | Q |
| 4              | 5   | 690 | MUHAMMAD MUQZAIYR BIN MAHAJODA           | SEMPORNA      | 53.14 s | q |
| 5              | 4   | 517 | MOHAMAD RAZY HAFIZUL BIN MOHAMAD         | PENAMPANG     | 53.65 s | q |
| 6              | 2   | 402 | MOHAMMAD NU'AIM BIN MOHD AMIN            | LAHAD DATU    | 58.44 s |   |
| 7              | 6   | 126 | JESSTER JAIM                             | BELURAN       | 64.58 s |   |
| SARINGAN 4 / 6 |     |     |                                          |               |         |   |
| KED            | LOR | BIB | NAMA                                     | PASUKAN       | MASA    |   |
| 1              | 5   | 467 | IDWINE IDRIS                             | NABAWAN       | 51.38 s | Q |
| 2              | 8   | 519 | WILLIAM WALTER                           | PENAMPANG     | 53.32 s | Q |
| 3              | 1   | 737 | MOHAMAD FIKRI BIN HARUN                  | TAWAU         | 54.20 s | Q |
| 4              | 3   | 279 | ARIZ AIMA BIN ASRI                       | KOTA KINABALU | 54.47 s | q |
| 5              | 6   | 332 | ZACHARY EINSTEIN HENRY                   | KUALA PENYU   | 54.55 s | q |
| 6              | 7   | 491 | MOHAMMAD SHAHRUL AIMA BIN TONYMAN        | PAPAR         | 57.80 s |   |
| 7              | 4   | 820 | FRECKLEY JOE JOEL                        | TONGOD        | 57.86 s |   |
| 8              | 2   | 107 | MUHAMMAD HAZWAN AFIQ BIN MAIDIN          | BEAUFORT      | 58.65 s |   |
| SARINGAN 5 / 6 |     |     |                                          |               |         |   |
| KED            | LOR | BIB | NAMA                                     | PASUKAN       | MASA    |   |
| 1              | 5   | 183 | JENDRRYSON TAKIUS                        | KENINGAU      | 52.85 s | Q |
| 2              | 7   | 667 | MUHAMMAD MUZAFFAR SHAH BIN ABDUL SAHIDIU | SANDAKAN      | 53.19 s | Q |
| 3              | 3   | 844 | IAN JOVIC SUAN                           | TUARAN        | 53.48 s | Q |
| 4              | 4   | 689 | BASSIRIL BIN TAKBIRUL                    | SEMPORNA      | 54.32 s | q |
| 5              | 2   | 208 | MOHAMMAD HUZAIRY ADAM SHAH BIN MAZLAN    | KINABATANGAN  | 55.26 s | q |
| 6              | 1   | 239 | MILTEVINCE MILBERT                       | KOTA BELUD    | 58.14 s |   |
| 7              | 6   | 342 | IAN INDRIAN JOHKIUS                      | KUDAT         | 62.30 s |   |
| 8              | 8   | 739 | IAN DANIEL JOSEPH                        | TAWAU         | 62.65 s |   |
| SARINGAN 6 / 6 |     |     |                                          |               |         |   |
| KED            | LOR | BIB | NAMA                                     | PASUKAN       | MASA    |   |
| 1              | 5   | 310 | ETHANNIEL MOJUTAN                        | KOTA MARUDU   | 53.75 s | Q |
| 2              | 2   | 468 | SELINUS MEGNUS SAILAM                    | NABAWAN       | 54.45 s | Q |
| 3              | 7   | 778 | MUHAMAD FARISH RIEZUAN BIN WELTER        | TELUPID       | 55.41 s | Q |
| 4              | 3   | 436 | MOHAMAD FIRDAUS BIN ZAKARIA              | MEMBAKUT      | 55.60 s |   |
| 5              | 4   | 618 | MOHAMAD FARRIZ BIN HYENDY                | RANAU         | 55.78 s |   |
| 6              | 6   | 817 | FANLICI GULIM                            | TONGOD        | 56.87 s |   |
| 7              | 8   | 211 | HENDRYASON BIN LISAN @ JURIN             | KINABATANGAN  | 57.80 s |   |

| NO ACARA : 301 |     |              | AKHIR                             |               |              |  |      |
|----------------|-----|--------------|-----------------------------------|---------------|--------------|---------------------------------------------------------------------------------------|------|
| ACARA : 5000 m |     |              | LELAKI                            |               |              |                                                                                       |      |
| SAGA           |     | 16 m 37.40 s | ROMIEO GOMBOH                     |               |              | KOTA KINABALU                                                                         | 2019 |
| SUKMA          |     | 14 m 49.83 s | A. MUNUSAMY                       |               |              | MASUM                                                                                 | 1996 |
| KED            | LOR | BIB          | NAMA                              | PASUKAN       | MASA         |                                                                                       |      |
| 1              | 24  | 400          | NIKOS TAI LEE ONN                 | LAHAD DATU    | 16 : 54.92 s |                                                                                       |      |
| 2              | 1   | 103          | MOHAMMAD AHSAN BIN ATTA UR RAHMAN | BEAUFORT      | 17 : 27.12 s |                                                                                       |      |
| 3              | 6   | 270          | MUHAMMAD DZULFIKRI BIN MATIN      | KOTA KINABALU | 17 : 27.65 s |                                                                                       |      |
| 4              | 17  | 580          | MOHAMMAD SYUKRI SENANG BIN EYDI   | PUTATAN       | 18 : 47.45 s |                                                                                       |      |
| 5              | 11  | 313          | JEREMYNOEL BIN MASLON             | KOTA MARUDU   | 19 : 00.53 s |                                                                                       |      |
| 6              | 12  | 712          | RYON JOSHUA HARRY                 | TAMBUNAN      | 19 : 15.07 s |                                                                                       |      |
| 7              | 25  | 309          | REKLE ADRIANO                     | KOTA MARUDU   | 19 : 17.65 s |                                                                                       |      |
| 8              | 19  | 836          | ARTHUR GIMBUN                     | TUARAN        | 19 : 45.11 s |                                                                                       |      |
| 9              | 3   | 493          | MUHAMAD NUR AIDIL BIN AZMAN       | PAPAR         | 20 : 11.16 s |                                                                                       |      |
| 10             | 21  | 235          | MOHD BASITH BIN YOUSAF ALI        | KOTA BELUD    | 20 : 11.99 s |                                                                                       |      |
| 11             | 9   | 620          | DANNY HADID                       | RANAU         | 20 : 22.77 s |                                                                                       |      |
| 12             | 2   | 428          | MOHAMAD FARIDSHAH BIN HAMIDON     | MEMBAKUT      | 20 : 28.67 s |                                                                                       |      |
| 13             | 23  | 128          | RODLEN RODDEY                     | BELURAN       | 20 : 29.61 s |                                                                                       |      |
| 14             | 14  | 510          | AZACH HAZRON VICTOR               | PENAMPANG     | 20 : 36.83 s |                                                                                       |      |
| 15             | 26  | 815          | MOHAMAD HAFIQ                     | TONGOD        | 20 : 39.46 s |                                                                                       |      |
| 16             | 15  | 742          | MOHAMMAD HAIRUL NIZAM ABDULLAH    | TAWAU         | 20 : 41.13 s |                                                                                       |      |
| 17             | 4   | 846          | ELVENDER VELLY JOY JUSLI          | TUARAN        | 20 : 48.85 s |                                                                                       |      |
| 18             | 7   | 232          | CLEVE REO HANDLY                  | KOTA BELUD    | 21 : 08.75 s |                                                                                       |      |
| 19             | 16  | 821          | KELVIN KONIEL GOLLIP              | TONGOD        | 21 : 14.95 s |                                                                                       |      |
| 20             | 10  | 339          | VALY THERE JOSE                   | KUDAT         | 21 : 37.27 s |                                                                                       |      |
| 21             | 20  | 380          | JUNYER KONSTANSIUS                | KUNAK         | 22 : 35.33 s |                                                                                       |      |
| -              | 5   | 151          | FARIHIN ABDUL FATAH BIN BEDU      | KALABAKAN     | DNF          |                                                                                       |      |
| -              | 8   | 172          | SYAZIM NABIL                      | KENINGAU      | DNF          |                                                                                       |      |
| -              | 13  | 558          | MARKUS PANG WILLIAM               | PITAS         | DNF          |                                                                                       |      |
| -              | 18  | 559          | MELVERT TAMBY                     | PITAS         | DNF          |                                                                                       |      |
| -              | 22  | 127          | JAYDEN EZEKIEL JIMSON             | BELURAN       | DNF          |                                                                                       |      |



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|                       |         |                     |  |                                                           |  |                                                                                     |
|-----------------------|---------|---------------------|--|-----------------------------------------------------------|--|-------------------------------------------------------------------------------------|
| NO ACARA : 303        |         | KELAYAKAN LELAKI    |  | Had kelayakan 49.00 m (Q) atau minimum 12 (q) orang layak |  |  |
| ACARA : REJAM LEMBING |         |                     |  |                                                           |  |                                                                                     |
| SAGA                  | 53.99 m | MOHD AZIZIE MASDONE |  | BEAUFORT                                                  |  | 2015                                                                                |
| SUKMA                 | 62.33 m | KHO MEI KUAN        |  | SARAWAK                                                   |  | 2000                                                                                |

**KELAYAKAN 1 / 2**

| KED | GIL | BIB | NAMA                            | PASUKAN       | JARAK       | 1     | 2     | 3     | 4 | 5 | 6 |
|-----|-----|-----|---------------------------------|---------------|-------------|-------|-------|-------|---|---|---|
| 1   | 6   | 383 | MOHAMMAD HISYAM BIN ABDUL RAZAK | KUNAK         | 51.09 m   Q | 51.09 | -     | -     |   |   |   |
| 2   | 11  | 722 | ANDERIANLEX JUIPEN              | TAMBUNAN      | 49.42 m   Q | 49.42 | -     | -     |   |   |   |
| 3   | 13  | 220 | MOHAMMAD HAIQAL BIN JAMAL       | KINABATANGAN  | 46.45 m   q | 46.45 | X     | 43.59 |   |   |   |
| 4   | 5   | 851 | BRAELDYENN WONG ZHENG JIA       | TUARAN        | 42.72 m   q | 38.59 | 34.37 | 42.72 |   |   |   |
| 5   | 3   | 315 | HANSON JUMAT                    | KOTA MARUDU   | 42.23 m   q | 42.23 | 39.44 | 40.03 |   |   |   |
| 6   | 12  | 243 | GOVINN JAIKON                   | KOTA BELUD    | 40.81 m   q | 40.81 | 38.72 | 39.08 |   |   |   |
| 7   | 1   | 630 | RIKKY JAINIS                    | RANAU         | 40.27 m   q | 40.27 | 39.83 | 35.40 |   |   |   |
| 8   | 2   | 692 | MOHAMMAD AZIZI BIN MAD SULIMAN  | SEMPORNA      | 37.95 m     | X     | 36.68 | 37.95 |   |   |   |
| 9   | 10  | 446 | ROMGILSON BIN ROUM              | MEMBAKUT      | 37.85 m     | X     | 30.63 | 37.85 |   |   |   |
| 10  | 8   | 293 | SIMEON HAMLEE                   | KOTA KINABALU | 34.56 m     | 33.97 | 34.56 | 34.11 |   |   |   |
| 11  | 9   | 750 | MUHAMMAD HAFIZI BIN CHRISTIE    | TAWAU         | 31.72 m     | 31.72 | X     | 30.37 |   |   |   |
| 12  | 4   | 186 | OWEN PRESSLY JOYCE              | KENINGAU      | 29.59 m     | 29.59 | X     | 28.72 |   |   |   |
| 13  | 7   | 524 | O'NEILL ANTHONY TAMBUR          | PENAMPANG     | 29.32 m     | 27.86 | 29.15 | 29.32 |   |   |   |

**KELAYAKAN 2 / 2**

| KED | GIL | BIB | NAMA                              | PASUKAN       | JARAK       | 1     | 2     | 3     | 4 | 5 | 6 |
|-----|-----|-----|-----------------------------------|---------------|-------------|-------|-------|-------|---|---|---|
| 1   | 7   | 410 | KAMARUL ZIMAN BIN ABDUL HAKIM     | LAHAD DATU    | 45.17 m   q | 44.22 | X     | 45.17 |   |   |   |
| 2   | 2   | 850 | STAYLONN WEINN STEPHEN            | TUARAN        | 43.70 m   q | 43.70 | X     | 41.16 |   |   |   |
| 3   | 5   | 316 | VELDDY KAINON                     | KOTA MARUDU   | 43.47 m   q | 43.47 | 40.06 | 42.23 |   |   |   |
| 4   | 10  | 562 | ALFRED JINO MAJUNTING @ RENDY     | PITAS         | 43.10 m   q | 43.10 | 40.24 | 42.26 |   |   |   |
| 5   | 3   | 629 | ERICKSON JACKSON                  | RANAU         | 42.50 m   q | 42.28 | 42.50 | 42.39 |   |   |   |
| 6   | 13  | 823 | JIVLEE GINAL                      | TONGOD        | 39.84 m     | 39.84 | 37.41 | 35.47 |   |   |   |
| 7   | 12  | 190 | VICTER BEN SALLEH @ BINDIK        | KENINGAU      | 37.87 m     | 37.59 | 37.87 | X     |   |   |   |
| 8   | 14  | 247 | MOHAMAD QHAIRIL HAIQAL BIN MAUDIN | KOTA BELUD    | 34.52 m     | X     | 34.52 | 33.47 |   |   |   |
| 9   | 11  | 528 | ARNOBY AEROL MISTOR               | PENAMPANG     | 34.30 m     | 33.34 | 34.30 | 28.98 |   |   |   |
| 10  | 9   | 219 | AERON PRESLEY YAHYA               | KINABATANGAN  | 34.05 m     | X     | 30.39 | 34.05 |   |   |   |
| 11  | 1   | 292 | HENRY BIN YAPSIN                  | KOTA KINABALU | 33.93 m     | X     | 33.93 | 32.01 |   |   |   |
| 12  | 6   | 751 | MOHAMMAD AZMIZAN BIN SALAHUDIN    | TAWAU         | 32.94 m     | 32.94 | 32.26 | 30.43 |   |   |   |
| 13  | 4   | 720 | RONNEIL BIN ROZL @ ROGER          | TAMBUNAN      | 28.76 m     | 28.33 | 28.76 | X     |   |   |   |
| 14  | 8   | 445 | SYAH AZWAN BIN SYZALI             | MEMBAKUT      | 27.19 m     | X     | X     | 27.19 |   |   |   |

|                       |         |                        |  |                                                          |  |                                                                                       |
|-----------------------|---------|------------------------|--|----------------------------------------------------------|--|---------------------------------------------------------------------------------------|
| NO ACARA : 304        |         | KELAYAKAN WANITA       |  | Had kelayakan 8.80 m (Q) atau minimum 12 (q) orang layak |  |  |
| ACARA : LONTAR PELURU |         |                        |  |                                                          |  |                                                                                       |
| SAGA                  | 10.36 m | POLLYANA PRISILLA PAUL |  | PENAMPANG                                                |  | 2011                                                                                  |
| SUKMA                 | 13.39 m | RAHILA OTHMAN          |  | JOHOR                                                    |  | 2010                                                                                  |

**KELAYAKAN 1 / 2**

| KED | GIL | BIB | NAMA                                   | PASUKAN    | JARAK      | 1    | 2    | 3    | 4 | 5 | 6 |
|-----|-----|-----|----------------------------------------|------------|------------|------|------|------|---|---|---|
| 1   | 7   | 660 | ELLYVIA KINOL                          | RANAU      | 9.10 m   Q | 8.52 | 9.10 | -    |   |   |   |
| 2   | 8   | 771 | RENY DEWINTA RAYNINA BINTI RAHMAN      | TAWAU      | 9.01 m   Q | 8.23 | 9.01 | -    |   |   |   |
| 3   | 5   | 482 | SUNGRAECINA HARRY                      | NABAWAN    | 8.96 m   Q | 8.96 | -    | -    |   |   |   |
| 4   | 2   | 206 | SHAM LEE YIN                           | KENINGAU   | 8.65 m   q | 7.75 | 8.38 | 8.65 |   |   |   |
| 5   | 1   | 422 | NUR HIDAYUH SYAFIQAH BINTI ABDUL SAID  | LAHAD DATU | 8.48 m   q | 8.24 | 8.48 | 7.51 |   |   |   |
| 6   | 4   | 539 | EUPHRASIA TERRENCE CLAUDIUS            | PENAMPANG  | 8.45 m   q | 8.15 | 7.90 | 8.45 |   |   |   |
| 7   | 10  | 706 | OLIVIA PALIPUS                         | SIPITANG   | 8.11 m   q | 7.94 | 7.31 | 8.11 |   |   |   |
| 8   | 6   | 166 | RYIENTSCHIELLERREYSEA ROBERTSON MALAYA | KALABAKAN  | 7.70 m     | 7.70 | 7.60 | 7.18 |   |   |   |
| 9   | 9   | 361 | SHERRA ANNABELLE JONIAS                | KUDAT      | 7.35 m     | 7.35 | 7.20 | 6.66 |   |   |   |
| 10  | 11  | 463 | HALEY MARION JACKLIS GUSTING           | MEMBAKUT   | 6.65 m     | 6.46 | 6.56 | 6.65 |   |   |   |
| -   | 3   | 262 | EJAH BINTI LAJIUN                      | KOTA BELUD | DNS        |      |      |      |   |   |   |

**KELAYAKAN 2 / 2**

| KED | GIL | BIB | NAMA                            | PASUKAN       | JARAK      | 1    | 2    | 3    | 4 | 5 | 6 |
|-----|-----|-----|---------------------------------|---------------|------------|------|------|------|---|---|---|
| 1   | 7   | 654 | NORHAFIKAH                      | RANAU         | 8.89 m   Q | 8.54 | 8.89 | -    |   |   |   |
| 2   | 1   | 770 | EUNISE ZOEE THIEN SZE YING      | TAWAU         | 8.73 m   q | 7.98 | 8.63 | 8.73 |   |   |   |
| 3   | 6   | 544 | GENEVIEVE TERRENCE CLAUDIUS     | PENAMPANG     | 8.58 m   q | 8.58 | 8.31 | 7.71 |   |   |   |
| 4   | 4   | 504 | SITI AISHAH ARFIANA BINTI ASMAT | PAPAR         | 8.43 m   q | 8.31 | 8.43 | 7.98 |   |   |   |
| 5   | 9   | 392 | SITI SUHANA BINTI SUHARDI       | KUNAK         | 8.08 m   q | 8.08 | 7.98 | 6.16 |   |   |   |
| 6   | 13  | 333 | CLARYSIA NITIP                  | KUALA PENYU   | 8.03 m     | X    | 8.03 | 7.66 |   |   |   |
| 7   | 3   | 303 | VANESSA SHAFIQA                 | KOTA KINABALU | 7.63 m     | 7.63 | X    | 7.15 |   |   |   |
| 8   | 5   | 419 | VIECA SHERRY JAMRY              | LAHAD DATU    | 7.47 m     | 7.20 | 7.47 | 6.77 |   |   |   |
| 9   | 8   | 261 | SARAH MANASHYE BINTI SENTI      | KOTA BELUD    | 7.07 m     | 7.07 | 6.93 | 7.01 |   |   |   |
| 10  | 10  | 459 | SHELVEYIA JOHN                  | MEMBAKUT      | 6.27 m     | 6.27 | 5.58 | 6.07 |   |   |   |
| 11  | 11  | 167 | DEVON VENNICECA BINTI KERUNOI   | KALABAKAN     | 5.26 m     | 5.18 | 5.26 | 4.53 |   |   |   |
| -   | 2   | 481 | GUINEVFYE ANAK HENRI            | NABAWAN       | DNS        |      |      |      |   |   |   |
| -   | 12  | 203 | VERRA STENELLA EBLE             | KENINGAU      | DNS        |      |      |      |   |   |   |



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|-----------------------------|---------|----------------------|--|--------------------------|-----------|-------------------------------------------------------------------------------------|
| NO ACARA : 305              |         | SEPARUH AKHIR        |  | 2 tempat teratas (Q) dan |           |  |
| ACARA : 100 m LARI BERPAGAR |         | WANITA               |  | 2 masa terbaik (q) layak |           |                                                                                     |
| SAGA                        | 15.15 s | AGNES LESCOIN PHILIP |  |                          | PENAMPANG | 2013                                                                                |
| SUKMA                       | 14.15 s | MOH SIEW WEI         |  |                          | PERAK     | 1998                                                                                |

SEPARUH AKHIR 1 / 3

| KED | LOR | BIB | NAMA                              | ANGIN = +1.4 m/s | PASUKAN    | MASA    |   |
|-----|-----|-----|-----------------------------------|------------------|------------|---------|---|
| 1   | 6   | 728 | ABERNETHA ELISSA TADIUS           |                  | TAMBUNAN   | 15.52 s | Q |
| 2   | 8   | 651 | VEERONICA SEIBIT                  |                  | RANAU      | 15.88 s | Q |
| 3   | 3   | 774 | NURELFIRA UMAIRA BINTI MOHD YUSUF |                  | TAWAU      | 17.16 s | q |
| 4   | 5   | 388 | SITI NUR QALESYAH BINTI ABDAHAN   |                  | KUNAK      | 18.00 s | q |
| 5   | 7   | 367 | CRALA ARRELL YEXSA ELVIRA         |                  | KUDAT      | 18.03 s |   |
| 6   | 4   | 478 | NUR ZAINAB BINTI ABD RAHIM        |                  | NABAWAN    | 18.92 s |   |
| 7   | 2   | 259 | ARIEL AUDREY ADDY                 |                  | KOTA BELUD | 19.00 s |   |

SEPARUH AKHIR 2 / 3

| KED | LOR | BIB | NAMA                              | ANGIN = 0 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|-----------------------------------|---------------|---------------|---------|---|
| 1   | 1   | 195 | CASSANDRA JOANNA PATRICK          |               | KENINGAU      | 15.74 s | Q |
| 2   | 2   | 298 | ELVIE BINTI LORIN                 |               | KOTA KINABALU | 17.33 s | Q |
| 3   | 8   | 661 | CONNILA BANIAU                    |               | RANAU         | 18.40 s |   |
| 4   | 6   | 449 | NURHAFIFAH ALIA BINTI AG KHALID   |               | MEMBAKUT      | 18.79 s |   |
| 5   | 4   | 547 | NINI KARLINA JOHANIS              |               | PENAMPANG     | 19.03 s |   |
| 6   | 5   | 503 | ANGEL LISA BINTI HERMAN           |               | PAPAR         | 19.85 s |   |
| 7   | 3   | 253 | SHERYNA NATASHA                   |               | KOTA BELUD    | 21.62 s |   |
| -   | 7   | 395 | ANDI NURATIQA SAIDAH BINTI NORDIN |               | KUNAK         | BATAL   |   |

SEPARUH AKHIR 3 / 3

| KED | LOR | BIB | NAMA                           | ANGIN = +1.2 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|--------------------------------|------------------|---------------|---------|---|
| 1   | 4   | 165 | NUR FATIHA NAJWA BINTI MAPIATI |                  | KALABAKAN     | 15.93 s | Q |
| 2   | 8   | 297 | SITI NURNATASYA BINTI ABDUL    |                  | KOTA KINABALU | 17.76 s | Q |
| 3   | 2   | 570 | MELC MARSYELLA JAMIL           |                  | PITAS         | 18.05 s |   |
| 4   | 7   | 546 | DANIELLA E'GEU CYRIL EDWARD    |                  | PENAMPANG     | 19.05 s |   |
| 5   | 6   | 704 | LOURENDINA LOUIS               |                  | SIPITANG      | 19.44 s |   |
| 6   | 5   | 450 | ARRISYA NAJWA BINTI ABD RASYID |                  | MEMBAKUT      | 20.30 s |   |
| -   | 3   | 202 | JOYCE ANN ROLAND               |                  | KENINGAU      | DNS     |   |

|                             |         |                        |  |                          |       |                                                                                       |
|-----------------------------|---------|------------------------|--|--------------------------|-------|---------------------------------------------------------------------------------------|
| NO ACARA : 306              |         | SEPARUH AKHIR          |  | 1 tempat teratas (Q) dan |       |  |
| ACARA : 110 m LARI BERPAGAR |         | LELAKI                 |  | 4 masa terbaik (q) layak |       |                                                                                       |
| SAGA                        | 15.21 s | MOHD SHAFIEE MUKAMAD   |  |                          | KUDAT | 2013                                                                                  |
| SUKMA                       | 14.10 s | RAYZAMSYAH WAN SOFFIAN |  |                          | SABAH | 2008                                                                                  |

SEPARUH AKHIR 1 / 4

| KED | LOR | BIB | NAMA                                    | ANGIN = +2.6 m/s | PASUKAN     | MASA    |   |
|-----|-----|-----|-----------------------------------------|------------------|-------------|---------|---|
| 1   | 7   | 337 | MOHAMMAD IZZ ZAIDI BIN JUNAIDAY         |                  | KUDAT       | 15.77 s | Q |
| 2   | 5   | 139 | MUHAMMAD ILHAM BIN JAFFAR               |                  | KALABAKAN   | 15.98 s | q |
| 3   | 2   | 306 | BOENANJAVISTA BOLMIN                    |                  | KOTA MARUDU | 16.23 s | q |
| 4   | 4   | 834 | AARON MACLEE HERMON                     |                  | TUARAN      | 17.05 s |   |
| 5   | 6   | 486 | MUHAMMAD HILAL NAZMI BIN OMAR SHA LUKUH |                  | PAPAR       | 18.81 s |   |
| -   | 1   | 170 | RIO NELL ERRON OJELLA                   |                  | KENINGAU    | DNF     |   |
| -   | 3   | 509 | AWEL ALEX                               |                  | PENAMPANG   | DNF     |   |

SEPARUH AKHIR 2 / 4

| KED | LOR | BIB | NAMA                            | ANGIN = +1.3 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|---------------------------------|------------------|---------------|---------|---|
| 1   | 6   | 600 | ELVIN ESAK                      |                  | RANAU         | 15.96 s | Q |
| 2   | 8   | 171 | REINHARD EZRA CHRISTOPHER CHIN  |                  | KENINGAU      | 16.26 s | q |
| 3   | 3   | 231 | MOHAMAD AIDIL MUNNAWAR FIKRI    |                  | KOTA BELUD    | 16.69 s |   |
| 4   | 4   | 733 | IRFANSAHZREEN BIN ISKANDAR      |                  | TAWAU         | 17.24 s |   |
| 5   | 7   | 782 | MAXWELL RYAN GAWOK              |                  | TENOM         | 17.85 s |   |
| 6   | 5   | 268 | DEVEAN ALOYSIUS                 |                  | KOTA KINABALU | 18.03 s |   |
| -   | 2   | 210 | MUHAMMAD SYUKRIN SYAH BIN ISMUN |                  | KINABATANGAN  | DNS     |   |

SEPARUH AKHIR 3 / 4

| KED | LOR | BIB | NAMA                          | ANGIN = -0.3 m/s | PASUKAN    | MASA    |   |
|-----|-----|-----|-------------------------------|------------------|------------|---------|---|
| 1   | 3   | 398 | MUHAMAD FAZRUL NIZAM BIN AJAH |                  | LAHAD DATU | 16.24 s | Q |
| 2   | 5   | 487 | RICO ANDREW                   |                  | PAPAR      | 17.14 s |   |
| 3   | 6   | 835 | MUHAMMAD FAZWAN BIN ZULFEKAR  |                  | TUARAN     | 17.47 s |   |
| 4   | 4   | 711 | RYNIER ISAAC HARRY            |                  | TAMBUNAN   | 17.61 s |   |
| -   | 7   | 237 | EUGENE PETRUS MASLIN          |                  | KOTA BELUD | DNF     |   |



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**SEPARUH AKHIR 4 / 4**

| KED | LOR | BIB | NAMA                                    | ANGIN = +1.5 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|-----------------------------------------|------------------|---------------|---------|---|
| 1   | 7   | 601 | MOHAMMAD HAIKAL BIN PASILIN             |                  | RANAU         | 16.58 s | Q |
| 2   | 3   | 783 | JACK ALSON MACAULY MARKUS               |                  | TENOM         | 16.68 s | q |
| 3   | 6   | 140 | MUHAMMAD HAZEEQ MU'IZZUDEEN BIN MAURICE |                  | KALABAKAN     | 17.86 s |   |
| 4   | 8   | 267 | ARIF AIDIN BIN ASRI                     |                  | KOTA KINABALU | 18.19 s |   |
| 5   | 4   | 307 | RANN JEPLY                              |                  | KOTA MARUDU   | 19.08 s |   |
| -   | 5   | 464 | LEONADO AZLAN                           |                  | NABAWAN       | BATAL   |   |

NO ACARA : 307

ACARA : 200 m

SARINGAN  
WANITA

4 tempat teratas (Q) dan  
4 masa terbaik (q) layak



|       |         |                               |       |      |
|-------|---------|-------------------------------|-------|------|
| SAGA  | 25.23 s | FATHIN FAQIHAH MOHD YUSOF     | TAWAU | 2013 |
| SUKMA | 24.31 s | NOOR EEWAN SYAFIAH MOHD SABRI | PERAK | 2016 |

**SARINGAN 1 / 5**

| KED | LOR | BIB | NAMA                                   | ANGIN = +4.4 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|----------------------------------------|------------------|---------------|---------|---|
| 1   | 6   | 855 | NIA JOVIC SUAN                         |                  | TUARAN        | 27.10 s | Q |
| 2   | 3   | 676 | NUR AZIQAH BINTI SAPRI                 |                  | SANDAKAN      | 27.28 s | Q |
| 3   | 4   | 253 | SHERYNA NATASHA                        |                  | KOTA BELUD    | 28.60 s | Q |
| 4   | 1   | 296 | VANESSA CHAI PEI PEI                   |                  | KOTA KINABALU | 29.05 s | Q |
| 5   | 8   | 756 | FARAH NATASHA BINTI FIRMAN ARDIYANSYAH |                  | TAWAU         | 29.30 s | q |
| 6   | 2   | 564 | SUZIANAH MADUSIN                       |                  | PITAS         | 29.41 s | q |
| 7   | 5   | 596 | BALQIS BINTI ABDUL SAMAD               |                  | PUTATAN       | 30.00 s |   |

**SARINGAN 2 / 5**

| KED | LOR | BIB | NAMA                                | ANGIN = +2.9 m/s | PASUKAN   | MASA    |   |
|-----|-----|-----|-------------------------------------|------------------|-----------|---------|---|
| 1   | 8   | 529 | SHAYNA HEATHER TAHING               |                  | PENAMPANG | 26.38 s | Q |
| 2   | 7   | 155 | NURUL SUHADA BINTI SULAIMAN         |                  | KALABAKAN | 28.68 s | Q |
| 3   | 6   | 567 | IIVY CASSANDRA RUJI                 |                  | PITAS     | 29.76 s | Q |
| 4   | 1   | 496 | LEEZ BRISCHELLY BIN LINUS           |                  | PAPAR     | 31.49 s | Q |
| 5   | 3   | 205 | RIKA KELLYVIANA FRANKIE             |                  | KENINGAU  | 31.50 s |   |
| 6   | 4   | 447 | DAYANG DIYANA BINTI AG ABDUL RAHMAN |                  | MEMBAKUT  | 33.23 s |   |
| -   | 5   | 636 | SHAKIRA NATASHYA                    |                  | RANAU     | BATAL   |   |

**SARINGAN 3 / 5**

| KED | LOR | BIB | NAMA                              | ANGIN = +1.6 m/s | PASUKAN      | MASA    |   |
|-----|-----|-----|-----------------------------------|------------------|--------------|---------|---|
| 1   | 3   | 414 | HANI JUWAIIRYAH BINTI YASMIN      |                  | LAHAD DATU   | 28.39 s | Q |
| 2   | 6   | 477 | NUR ALFERRA NISSA NORDYE          |                  | NABAWAN      | 28.55 s | Q |
| 3   | 2   | 351 | AUNI ALEESYA BTE ADAM             |                  | KUDAT        | 29.31 s | Q |
| 4   | 1   | 387 | NURHIDAYAH AKYSAH BINTI ARDITURAH |                  | KUNAK        | 29.86 s | Q |
| 5   | 7   | 593 | LYRA CRYSTA JANIUS                |                  | PUTATAN      | 30.17 s |   |
| 6   | 5   | 225 | FARAH DIBA ALYA BINTI BARDIN      |                  | KINABATANGAN | 31.25 s |   |
| 7   | 8   | 453 | ESTHER EJOH                       |                  | MEMBAKUT     | 32.47 s |   |

**SARINGAN 4 / 5**

| KED | LOR | BIB | NAMA                               | ANGIN = +2 m/s | PASUKAN       | MASA    |   |
|-----|-----|-----|------------------------------------|----------------|---------------|---------|---|
| 1   | 6   | 199 | SITI NUR NADIAH BINTI MOHAMMAD DIN |                | KENINGAU      | 27.11 s | Q |
| 2   | 4   | 221 | RIZKAH ABDULLAH                    |                | KINABATANGAN  | 27.37 s | Q |
| 3   | 1   | 294 | ARINISIA JEWAA                     |                | KOTA KINABALU | 28.85 s | Q |
| 4   | 7   | 413 | NURUL NAJWA BINTI JAINAL ABADIN    |                | LAHAD DATU    | 29.07 s | Q |
| 5   | 2   | 700 | LISADORA PATRICK FREDOLINE         |                | SIPITANG      | 29.14 s | q |
| 6   | 3   | 256 | NABILA RAHMADANI BINTI MOLI        |                | KOTA BELUD    | 29.79 s |   |
| -   | 8   | 534 | MARYSHA ASYERA ANAK AMBROSE CANNON |                | PENAMPANG     | DNS     |   |

**SARINGAN 5 / 5**

| KED | LOR | BIB | NAMA                               | ANGIN = +2.3 m/s | PASUKAN   | MASA    |   |
|-----|-----|-----|------------------------------------|------------------|-----------|---------|---|
| 1   | 4   | 852 | ESTHER JOANNE AILOS                |                  | TUARAN    | 26.09 s | Q |
| 2   | 7   | 159 | AYU NUR REBECCA BINTI NURMAN       |                  | KALABAKAN | 27.67 s | Q |
| 3   | 6   | 635 | KRISTINA LONJU                     |                  | RANAU     | 28.63 s | Q |
| 4   | 3   | 753 | NUR HIDAYAH BINTI JULZAIMEE        |                  | TAWAU     | 29.40 s | Q |
| 5   | 8   | 476 | SONNEA JENNEFER JIRON              |                  | NABAWAN   | 29.79 s | q |
| 6   | 2   | 824 | VALENTINE NATALIE BINTI RICKLY     |                  | TONGOD    | 29.81 s |   |
| 7   | 5   | 384 | NUR AISYAH ARYSA FATIAH BINTI JOHN |                  | KUNAK     | 29.98 s |   |
| 8   | 1   | 498 | DAYANG NUR ANNISA BINTI A. AZIZAN  |                  | PAPAR     | 30.67 s |   |



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|----------------|-----|---------|--------------------------------------------|------------------|--------------------------|------------|------|
| NO ACARA : 308 |     |         | SARANGAN                                   |                  | 3 tempat teratas (Q) dan |            |      |
| ACARA : 200 m  |     |         | LELAKI                                     |                  | 6 masa terbaik (q) layak |            |      |
| SAGA           |     | 22.09 s | MUHAMMAD DIN NORBIK                        |                  |                          | KOTA BELUD | 2017 |
| SUKMA          |     | 21.01 s | MUHAMMAD AQIL YASMIN                       |                  |                          | SELANGOR   | 2018 |
| SARANGAN 1 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +2.8 m/s | PASUKAN                  | MASA       |      |
| 1              | 8   | 710     | DEXTER BEDIE                               |                  | TAMBUNAN                 | 21.64 s    | Q    |
| 2              | 6   | 665     | MUHAMMAD ISYHAN BIN THOMAS                 |                  | SANDAKAN                 | 22.39 s    | Q    |
| 3              | 5   | 276     | BRANDON JON CHENG                          |                  | KOTA KINABALU            | 23.24 s    | Q    |
| 4              | 7   | 340     | CHRISTOPHER DANNY ANAK TODA                |                  | KUDAT                    | 23.79 s    | q    |
| 5              | 2   | 578     | ADAM IDRIS BIN AWANG JAIRI                 |                  | PUTATAN                  | 24.17 s    | q    |
| 6              | 4   | 490     | MUHAMAD ZARUL AMAR BIN NAIM                |                  | PAPAR                    | 28.14 s    |      |
| -              | 3   | 731     | HAFIZ SYAHAIRIL                            |                  | TAWAU                    | DNS        |      |
| SARANGAN 2 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +1.5 m/s | PASUKAN                  | MASA       |      |
| 1              | 5   | 507     | EDRICK FEIVEL FLORENTIUS                   |                  | PENAMPANG                | 22.42 s    | Q    |
| 2              | 8   | 833     | ADAM TAN CHEE HEONG                        |                  | TUARAN                   | 22.87 s    | Q    |
| 3              | 7   | 663     | MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF      |                  | SANDAKAN                 | 23.22 s    | Q    |
| 4              | 3   | 425     | MOHAMAD RAMADHAN BIN PUASA                 |                  | MEMBAKUT                 | 24.03 s    | q    |
| 5              | 4   | 372     | MOHAMAD FAUZI BIN SANI                     |                  | KUNAK                    | 24.19 s    | q    |
| 6              | 2   | 776     | VASCO VAN VELALIN                          |                  | TELUPID                  | 27.55 s    |      |
| -              | 6   | 811     | REY DERN                                   |                  | TONGOD                   | DNS        |      |
| SARANGAN 3 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +1.9 m/s | PASUKAN                  | MASA       |      |
| 1              | 8   | 144     | AKMAL RIZAL BIN ANDY REMY IHSAN            |                  | KALABAKAN                | 22.91 s    | Q    |
| 2              | 5   | 686     | MOHAMMAD AZRI BIN MOHAMMAD ABLI            |                  | SEMPORNA                 | 22.99 s    | Q    |
| 3              | 2   | 229     | RICHEWIN AMUNG HARRY                       |                  | KOTA BELUD               | 24.14 s    | Q    |
| 4              | 1   | 178     | CHARLES MCMARCEL MARTIN                    |                  | KENINGAU                 | 24.35 s    | q    |
| 5              | 6   | 208     | MOHAMMAD HUZAIRY ADAM SHAH BIN MAZLAN      |                  | KINABATANGAN             | 24.37 s    |      |
| 6              | 7   | 432     | DEXTER DON BIN JUMIN                       |                  | MEMBAKUT                 | 24.54 s    |      |
| 7              | 4   | 106     | MOHAMMAD SYAHMI BIN MOHAMMAD AZRIN         |                  | BEAUFORT                 | 24.97 s    |      |
| -              | 3   | 269     | YONG LEH                                   |                  | KOTA KINABALU            | DNS        |      |
| SARANGAN 4 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +2 m/s   | PASUKAN                  | MASA       |      |
| 1              | 7   | 230     | XIENHENRY JERRY                            |                  | KOTA BELUD               | 23.51 s    | Q    |
| 2              | 8   | 512     | MOHAMMAD RIDZUAN BIN MAHINDEE              |                  | PENAMPANG                | 23.93 s    | Q    |
| 3              | 3   | 331     | MUHAMMAD MURSUYID BIN AHADDUDIN @ MOHD ALI |                  | KUALA PENYU              | 24.14 s    | Q    |
| 4              | 5   | 211     | HENDRYASON BIN LISAN @ JUSRIN              |                  | KINABATANGAN             | 24.61 s    |      |
| 5              | 4   | 373     | SUPARDI BIN ABDUL SAMAD                    |                  | KUNAK                    | 25.20 s    |      |
| 6              | 2   | 143     | DAREN TAN                                  |                  | KALABAKAN                | 25.37 s    |      |
| -              | 6   | 577     | MOHAMMAD ZULKARNAIN IRFAN                  |                  | PUTATAN                  | DNS        |      |
| SARANGAN 5 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +3.8 m/s | PASUKAN                  | MASA       |      |
| 1              | 3   | 397     | MOHAMMAD ARIEF AIMAN                       |                  | LAHAD DATU               | 22.58 s    | Q    |
| 2              | 4   | 777     | JISROY BIN JOHANIS                         |                  | TELUPID                  | 23.08 s    | Q    |
| 3              | 7   | 737     | MOHAMAD FIKRI BIN HARUN                    |                  | TAWAU                    | 23.12 s    | Q    |
| 4              | 5   | 305     | EMAX LORAND LORIN                          |                  | KOTA MARUDU              | 24.59 s    |      |
| 5              | 2   | 109     | AIDAN IBRAHIM BIN MOHAMAT                  |                  | BEAUFORT                 | 24.90 s    |      |
| 6              | 6   | 553     | DENNI PO POMIN                             |                  | PITAS                    | 25.09 s    |      |
| -              | 8   | 599     | CARLSON CAMILUS                            |                  | RANAU                    | DNS        |      |
| SARANGAN 6 / 6 |     |         |                                            |                  |                          |            |      |
| KED            | LOR | BIB     | NAMA                                       | ANGIN = +1.4 m/s | PASUKAN                  | MASA       |      |
| 1              | 7   | 169     | MAX BENNEY PIUS                            |                  | KENINGAU                 | 22.92 s    | Q    |
| 2              | 8   | 396     | SOLEHUDDIN BIN RAZAK                       |                  | LAHAD DATU               | 23.61 s    | Q    |
| 3              | 4   | 814     | DILLON CHU PU YOUNG                        |                  | TONGOD                   | 24.05 s    | Q    |
| 4              | 5   | 688     | MUHAMMAD AQIL NAIL BIN SHARDI              |                  | SEMPORNA                 | 24.15 s    | q    |
| 5              | 3   | 485     | SYABIL HAIQAL                              |                  | PAPAR                    | 24.88 s    |      |
| 6              | 6   | 334     | AUDI SHAUQI SHAMIZAN BIN ADAM              |                  | KUDAT                    | 26.39 s    |      |
| 7              | 2   | 844     | IAN JOVIC SUAN                             |                  | TUARAN                   | 27.50 s    |      |
| -              | 1   | 310     | ETHANNIEL MOJUTAN                          |                  | KOTA MARUDU              | BATAL      |      |



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|---------------------|-----|---------|------------------------------------|------------|--------------------------|---------|------------|-------------------------------------------------------------------------------------|
| NO ACARA : 309      |     |         | SEPARUH AKHIR                      |            | 1 tempat teratas (Q) dan |         |            |  |
| ACARA : 400 m       |     |         | WANITA                             |            | 4 masa terbaik (q) layak |         |            |                                                                                     |
| SAGA                |     | 56.25 s | CHELSEA CASSIOPEA EVALI BOPULAS    |            |                          |         | TAWAU      | 2019                                                                                |
| SUKMA               |     | 54.47 s | SITI NUR AFIAQH ABDUL RAZAK        |            |                          |         | TERENGGANU | 2014                                                                                |
| SEPARUH AKHIR 1 / 4 |     |         |                                    |            |                          |         |            |                                                                                     |
| KED                 | LOR | BIB     | NAMA                               | PASUKAN    |                          | MASA    |            |                                                                                     |
| 1                   | 4   | 199     | SITI NUR NADIAH BINTI MOHAMMAD DIN | KENINGAU   |                          | 64.33 s | Q          |                                                                                     |
| 2                   | 7   | 858     | JOEIVIVIEAN JAMSON                 | TUARAN     |                          | 64.60 s | q          |                                                                                     |
| 3                   | 2   | 703     | LYNEDIONA PATRICK FREDOLINE        | SIPITANG   |                          | 66.86 s |            |                                                                                     |
| 4                   | 3   | 161     | GOLARIA EILISCA JOENEH             | KALABAKAN  |                          | 69.76 s |            |                                                                                     |
| 5                   | 5   | 567     | IIVY CASSANDRA RUJI                | PITAS      |                          | 75.36 s |            |                                                                                     |
| 6                   | 8   | 761     | NURKHAIRUNNISYA BINTI BASRAN       | TAWAU      |                          | 84.70 s |            |                                                                                     |
| SEPARUH AKHIR 2 / 4 |     |         |                                    |            |                          |         |            |                                                                                     |
| KED                 | LOR | BIB     | NAMA                               | PASUKAN    |                          | MASA    |            |                                                                                     |
| 1                   | 4   | 636     | SHAKIRA NATASHYA                   | RANAU      |                          | 64.78 s | Q          |                                                                                     |
| 2                   | 2   | 535     | VALDAMAE OROW                      | PENAMPANG  |                          | 65.02 s | q          |                                                                                     |
| 3                   | 8   | 159     | AYU NUR REBECCA BINTI NURMAN       | KALABAKAN  |                          | 68.13 s |            |                                                                                     |
| 4                   | 7   | 781     | CASSANDRA GLENN MASDI              | TELUPID    |                          | 68.49 s |            |                                                                                     |
| 5                   | 3   | 200     | MARLENCIA UNNIS                    | KENINGAU   |                          | 68.66 s |            |                                                                                     |
| 6                   | 1   | 681     | MARTINA BINTI JAMAL                | SANDAKAN   |                          | 72.62 s |            |                                                                                     |
| 7                   | 6   | 256     | NABILA RAHMADANI BINTI MOLI        | KOTA BELUD |                          | 77.08 s |            |                                                                                     |
| 8                   | 5   | 502     | EMYLDA RICHAN                      | PAPAR      |                          | 82.30 s |            |                                                                                     |
| SEPARUH AKHIR 3 / 4 |     |         |                                    |            |                          |         |            |                                                                                     |
| KED                 | LOR | BIB     | NAMA                               | PASUKAN    |                          | MASA    |            |                                                                                     |
| 1                   | 7   | 866     | JUNILY BEATLY BAKING               | TUARAN     |                          | 67.05 s | Q          |                                                                                     |
| 2                   | 5   | 390     | PUTRI LIYANA BINTI SAFIE           | KUNAK      |                          | 68.83 s |            |                                                                                     |
| 3                   | 2   | 479     | ELISSIEBALL BINTI JONAL            | NABAWAN    |                          | 72.42 s |            |                                                                                     |
| 4                   | 6   | 499     | LEONNAVERA RICA BINTI LOJIVIS      | PAPAR      |                          | 74.69 s |            |                                                                                     |
| 5                   | 8   | 760     | HASRIANA BINTI HERMAN              | TAWAU      |                          | 75.88 s |            |                                                                                     |
| 6                   | 3   | 456     | SHERLEEN BINTI JASTEN              | MEMBAKUT   |                          | 83.51 s |            |                                                                                     |
| -                   | 4   | 593     | LYRA CRYSTA JANUIS                 | PUTATAN    |                          | DNF     |            |                                                                                     |
| SEPARUH AKHIR 4 / 4 |     |         |                                    |            |                          |         |            |                                                                                     |
| KED                 | LOR | BIB     | NAMA                               | PASUKAN    |                          | MASA    |            |                                                                                     |
| 1                   | 2   | 701     | PRISCELLONA GRACE KIFLI @ HAILARY  | SIPITANG   |                          | 61.25 s | Q          |                                                                                     |
| 2                   | 3   | 650     | ZIRAH BINTI ALBERT                 | RANAU      |                          | 65.39 s | q          |                                                                                     |
| 3                   | 4   | 724     | DAELCEE CHEALCY PIUS               | TAMBUNAN   |                          | 66.43 s | q          |                                                                                     |
| 4                   | 5   | 596     | BALQIS BINTI ABDUL SAMAD           | PUTATAN    |                          | 68.27 s |            |                                                                                     |
| 5                   | 6   | 682     | SHERMIA BINTI MIASIN               | SANDAKAN   |                          | 69.52 s |            |                                                                                     |
| 6                   | 7   | 414     | HANI JUWAIIRYAH BINTI YASMIN       | LAHAD DATU |                          | 72.81 s |            |                                                                                     |
| -                   | 1   | 385     | NORHAFIEZA BINTI YAKUB             | KUNAK      |                          | DNS     |            |                                                                                     |
| -                   | 8   | 534     | MARYSHA ASYERA ANAK AMBROSE CANNON | PENAMPANG  |                          | DNS     |            |                                                                                     |

|                     |     |         |                                          |               |  |                          |              |                                                                                       |
|---------------------|-----|---------|------------------------------------------|---------------|--|--------------------------|--------------|---------------------------------------------------------------------------------------|
| NO ACARA : 310      |     |         |                                          | SEPARUH AKHIR |  | 2 tempat teratas (Q) dan |              |  |
| ACARA : 400 m       |     |         |                                          | LELAKI        |  | 2 masa terbaik (q) layak |              |                                                                                       |
| SAGA                |     | 49.58 s | ANCHOIS ARON                             |               |  |                          | KENINGAU     | 2011                                                                                  |
| SUKMA               |     | 47.02 s | MUHAMMAD ILHAM SUHAIMI                   |               |  |                          | SELANGOR     | 2018                                                                                  |
| SEPARUH AKHIR 1 / 3 |     |         |                                          |               |  |                          |              |                                                                                       |
| KED                 | LOR | BIB     | NAMA                                     |               |  |                          | PASUKAN      | MASA                                                                                  |
| 1                   | 7   | 330     | MUHAMMAD KHALIL BIN HELMI                |               |  |                          | KUALA PENYU  | 50.54 s Q                                                                             |
| 2                   | 5   | 174     | AUBREY ARON                              |               |  |                          | KENINGAU     | 51.79 s Q                                                                             |
| 3                   | 3   | 147     | MUHAMMAD FIRDAUS BIN DARUS SALAM         |               |  |                          | KALABAKAN    | 51.94 s q                                                                             |
| 4                   | 2   | 690     | MUHAMMAD MUQZAIYR BIN MAHAJODA           |               |  |                          | SEMPORNA     | 52.92 s                                                                               |
| 5                   | 6   | 619     | AFIF ASYRAAF BIN AZMI                    |               |  |                          | RANAU        | 54.25 s                                                                               |
| 6                   | 1   | 208     | MOHAMMAD HUZAIRY ADAM SHAH BIN MAZLAN    |               |  |                          | KINABATANGAN | 56.00 s                                                                               |
| 7                   | 8   | 404     | MOHAMMAD NAZHLEE BIN MANING              |               |  |                          | LAHAD DATU   | 56.81 s                                                                               |
| 8                   | 4   | 310     | ETHANNIEL MOJUTAN                        |               |  |                          | KOTA MARUDU  | 59.27 s                                                                               |
| SEPARUH AKHIR 2 / 3 |     |         |                                          |               |  |                          |              |                                                                                       |
| KED                 | LOR | BIB     | NAMA                                     |               |  |                          | PASUKAN      | MASA                                                                                  |
| 1                   | 8   | 844     | IAN JOVIC SUAN                           |               |  |                          | TUARAN       | 52.44 s Q                                                                             |
| 2                   | 1   | 517     | MOHAMAD RAZY HAFIZUL BIN MOHAMAD         |               |  |                          | PENAMPANG    | 53.15 s Q                                                                             |
| 3                   | 7   | 183     | JENDRRYSON TAKIUS                        |               |  |                          | KENINGAU     | 53.43 s                                                                               |
| 4                   | 5   | 145     | KASHMEER BIN SAMSURI                     |               |  |                          | KALABAKAN    | 53.97 s                                                                               |
| 5                   | 4   | 667     | MUHAMMAD MUZAFFAR SHAH BIN ABDUL SAHIDIU |               |  |                          | SANDAKAN     | 54.45 s                                                                               |
| 6                   | 6   | 468     | SELINUS MEGNUS SAILAM                    |               |  |                          | NABAWAN      | 54.76 s                                                                               |
| 7                   | 2   | 332     | ZACHARY EINSTEIN HENRY                   |               |  |                          | KUALA PENYU  | 55.10 s                                                                               |
| 8                   | 3   | 778     | MUHAMAD FARISH RIEZUAN BIN WELTER        |               |  |                          | TELUPID      | 56.05 s                                                                               |



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**SEPARUH AKHIR 3 / 3**

| KED | LOR | BIB | NAMA                         | PASUKAN       | MASA    |   |
|-----|-----|-----|------------------------------|---------------|---------|---|
| 1   | 7   | 670 | MUHAMMAD FAHAMI BIN SAMSUDIN | SANDAKAN      | 51.72 s | Q |
| 2   | 5   | 467 | IDWINE IDRIS                 | NABAWAN       | 52.43 s | Q |
| 3   | 6   | 519 | WILLIAM WALTER               | PENAMPANG     | 52.71 s | q |
| 4   | 4   | 435 | MUHAMMAD NAFFIE BIN ALGABI   | MEMBAKUT      | 54.16 s |   |
| 5   | 8   | 311 | AZLEY JUISLIE                | KOTA MARUDU   | 55.87 s |   |
| 6   | 2   | 279 | ARIZ AIMA BIN ASRI           | KOTA KINABALU | 57.64 s |   |
| 7   | 1   | 689 | BASSIRIL BIN TAKBIRUL        | SEMPORNA      | 58.30 s |   |
| 8   | 3   | 737 | MOHAMAD FIKRI BIN HARUN      | TAWAU         | 70.85 s |   |

NO ACARA : 311

ACARA : 100 m LARI BERPAGAR

AKHIR  
WANITA



|       |         |                      |           |      |
|-------|---------|----------------------|-----------|------|
| SAGA  | 15.15 s | AGNES LESCOIN PHILIP | PENAMPANG | 2013 |
| SUKMA | 14.15 s | MOH SIEW WEI         | PERAK     | 1998 |

| KED | LOR | BIB | NAMA                              | ANGIN = +1.6 m/s | PASUKAN       | MASA    |    |
|-----|-----|-----|-----------------------------------|------------------|---------------|---------|----|
| 1   | 4   | 728 | ABERNETHA ELISSA TADIUS           |                  | TAMBUNAN      | 14.96 s | RB |
| 2   | 5   | 651 | VEERONICA SEIBIT                  |                  | RANAU         | 15.49 s |    |
| 3   | 3   | 195 | CASSANDRA JOANNA PATRICK          |                  | KENINGAU      | 15.59 s |    |
| 4   | 6   | 165 | NUR FATIHA NAJWA BINTI MAPIATI    |                  | KALABAKAN     | 16.09 s |    |
| 5   | 1   | 774 | NURELFIRA UMAIRA BINTI MOHD YUSUF |                  | TAWAU         | 17.15 s |    |
| 6   | 2   | 297 | SITI NURNATASYA BINTI ABDUL       |                  | KOTA KINABALU | 17.77 s |    |
| 7   | 8   | 388 | SITI NUR QALESYAH BINTI ABDAHAN   |                  | KUNAK         | 17.77 s |    |
| 8   | 7   | 298 | ELVIE BINTI LORIN                 |                  | KOTA KINABALU | 17.80 s |    |

NO ACARA : 312

ACARA : 110 m LARI BERPAGAR

AKHIR  
LELAKI



|       |         |                        |       |      |
|-------|---------|------------------------|-------|------|
| SAGA  | 15.21 s | MOHD SHAFIEE MUKAMAD   | KUDAT | 2013 |
| SUKMA | 14.10 s | RAYZAMSYAH WAN SOFFIAN | SABAH | 2008 |

| KED | LOR | BIB | NAMA                            | ANGIN = +2.1 m/s | PASUKAN     | MASA    |  |
|-----|-----|-----|---------------------------------|------------------|-------------|---------|--|
| 1   | 3   | 337 | MOHAMMAD IZZ ZAIDI BIN JUNAIDAY |                  | KUDAT       | 15.51 s |  |
| 2   | 7   | 139 | MUHAMMAD ILHAM BIN JAFFAR       |                  | KALABAKAN   | 15.52 s |  |
| 3   | 5   | 398 | MUHAMAD FAZRUL NIZAM BIN AJAH   |                  | LAHAD DATU  | 15.82 s |  |
| 4   | 4   | 600 | ELVIN ESAK                      |                  | RANAU       | 15.87 s |  |
| 5   | 8   | 171 | REINHARD EZRA CHRISTOPHER CHIN  |                  | KENINGAU    | 16.07 s |  |
| 6   | 2   | 306 | BOENANJAVISTA BOLMIN            |                  | KOTA MARUDU | 16.26 s |  |
| 7   | 6   | 601 | MOHAMMAD HAIKAL BIN PASILIN     |                  | RANAU       | 16.31 s |  |
| 8   | 1   | 783 | JACK ALSON MACAULY MARKUS       |                  | TENOM       | 16.74 s |  |

NO ACARA : 313

ACARA : LOMPAT KIJANG

KELAYAKAN  
LELAKI

Had kelayakan 14.10 m (Q) atau  
minimum 12 (q) orang layak



|       |         |                             |              |      |
|-------|---------|-----------------------------|--------------|------|
| SAGA  | 15.13 m | MUHAMMAD SUNIK BIN MUSLIMIN | KINABATANGAN | 2019 |
| SUKMA | 15.91 m | ANDRE ANURA @ ANUAR         | SABAH        | 2018 |

**KELAYAKAN 1 / 2**

| KED | GIL | BIB | NAMA                                   | PASUKAN       | JARAK        | 1               | 2               | 3               | 4 | 5 | 6 |
|-----|-----|-----|----------------------------------------|---------------|--------------|-----------------|-----------------|-----------------|---|---|---|
| 1   | 5   | 842 | ELJOE GOTUOH                           | TUARAN        | 14.16 m<br>Q | X<br>(+1.1)     | X<br>(0.0)      | 14.16<br>(-0.7) |   |   |   |
| 2   | 8   | 494 | BRYAN BERNARD                          | PAPAR         | 13.68 m<br>q | 13.38<br>(-0.5) | X<br>(+0.4)     | 13.68<br>(+0.4) |   |   |   |
| 3   | 9   | 714 | MARK PALADIUS                          | TAMBUNAN      | 13.64 m<br>q | X<br>(+0.1)     | 13.64<br>(-2.8) | X<br>(+0.1)     |   |   |   |
| -   | 1   | 349 | YEHZECHALYEEN RINOL                    | KUDAT         | NM           | X<br>(0.0)      | X<br>(-1.5)     | X<br>(+0.5)     |   |   |   |
| -   | 2   | 218 | DANISH HAMIZAN BIN TAKKO               | KINABATANGAN  | NM           | X<br>(-0.1)     | X<br>(+0.5)     | X<br>(-2.2)     |   |   |   |
| -   | 3   | 442 | AHMAD ZARIF ZUFAYRI BIN ZAINAL ARIFFIN | MEMBAKUT      | NM           | X<br>(-0.5)     | X<br>(-1.1)     | X<br>(-1.0)     |   |   |   |
| -   | 4   | 583 | MUHAMMAD LUQMAN BIN ABDUL SAID         | PUTATAN       | DNS          |                 |                 |                 |   |   |   |
| -   | 6   | 248 | ALEXROY LANTING                        | KOTA BELUD    | DNS          |                 |                 |                 |   |   |   |
| -   | 7   | 184 | ALEKSUAN TIKOL                         | KENINGAU      | NM           | X<br>(+1.1)     | -               | -               |   |   |   |
| -   | 10  | 624 | DAVLEY MARCUSE                         | RANAU         | NM           | X<br>(-0.1)     | X<br>(-0.9)     | X<br>(-1.4)     |   |   |   |
| -   | 11  | 697 | ERIJIMIKLEY RIKIN                      | SIPITANG      | NM           | X<br>(-0.9)     | X<br>(-1.4)     | X<br>(+1.8)     |   |   |   |
| -   | 12  | 289 | MUHD SHAFIE'E SHAHDAN BIN ABDUL KARIM  | KOTA KINABALU | NM           | X<br>(-0.4)     | X<br>(-2.1)     | X<br>(-0.6)     |   |   |   |



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| KELAYAKAN 2 / 2 |     |     |                                      |               |              |                 |                 |             |   |   |   |
|-----------------|-----|-----|--------------------------------------|---------------|--------------|-----------------|-----------------|-------------|---|---|---|
| KED             | GIL | BIB | NAMA                                 | PASUKAN       | JARAK        | 1               | 2               | 3           | 4 | 5 | 6 |
| 1               | 6   | 818 | CISSE PAUL                           | TONGOD        | 13.57 m<br>q | 13.52<br>(-2.8) | 13.57<br>(-1.4) |             |   |   |   |
| 2               | 12  | 747 | MUHAMAD HAFIZUL HAKIM                | TAWAU         | 13.05 m<br>q | 13.05<br>(-1.9) | 13.04<br>(-1.4) | X<br>(-1.2) |   |   |   |
| -               | 1   | 592 | MAVERICK VONOD ROGER                 | PUTATAN       | NM           | X<br>(-2.8)     | X<br>(-1.5)     | X<br>(-1.0) |   |   |   |
| -               | 2   | 187 | MUHAMMAD FITRI NURHAN BIN SYAMSUDDIN | KENINGAU      | DNS          |                 |                 |             |   |   |   |
| -               | 3   | 626 | BENNY JOENYER LUCAN                  | RANAU         | NM           | X<br>(-1.4)     | X<br>(-1.7)     | X<br>(-1.0) |   |   |   |
| -               | 4   | 348 | RYAN PASKA                           | KUDAT         | NM           | X<br>(-1.2)     | X<br>(-1.7)     | X<br>(-2.0) |   |   |   |
| -               | 5   | 698 | MUHAMMAD AIMAN BIN RUSLI             | SIPITANG      | DNS          |                 |                 |             |   |   |   |
| -               | 7   | 287 | SIMSON PERES NIM SO                  | KOTA KINABALU | NM           | X<br>(-2.6)     | X<br>(-2.5)     | X<br>(-2.1) |   |   |   |
| -               | 8   | 716 | RANTO JUNIOR ROBERT                  | TAMBUNAN      | NM           | X<br>(-2.8)     | X<br>(-2.3)     | X<br>(-0.2) |   |   |   |
| -               | 9   | 250 | ADDER PANSIE EFANDI                  | KOTA BELUD    | DNS          |                 |                 |             |   |   |   |
| -               | 10  | 217 | MUHAMMAD AZRUL HAKIMI BIN AZALEE     | KINABATANGAN  | NM           | X<br>(-1.2)     | X<br>(-0.7)     | X<br>(-1.0) |   |   |   |
| -               | 11  | 432 | DEXTER DON BIN JUMIN                 | MEMBAKUT      | DNS          |                 |                 |             |   |   |   |
| -               | 13  | 668 | AARON GIGGS ANTONY                   | SANDAKAN      | DNS          |                 |                 |             |   |   |   |

|                |         |                               |  |                          |       |                                                                                     |
|----------------|---------|-------------------------------|--|--------------------------|-------|-------------------------------------------------------------------------------------|
| NO ACARA : 316 |         | SEPARUH AKHIR                 |  | 2 tempat teratas (Q) dan |       |  |
| ACARA : 200 m  |         | WANITA                        |  | 2 masa terbaik (q) layak |       |                                                                                     |
| SAGA           | 25.23 s | FATHIN FAQIHAH MOHD YUSOF     |  |                          | TAWAU | 2013                                                                                |
| SUKMA          | 24.31 s | NOOR EEWAN SYAFIAH MOHD SABRI |  |                          | PERAK | 2016                                                                                |

| SEPARUH AKHIR 1 / 3 |     |     |                                   |                  |               |         |
|---------------------|-----|-----|-----------------------------------|------------------|---------------|---------|
| KED                 | LOR | BIB | NAMA                              | ANGIN = +1.6 m/s | PASUKAN       | MASA    |
| 1                   | 6   | 852 | ESTHER JOANNE AILOS               |                  | TUARAN        | 25.89 s |
| 2                   | 5   | 221 | RIZKAH ABDULLAH                   |                  | KINABATANGAN  | 26.87 s |
| 3                   | 7   | 676 | NUR AZIQAH BINTI SAPRI            |                  | SANDAKAN      | 27.99 s |
| 4                   | 4   | 635 | KRISTINA LONJU                    |                  | RANAU         | 28.57 s |
| 5                   | 8   | 294 | ARINISIA JEWIA                    |                  | KOTA KINABALU | 28.84 s |
| 6                   | 2   | 476 | SONNEA JENNEFER JIRON             |                  | NABAWAN       | 29.20 s |
| 7                   | 3   | 753 | NUR HIDAYAH BINTI JULZAIMEE       |                  | TAWAU         | 29.43 s |
| 8                   | 1   | 387 | NURHIDAYAH AKYSAH BINTI ARDITURAH |                  | KUNAK         | 30.00 s |

| SEPARUH AKHIR 2 / 3 |     |     |                              |                  |               |         |
|---------------------|-----|-----|------------------------------|------------------|---------------|---------|
| KED                 | LOR | BIB | NAMA                         | ANGIN = +0.3 m/s | PASUKAN       | MASA    |
| 1                   | 5   | 529 | SHAYNA HEATHER TAHING        |                  | PENAMPANG     | 26.64 s |
| 2                   | 6   | 159 | AYU NUR REBECCA BINTI NURMAN |                  | KALABAKAN     | 27.51 s |
| 3                   | 4   | 253 | SHERYNA NATASHA              |                  | KOTA BELUD    | 28.39 s |
| 4                   | 7   | 414 | HANI JUWAIIRYAH BINTI YASMIN |                  | LAHAD DATU    | 28.53 s |
| 5                   | 3   | 296 | VANESSA CHAI PEI PEI         |                  | KOTA KINABALU | 29.19 s |
| 6                   | 8   | 351 | AUNI ALEESYA BTE ADAM        |                  | KUDAT         | 29.54 s |
| 7                   | 1   | 564 | SUZIANAH MADUSIN             |                  | PITAS         | 29.72 s |
| 8                   | 2   | 496 | LEEZ BRISCHELLY BIN LINUS    |                  | PAPAR         | 31.44 s |

| SEPARUH AKHIR 3 / 3 |     |     |                                        |                  |            |         |
|---------------------|-----|-----|----------------------------------------|------------------|------------|---------|
| KED                 | LOR | BIB | NAMA                                   | ANGIN = +1.3 m/s | PASUKAN    | MASA    |
| 1                   | 7   | 199 | SITI NUR NADIAH BINTI MOHAMMAD DIN     |                  | KENINGAU   | 26.85 s |
| 2                   | 6   | 855 | NIA JOVIC SUAN                         |                  | TUARAN     | 27.19 s |
| 3                   | 5   | 477 | NUR ALFERRA NISSA NORDYE               |                  | NABAWAN    | 28.76 s |
| 4                   | 4   | 155 | NURUL SUHADA BINTI SULAIMAN            |                  | KALABAKAN  | 28.78 s |
| 5                   | 8   | 413 | NURUL NAJWA BINTI JAINAL ABADIN        |                  | LAHAD DATU | 28.87 s |
| 6                   | 2   | 756 | FARAH NATASHA BINTI FIRMAN ARDIYANSYAH |                  | TAWAU      | 29.52 s |
| 7                   | 3   | 567 | IIVY CASSANDRA RUJI                    |                  | PITAS      | 30.07 s |
| -                   | 1   | 700 | LISADORA PATRICK FREDOLINE             |                  | SIPITANG   | BATAL   |



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|---------------------|-----|---------|-------------------------------------------|------------------|--------------------------|------------|------|
| NO ACARA : 317      |     |         | SEPARUH AKHIR                             |                  | 2 tempat teratas (Q) dan |            |      |
| ACARA : 200 m       |     |         | LELAKI                                    |                  | 2 masa terbaik (q) layak |            |      |
| SAGA                |     | 22.09 s | MUHAMMAD DIN NORBIK                       |                  |                          | KOTA BELUD | 2017 |
| SUKMA               |     | 21.01 s | MUHAMMAD AQIL YASMIN                      |                  |                          | SELANGOR   | 2018 |
| SEPARUH AKHIR 1 / 3 |     |         |                                           |                  |                          |            |      |
| KED                 | LOR | BIB     | NAMA                                      | ANGIN = +0.6 m/s | PASUKAN                  | MASA       |      |
| 1                   | 5   | 710     | DEXTER BEDIE                              |                  | TAMBUNAN                 | 22.06 s    | Q RB |
| 2                   | 7   | 665     | MUHAMMAD ISYHAN BIN THOMAS                |                  | SANDAKAN                 | 22.40 s    | Q    |
| 3                   | 4   | 737     | MOHAMAD FIKRI BIN HARUN                   |                  | TAWAU                    | 23.01 s    |      |
| 4                   | 6   | 230     | XIENHENRY JERRY                           |                  | KOTA BELUD               | 23.38 s    |      |
| 5                   | 1   | 340     | CHRISTOPHER DANNY ANAK TODA               |                  | KUDAT                    | 23.64 s    |      |
| 6                   | 3   | 512     | MOHAMMAD RIDZUAN BIN MAHINDEE             |                  | PENAMPANG                | 23.70 s    |      |
| 7                   | 8   | 331     | MUHAMMAD MURSYID BIN AHADDUDIN @ MOHD ALI |                  | KUALA PENYU              | 23.91 s    |      |
| 8                   | 2   | 178     | CHARLES MCMARCEL MARTIN                   |                  | KENINGAU                 | 24.91 s    |      |
| SEPARUH AKHIR 2 / 3 |     |         |                                           |                  |                          |            |      |
| KED                 | LOR | BIB     | NAMA                                      | ANGIN = +1.3 m/s | PASUKAN                  | MASA       |      |
| 1                   | 7   | 507     | EDRICK FEIVEL FLORENTIUS                  |                  | PENAMPANG                | 22.15 s    | Q    |
| 2                   | 5   | 833     | ADAM TAN CHEE HEONG                       |                  | TUARAN                   | 22.44 s    | Q    |
| 3                   | 6   | 169     | MAX BENNEY PIUS                           |                  | KENINGAU                 | 22.62 s    | q    |
| 4                   | 4   | 663     | MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF     |                  | SANDAKAN                 | 23.03 s    |      |
| 5                   | 3   | 396     | SOLEHUDDIN BIN RAZAK                      |                  | LAHAD DATU               | 23.68 s    |      |
| 6                   | 2   | 372     | MOHAMAD FAUZI BIN SANI                    |                  | KUNAK                    | 23.82 s    |      |
| 7                   | 1   | 688     | MUHAMMAD AQIL NAIL BIN SHARDI             |                  | SEMPORNA                 | 24.47 s    |      |
| -                   | 8   | 229     | RICHEWIN AMUNG HARRY                      |                  | KOTA BELUD               | DNS        |      |
| SEPARUH AKHIR 3 / 3 |     |         |                                           |                  |                          |            |      |
| KED                 | LOR | BIB     | NAMA                                      | ANGIN = +3.5 m/s | PASUKAN                  | MASA       |      |
| 1                   | 5   | 397     | MOHAMMAD ARIEF AIMAN                      |                  | LAHAD DATU               | 21.68 s    | Q    |
| 2                   | 7   | 686     | MOHAMMAD AZRI BIN MOHAMMAD ABLI           |                  | SEMPORNA                 | 22.32 s    | Q    |
| 3                   | 6   | 144     | AKMAL RIZAL BIN ANDY REMY IHSAN           |                  | KALABAKAN                | 22.62 s    | q    |
| 4                   | 3   | 777     | JISROY BIN JOHANIS                        |                  | TELUPID                  | 22.63 s    |      |
| 5                   | 4   | 276     | BRANDON JON CHENG                         |                  | KOTA KINABALU            | 23.44 s    |      |
| 6                   | 8   | 814     | DILLON CHU PU YOUNG                       |                  | TONGOD                   | 23.78 s    |      |
| 7                   | 1   | 425     | MOHAMAD RAMADHAN BIN PUASA                |                  | MEMBAKUT                 | 24.19 s    |      |
| -                   | 2   | 578     | ADAM IDRIS BIN AWANG JAIRI                |                  | PUTATAN                  | DNS        |      |

|                     |     |             |                                                                                                                                                 |               |                          |            |      |
|---------------------|-----|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------|--------------------------|------------|------|
| NO ACARA : 318      |     |             | SEPARUH AKHIR                                                                                                                                   |               | 2 tempat teratas (Q) dan |            |      |
| ACARA : 4 x 400 m   |     |             | WANITA                                                                                                                                          |               | 2 masa terbaik (q) layak |            |      |
| SAGA                |     | 4 m 02.71 s | QUARTERT TAWAU                                                                                                                                  |               |                          | TAWAU      | 2013 |
| SUKMA               |     | 3 m 49.45 s | SITI NUR,LAYALIA,NUR FARAHANA,NUR HAFIZ                                                                                                         |               |                          | TERENGGANU | 2014 |
| SEPARUH AKHIR 1 / 3 |     |             |                                                                                                                                                 |               |                          |            |      |
| KED                 | LOR | BIB         | NAMA                                                                                                                                            | PASUKAN       | MASA                     |            |      |
| 1                   | 3   | RN          | 1 650 ZIRAH BINTI ALBERT<br>2 636 SHAKIRA NATASHYA<br>3 647 NATASYA ALEYA BINTI HYENDY<br>4 651 VEERONICA SEIBIT                                | RANAU         | 4 : 24.67 s              | Q          |      |
| 2                   | 6   | KK          | 1 294 ARINISIA JEWAA<br>2 299 NASWIANI BINTI NASRIN<br>3 298 ELVIE BINTI LORIN<br>4 300 DAYANG DAMIA HEIDI BINTI ROSLEE                         | KOTA KINABALU | 4 : 50.56 s              | Q          |      |
| 3                   | 1   | PR          | 1 502 EMYLDA RICHAN<br>2 498 DAYANG NUR ANNISA BINTI A. AZIZAN<br>3 503 ANGEL LISA BINTI HERMAN<br>4 499 LEONNAVERA RICA BINTI LOJIVIS          | PAPAR         | 4 : 53.95 s              |            |      |
| 4                   | 2   | SD          | 1 681 MARTINA BINTI JAMAL<br>2 682 SHERMIA BINTI MIASIN<br>3 680 NAZALEIA QASEH ISABEL BINTI JONATHAN<br>4 675 DIYANA AFIAQH BINTI SAIFUL NIZAM | SANDAKAN      | 4 : 54.50 s              |            |      |
| 5                   | 5   | KT          | 1 358 FARLINAH BINTI FRANCIS<br>2 355 Kerdinaliah Binti Kamil<br>3 357 RIVIA VENNY ROJER<br>4 351 AUNI ALEESYA BTE ADAM                         | KUDAT         | 5 : 06.77 s              |            |      |
| 6                   | 7   | ME          | 1 456 SHERLEEN BINTI JASTEN<br>2 453 ESTHER EJOH<br>3 447 DAYANG DIYANA BINTI AG ABDUL RAHMAN<br>4 458 BABY SYARIENNA ALYSYA BINTI SULAIMAN     | MEMBAKUT      | 5 : 20.61 s              |            |      |
| -                   | 4   | KI          | 1 225 FARAH DIBA ALYA BINTI BARDIN<br>2 224 EFFA FARHANNIE<br>3 222 FATIN DANIELLA BINTI WASRIZAN<br>4 221 RIZKAH ABDULLAH                      | KINABATANGAN  | BATAL                    |            |      |



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|---------------------|-----|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-------------|---|
| KED                 | LOR | BIB | NAMA                                                                                                                                                   | PASUKAN     | MASA        |   |
| 1                   | 7   | PG  | 1 533 MYRA BENITA ESHANTY RAJA<br>2 542 EVA JOYCE JOHANES<br>3 535 VALDAMAE OROW<br>4 536 SERENA SOUPIN                                                | PENAMPANG   | 4 : 30.02 s | Q |
| 2                   | 2   | TR  | 1 858 JOEIVIVIEAN JAMSON<br>2 854 QYURINE QAMELIA BINTI THOMAS<br>3 856 DIANNA DANNA JOLLY<br>4 866 JUNILY BEATLY BAKING                               | TUARAN      | 4 : 30.74 s | Q |
| 3                   | 8   | ST  | 1 700 LISADORA PATRICK FREDOLINE<br>2 699 JIRA DINA BINTI DARING<br>3 704 LOURENDINA LOUIS<br>4 703 LYNEIDIONA PATRICK FREDOLINE                       | SIPITANG    | 4 : 42.08 s | q |
| 4                   | 5   | TG  | 1 829 NOR YELZA BINTI ABDULLAH<br>2 828 SAPIKAH BINTI DINDIN<br>3 827 RELANIE BINTI TEBIN<br>4 831 WETHNEY MERRYLYN                                    | TONGOD      | 5 : 00.27 s |   |
| 5                   | 3   | KN  | 1 390 PUTRI LIYANA BINTI SAFIE<br>2 391 NUR AZLYN BINTI ABDULLAH<br>3 395 ANDI NURATIQA SAIDAH BINTI NORDIN<br>4 387 NURHIDAYAH AKYSAH BINTI ARDITURAH | KUNAK       | 5 : 01.29 s |   |
| -                   | 4   | KM  | 1<br>2<br>3<br>4                                                                                                                                       | KOTA MARUDU | DNS         |   |
| -                   | 6   | PT  | 1<br>2<br>3<br>4                                                                                                                                       | PUTATAN     | DNS         |   |
| SEPARUH AKHIR 3 / 3 |     |     |                                                                                                                                                        |             |             |   |
| KED                 | LOR | BIB | NAMA                                                                                                                                                   | PASUKAN     | MASA        |   |
| 1                   | 4   | KA  | 1 155 NURUL SUHADA BINTI SULAIMAN<br>2 159 AYU NUR REBECCA BINTI NURMAN<br>3 163 NUR FARWIZAH BINTI KARIM<br>4 161 GOLARIA ELISCA JOENEH               | KALABAKAN   | 4 : 32.64 s | Q |
| 2                   | 5   | KG  | 1 200 MARLENCIA UNNIS<br>2 199 SITI NUR NADIAH BINTI MOHAMMAD DIN<br>3 198 MARYSYENNTIKAH RISAH<br>4 201 MARVENNA STACY UNNIS                          | KENINGAU    | 4 : 33.71 s | Q |
| 3                   | 6   | LD  | 1 417 HANI ALYA ADRIANA BINTI YASMIN<br>2 418 YUSRINA BINTI ABDULLAH<br>3 413 NURUL NAJWA BINTI JAINAL ABADIN<br>4 414 HANI JUWAIIRYAH BINTI YASMIN    | LAHAD DATU  | 4 : 43.89 s | q |
| 4                   | 2   | PS  | 1 564 SUZIANAH MADUSIN<br>2 570 MELC MARSYELLA JAMIL<br>3 575 CLAYLINE MASTIN<br>4 568 EFYNA ARES LIZOD                                                | PITAS       | 4 : 46.61 s |   |
| 5                   | 8   | TW  | 1 774 NURELFIRA UMAIRA BINTI MOHD YUSUF<br>2 760 HASRIANA BINTI HERMAN<br>3 755 NURUL SHARNITA BINTI MIRU<br>4 758 AINUL MARDHIAH BINTI ARPAH          | TAWAU       | 4 : 54.05 s |   |
| 6                   | 7   | KB  | 1 256 NABILA RAHMADANI BINTI MOLI<br>2 264 HEAVENLY HANA ALFRED<br>3 259 ARIEL AUDREY ADDY<br>4 252 ALVIEANA CLARINA MOBIE                             | KOTA BELUD  | 5 : 07.62 s |   |

|                     |     |             |                                                                                                                                                            |  |                          |             |                                                                                       |
|---------------------|-----|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------|-------------|---------------------------------------------------------------------------------------|
| NO ACARA : 319      |     |             | SEPARUH AKHIR                                                                                                                                              |  | 2 tempat teratas (Q) dan |             |  |
| ACARA : 4 x 400 m   |     |             | LELAKI                                                                                                                                                     |  | 2 masa terbaik (q) layak |             |                                                                                       |
| SAGA                |     | 3 m 26.03 s | QUARTERT KENINGAU                                                                                                                                          |  |                          | KENINGAU    | 2011                                                                                  |
| SUKMA               |     | 3 m 12.66 s | KHAIRUL H,AMIRUL,AZAM MASRI,BADRUL HISYA                                                                                                                   |  |                          | MELAKA      | 2016                                                                                  |
| SEPARUH AKHIR 1 / 3 |     |             |                                                                                                                                                            |  |                          |             |                                                                                       |
| KED                 | LOR | BIB         | NAMA                                                                                                                                                       |  | PASUKAN                  | MASA        |                                                                                       |
| 1                   | 7   | KA          | 1 145 KASHMEER BIN SAMSURI<br>2 147 MUHAMMAD FIRDAUS BIN DARUS SALAM<br>3 137 MUHAMMAD FITRI FAWWAZ BIN ABDUL FATTAH<br>4 148 AIRIEL AMANI BIN KAHAR       |  | KALABAKAN                | 3 : 31.83 s | Q                                                                                     |
| 2                   | 1   | SD          | 1 669 DEXTER PALMIN<br>2 670 MUHAMMAD FAHAMI BIN SAMSUDIN<br>3 663 MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF<br>4 664 PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE |  | SANDAKAN                 | 3 : 34.24 s | Q                                                                                     |
| 3                   | 2   | LD          | 1 398 MUHAMAD FAZRUL NIZAM BIN AJAH<br>2 405 ALVINSHAH ZIQKRYZAM BIN PAUL<br>3 396 SOLEHUDDIN BIN RAZAK<br>4 397 MUHAMMAD ARIEF AIMAN                      |  | LAHAD DATU               | 3 : 42.37 s |                                                                                       |



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| 4                          | 3   | TG  | 1 814 DILLON CHU PU YOUNG<br>2 817 FANLICI GULIM<br>3 820 FRECKLEY JOE JOEL<br>4 819 MUHAMMAD DANIEL SUFIE BIN ARI                                              | TONGOD        | 3 : 47.96 s |   |
|----------------------------|-----|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|---|
| 5                          | 6   | KN  | 1 378 MOHAMMAD KHAIRUL NAIM BIN YOUSAF<br>2 372 MOHAMAD FAUZI BIN SANI<br>3 368 ABDUL WAFI BIN ABDUL MALIK<br>4 377 MOHAMMAD KHUZAIRIE BIN MOHAMMAD FAUZI       | KUNAK         | 3 : 49.00 s |   |
| 6                          | 8   | KB  | 1 242 VENO ISMAIL<br>2 243 GOVINN JAIKON<br>3 241 VELLDINNHO XAVIER VINUS<br>4 239 MILTEVINCE MILBERT                                                           | KOTA BELUD    | 3 : 51.54 s |   |
| 7                          | 4   | TD  | 1 779 DANISH BIN CHARLISON<br>2 780 LEJEYVIN PINJUS<br>3 778 MUHAMAD FARISH RIEZUAN BIN WELTER<br>4 775 VICTOR BIN JULIUS                                       | TELUPID       | 4 : 09.35 s |   |
| -                          | 5   | PT  | 1<br>2<br>3<br>4                                                                                                                                                | PUTATAN       | DNS         |   |
| <b>SEPARUH AKHIR 2 / 3</b> |     |     |                                                                                                                                                                 |               |             |   |
| KED                        | LOR | BIB | NAMA                                                                                                                                                            | PASUKAN       | MASA        |   |
| 1                          | 6   | PG  | 1 519 WILLIAM WALTER<br>2 517 MOHAMAD RAZY HAFIZUL BIN MOHAMAD<br>3 518 MOHAMAD RAZHAFIEFIE HAQEEEM BIN RAZELIE<br>4 507 EDRICK FEIVEL FLORENTIUS               | PENAMPANG     | 3 : 32.66 s | Q |
| 2                          | 2   | ME  | 1 435 MUHAMMAD NAFFIE BIN ALGABI<br>2 436 MOHAMAD FIRDAUS BIN ZAKARIA<br>3 434 NORSHAHRIZAD BIN NORDIN<br>4 425 MOHAMAD RAMADHAN BIN PUASA                      | MEMBAKUT      | 3 : 42.31 s | Q |
| 3                          | 4   | KK  | 1 282 IVAN MIKAEL BIN ROSLEE<br>2 279 ARIZ AIMAN BIN ASRI<br>3 281 LEONG ZI YOU<br>4 280 NICHOLAS JOHN CHANG                                                    | KOTA KINABALU | 3 : 42.82 s |   |
| 4                          | 3   | TR  | 1 837 ADAM JEREMIAH ANTHONIUS<br>2 838 XAVIER CHANG HAO JIAN<br>3 839 ELDENT LERRY JOY JUSLI<br>4 836 ARTHUR GIMBUN                                             | TUARAN        | 3 : 43.89 s |   |
| 5                          | 7   | PR  | 1 491 MOHAMMAD SHAHRUL AIMAN BIN TONYMAN<br>2 488 BRADEN JOHN HENRY<br>3 492 JONATHAN HOLLY JEROME<br>4 486 MUHAMMAD HILAL NAZMI BIN OMAR SHA LUKUH             | PAPAR         | 3 : 47.55 s |   |
| 6                          | 8   | KI  | 1 214 MOHAMMAD SHAZLAN BIN EDDIE SAM<br>2 216 MOHAMMAD SHAFWAN FAHMI BIN KASSING<br>3 212 MOHAMAD RIZUAN BIN SATTA<br>4 213 MOHAMMAD AMIRUL AIMAN BIN LUKMAN    | KINABATANGAN  | 3 : 51.30 s |   |
| 7                          | 5   | BR  | 1 124 CHAD ALSON BENEDICT<br>2 127 JAYDEN EZEKIEL JIMSON<br>3 128 RODLEN RODDEY<br>4 126 JESSTER JAIM                                                           | BELURAN       | 4 : 03.15 s |   |
| <b>SEPARUH AKHIR 3 / 3</b> |     |     |                                                                                                                                                                 |               |             |   |
| KED                        | LOR | BIB | NAMA                                                                                                                                                            | PASUKAN       | MASA        |   |
| 1                          | 2   | KG  | 1 179 AMISTAHUDIN BIN ABD KADIR<br>2 183 JENDRRYSON TAKIUS<br>3 182 BRETTSON JACKSON LAZURUS<br>4 174 AUBREY ARON                                               | KENINGAU      | 3 : 34.60 s | Q |
| 2                          | 5   | NB  | 1 470 MOHD IZWAN BIN ADRIAN<br>2 466 DYEXTON CYRILL DAUD<br>3 468 SELINUS MEGNUS SAILAM<br>4 467 IDWINE IDRIS                                                   | NABAWAN       | 3 : 34.62 s | Q |
| 3                          | 7   | KM  | 1 310 ETHANNIEL MOJUTAN<br>2 312 DANIEL SHANEN BIN MACLIN<br>3 306 BOENANJAVISTA BOLMIN<br>4 311 AZLEY JUISLIE                                                  | KOTA MARUDU   | 3 : 36.34 s | q |
| 4                          | 8   | RN  | 1 614 FREADDY JOE DENVERT<br>2 621 ERWIN GREENGORI @ GREGORY<br>3 611 GREG GASPAR JUANIS @ JUDE<br>4 613 ZACHARRY LAWRENCE                                      | RANAU         | 3 : 38.35 s | q |
| 5                          | 1   | TB  | 1 713 MAXIMUS JAYPEE YOUNG<br>2 711 RYNIER ISAAC HARRY<br>3 717 STEVEN GERRAD ERON<br>4 718 AIDAN ANDREW DANIEL                                                 | TAMBUNAN      | 3 : 43.89 s |   |
| 6                          | 6   | BE  | 1 111 MOHAMMAD NURAIZAT DANIAL BIN KASIM<br>2 106 MOHAMMAD SYAHMI BIN MOHAMMAD AZRIN<br>3 105 MUHAMMAD FAHMI BIN AZMAN<br>4 107 MUHAMMAD HAZWAN AFIQ BIN MAIDIN | BEAUFORT      | 3 : 47.94 s |   |



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|   |   |    |                                                                                                                                               |       |             |  |
|---|---|----|-----------------------------------------------------------------------------------------------------------------------------------------------|-------|-------------|--|
| 7 | 4 | PS | 1 555 RENLEY CHARS RAFAIL<br>2 559 MELVERT TAMBY<br>3 553 DENNI PO POMIN<br>4 557 SYIVIERSSLEY SYIVIENCE                                      | PITAS | 3 : 48.64 s |  |
| 8 | 3 | TW | 1 733 IRFANSAHZREEN BIN ISKANDAR<br>2 743 QAZARRYANSYAH BIN HAZWAN<br>3 741 MOHAMMAD MAZLANSYAH BIN MOHAMMAD FAUZY<br>4 739 IAN DANIEL JOSEPH | TAWAU | 3 : 56.85 s |  |

|                                  |             |                         |        |                                                      |  |  |
|----------------------------------|-------------|-------------------------|--------|------------------------------------------------------|--|--|
| NO ACARA : 320<br>ACARA : 1500 m |             | SEPARUH AKHIR<br>WANITA |        | 6 tempat teratas (Q) dan<br>0 masa terbaik (q) layak |  |  |
| SAGA                             | 5 m 10.59 s | MARLIN HING WILLIAM     | PITAS  | 2017                                                 |  |  |
| SUKMA                            | 4 m 35.91 s | K.GANTHIMANTHI          | PAHANG | 2010                                                 |  |  |

| SEPARUH AKHIR 1 / 2 |     |     |                                           |             |             |   |
|---------------------|-----|-----|-------------------------------------------|-------------|-------------|---|
| KED                 | LOR | BIB | NAMA                                      | PASUKAN     | MASA        |   |
| 1                   | 9   | 194 | HIZILLAWANTY JAMAIN                       | KENINGAU    | 5 : 11.20 s | Q |
| 2                   | 4   | 158 | NUR DENISHA SHAZLIATIE BINTI ABDULLAH     | KALABAKAN   | 5 : 25.99 s | Q |
| 3                   | 10  | 532 | ADELLA DHANIYA BINTI MUHAMMAD ADAM DANIAL | PENAMPANG   | 5 : 38.91 s | Q |
| 4                   | 6   | 133 | LELIAN ELWEY                              | BELURAN     | 5 : 55.64 s | Q |
| 5                   | 12  | 754 | IZZAN ZETY BINTI ANDERSON                 | TAWAU       | 6 : 04.75 s | Q |
| 6                   | 2   | 633 | NUR FAZIATIE BINTI MATHIAS                | RANAU       | 6 : 05.35 s | Q |
| 7                   | 7   | 497 | BATCHELLE VANIE BINTI BENARD              | PAPAR       | 6 : 09.03 s |   |
| 8                   | 1   | 865 | MIXALVERA SOLIMON                         | TUARAN      | 6 : 15.78 s |   |
| 9                   | 14  | 802 | MELSHEIRA JUMID                           | TENOM       | 6 : 51.84 s |   |
| 10                  | 11  | 566 | EMILIN BINTI ANDIKA                       | PITAS       | 7 : 01.51 s |   |
| 11                  | 8   | 353 | ALISAH ARRIANA ROBERT BINTI ABDULLAH      | KUDAT       | 7 : 06.80 s |   |
| 12                  | 13  | 116 | NORFARAH SAZWANI                          | BEAUFORT    | 7 : 41.67 s |   |
| -                   | 3   | 318 | CLODIWINDAADIRA BINTI BONIE               | KOTA MARUDU | DNF         |   |
| -                   | 5   | 254 | JUVICKA VELERY JASRI                      | KOTA BELUD  | DNS         |   |
| -                   | 15  | 451 | DAVELYN JOYCE A/P HOBALAN                 | MEMBAKUT    | DNS         |   |

| SEPARUH AKHIR 2 / 2 |     |     |                                      |               |             |   |
|---------------------|-----|-----|--------------------------------------|---------------|-------------|---|
| KED                 | LOR | BIB | NAMA                                 | PASUKAN       | MASA        |   |
| 1                   | 10  | 295 | NUR SYIFA RAISHA BINTI ADNAN FIRDAUS | KOTA KINABALU | 5 : 38.36 s | Q |
| 2                   | 2   | 531 | SHARLENE FIONEY SUNNY                | PENAMPANG     | 5 : 38.47 s | Q |
| 3                   | 13  | 412 | NUR ANA LISA BINTI ABDULLAH          | LAHAD DATU    | 5 : 38.52 s | Q |
| 4                   | 6   | 157 | NUR ALIAH BATRISYA BINTI KARIM       | KALABAKAN     | 5 : 39.17 s | Q |
| 5                   | 5   | 193 | SHERLLY LIVYA BINTI KINDOS           | KENINGAU      | 6 : 07.22 s | Q |
| 6                   | 1   | 354 | WANNIE ESTER CLERIST ANAK WATSON     | KUDAT         | 6 : 23.40 s | Q |
| 7                   | 8   | 755 | NURUL SHARNITA BINTI MIRU            | TAWAU         | 6 : 25.26 s |   |
| 8                   | 4   | 255 | BIBILIN BINTI FAUZI                  | KOTA BELUD    | 6 : 26.78 s |   |
| 9                   | 7   | 565 | MAYANIE BINTI ASLAN                  | PITAS         | 6 : 57.83 s |   |
| 10                  | 9   | 132 | ERNATALIANA JUTI                     | BELURAN       | 7 : 12.34 s |   |
| 11                  | 11  | 452 | CLARISSA JASTEN                      | MEMBAKUT      | 7 : 39.32 s |   |
| -                   | 3   | 634 | CHELSIE DEVINA SARAVANAN             | RANAU         | DNS         |   |
| -                   | 12  | 224 | EFFA FARHANNIE                       | KINABATANGAN  | DNS         |   |
| -                   | 14  | 317 | SHAFIYAH NUR NAWRA BINTI SHAREN      | KOTA MARUDU   | DNS         |   |

|                                  |             |                         |               |                                                      |  |  |
|----------------------------------|-------------|-------------------------|---------------|------------------------------------------------------|--|--|
| NO ACARA : 321<br>ACARA : 1500 m |             | SEPARUH AKHIR<br>LELAKI |               | 6 tempat teratas (Q) dan<br>0 masa terbaik (q) layak |  |  |
| SAGA                             | 4 m 17.70 s | ROMIEO GOMBOH           | KOTA KINABALU | 2019                                                 |  |  |
| SUKMA                            | 3 m 50.66 s | MOHD JIRONI RIDUAN      | SARAWAK       | 2008                                                 |  |  |

| SEPARUH AKHIR 1 / 2 |     |     |                                      |             |             |   |
|---------------------|-----|-----|--------------------------------------|-------------|-------------|---|
| KED                 | LOR | BIB | NAMA                                 | PASUKAN     | MASA        |   |
| 1                   | 1   | 579 | MUHAMMAD NAQUE BIN MISNAN            | PUTATAN     | 4 : 36.49 s | Q |
| 2                   | 17  | 172 | SYAZIM NABIL                         | KENINGAU    | 4 : 36.90 s | Q |
| 3                   | 15  | 846 | ELVENDER VELLY JOY JUSLI             | TUARAN      | 4 : 36.97 s | Q |
| 4                   | 7   | 400 | NIKOS TAI LEE ONN                    | LAHAD DATU  | 4 : 37.19 s | Q |
| 5                   | 16  | 104 | ISAAC VENCESLAUS                     | BEAUFORT    | 4 : 37.21 s | Q |
| 6                   | 13  | 602 | MOHAMAD KHAIRIL BIN JAMIS            | RANAU       | 4 : 40.63 s | Q |
| 7                   | 14  | 735 | MUHAMMAD ZULKIFLI BIN MUHAMMAD BASRI | TAWAU       | 4 : 49.58 s |   |
| 8                   | 2   | 431 | MUHAMMAD QHAIRULLAH                  | MEMBAKUT    | 4 : 55.53 s |   |
| 9                   | 12  | 338 | JASRY JERON OSITAK                   | KUDAT       | 4 : 57.08 s |   |
| 10                  | 5   | 713 | MAXIMUS JAYPEE YOUNG                 | TAMBUNAN    | 5 : 00.40 s |   |
| 11                  | 8   | 370 | MUHAMMAD ZIQRULEDDIN ABDULLAH        | KUNAK       | 5 : 01.56 s |   |
| 12                  | 3   | 232 | CLEVE REO HANDLY                     | KOTA BELUD  | 5 : 07.43 s |   |
| 13                  | 9   | 785 | ERNES AWANG                          | TENOM       | 5 : 10.16 s |   |
| 14                  | 11  | 142 | SALAHUDDIN BIN ABDUL RAHIM           | KALABAKAN   | 5 : 16.80 s |   |
| 15                  | 6   | 510 | AZACH HAZRON VICTOR                  | PENAMPANG   | 5 : 17.83 s |   |
| 16                  | 10  | 489 | MUHAMMAD AMIRUL HAZRIQ BIN MD RIZAN  | PAPAR       | 5 : 23.91 s |   |
| -                   | 4   | 309 | REKLE ADRIANO                        | KOTA MARUDU | DNF         |   |



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**SEPARUH AKHIR 2 / 2**

| KED | LOR | BIB | NAMA                                | PASUKAN     | MASA        |   |
|-----|-----|-----|-------------------------------------|-------------|-------------|---|
| 1   | 5   | 580 | MOHAMMAD SYUKRI SENANG BIN EYDI     | PUTATAN     | 4 : 39.20 s | Q |
| 2   | 2   | 103 | MOHAMMAD AHSAN BIN ATTA UR RAHMAN   | BEAUFORT    | 4 : 39.89 s | Q |
| 3   | 6   | 841 | JOSHUA SUBING                       | TUARAN      | 4 : 39.99 s | Q |
| 4   | 18  | 430 | BRIGER BIONG                        | MEMBAKUT    | 4 : 40.79 s | Q |
| 5   | 17  | 712 | RYON JOSHUA HARRY                   | TAMBUNAN    | 4 : 46.05 s | Q |
| 6   | 4   | 399 | MOHAMMAD YUSUF                      | LAHAD DATU  | 4 : 49.19 s | Q |
| 7   | 7   | 173 | FABIAN GARY WONG                    | KENINGAU    | 4 : 50.60 s |   |
| 8   | 1   | 339 | VALY THERE JOSE                     | KUDAT       | 4 : 52.25 s |   |
| 9   | 14  | 120 | KARLVINE HUAR KAROLUS KOPO          | BELURAN     | 4 : 55.70 s |   |
| 10  | 12  | 603 | RAY BIN JUARI                       | RANAU       | 4 : 57.48 s |   |
| 11  | 10  | 233 | MAXLEYNDO JAMES                     | KOTA BELUD  | 4 : 58.56 s |   |
| 12  | 15  | 488 | BRADEN JOHN HENRY                   | PAPAR       | 5 : 01.74 s |   |
| 13  | 11  | 371 | MUHAMMAD RIDWAN SYAM BIN JAMALUDDIN | KUNAK       | 5 : 01.82 s |   |
| 14  | 13  | 513 | EL-MANGU QEWLELU HAYON              | PENAMPANG   | 5 : 05.48 s |   |
| 15  | 16  | 141 | MUHAMMAD HAFIQ HIDAYAT BIN SAMSANI  | KALABAKAN   | 5 : 08.56 s |   |
| 16  | 3   | 308 | HENKY HELERRIO JINIOR PRESLEY GAMBA | KOTA MARUDU | 5 : 22.23 s |   |
| 17  | 8   | 813 | MOHAMMAD IKMAL HAKIMI BIN ARI       | TONGOD      | 5 : 34.65 s |   |

NO ACARA : 401

ACARA : 1500 m

AKHIR

WANITA



|       |             |                     |        |      |
|-------|-------------|---------------------|--------|------|
| SAGA  | 5 m 10.59 s | MARLIN HING WILLIAM | PITAS  | 2017 |
| SUKMA | 4 m 35.91 s | K.GANTHIMANTHI      | PAHANG | 2010 |

| KED | LOR | BIB | NAMA                                      | PASUKAN       | MASA        |    |
|-----|-----|-----|-------------------------------------------|---------------|-------------|----|
| 1   | 6   | 194 | HIZILLAWANTY JAMAIN                       | KENINGAU      | 4 : 59.81 s | RB |
| 2   | 8   | 158 | NUR DENISHA SHAZLIATIE BINTI ABDULLAH     | KALABAKAN     | 5 : 27.57 s |    |
| 3   | 2   | 295 | NUR SYIFA RAISHA BINTI ADNAN FIRDAUS      | KOTA KINABALU | 5 : 35.25 s |    |
| 4   | 9   | 412 | NUR ANA LISA BINTI ABDULLAH               | LAHAD DATU    | 5 : 36.05 s |    |
| 5   | 3   | 532 | ADELLA DHANIYA BINTI MUHAMMAD ADAM DANIAL | PENAMPANG     | 5 : 45.24 s |    |
| 6   | 1   | 157 | NUR ALIAH BATRISYA BINTI KARIM            | KALABAKAN     | 5 : 55.69 s |    |
| 7   | 7   | 133 | LELIAN ELWEY                              | BELURAN       | 5 : 58.36 s |    |
| 8   | 12  | 633 | NUR FAZIATIE BINTI MATHIAS                | RANAU         | 6 : 00.02 s |    |
| 9   | 4   | 354 | WANNIE ESTER CLERIST ANAK WATSON          | KUDAT         | 6 : 12.65 s |    |
| 10  | 5   | 193 | SHERLLY LIVYA BINTI KINDOS                | KENINGAU      | 6 : 13.33 s |    |
| 11  | 11  | 754 | IZZYAN ZETY BINTI ANDERSON                | TAWAU         | 6 : 13.39 s |    |
| -   | 10  | 531 | SHARLENE FIONEEY SUNNY                    | PENAMPANG     | DNF         |    |

NO ACARA : 402

ACARA : 1500 m

AKHIR

LELAKI



|       |             |                    |               |      |
|-------|-------------|--------------------|---------------|------|
| SAGA  | 4 m 17.70 s | ROMIEO GOMBOH      | KOTA KINABALU | 2019 |
| SUKMA | 3 m 50.66 s | MOHD JIRONI RIDUAN | SARAWAK       | 2008 |

| KED | LOR | BIB | NAMA                              | PASUKAN    | MASA        |    |
|-----|-----|-----|-----------------------------------|------------|-------------|----|
| 1   | 3   | 400 | NIKOS TAI LEE ONN                 | LAHAD DATU | 4 : 17.12 s | RB |
| 2   | 1   | 579 | MUHAMMAD NAQUE BIN MISNAN         | PUTATAN    | 4 : 26.86 s |    |
| 3   | 5   | 103 | MOHAMMAD AHSAN BIN ATTA UR RAHMAN | BEAUFORT   | 4 : 28.41 s |    |
| 4   | 4   | 104 | ISAAC VENCESLAUS                  | BEAUFORT   | 4 : 30.62 s |    |
| 5   | 9   | 430 | BRIGER BIONG                      | MEMBAKUT   | 4 : 30.94 s |    |
| 6   | 8   | 712 | RYON JOSHUA HARRY                 | TAMBUNAN   | 4 : 34.47 s |    |
| 7   | 6   | 846 | ELVENDER VELY JOY JUSLI           | TUARAN     | 4 : 36.43 s |    |
| 8   | 7   | 602 | MOHAMAD KHAIRIL BIN JAMIS         | RANAU      | 4 : 37.08 s |    |
| 9   | 11  | 399 | MOHAMMAD YUSUF                    | LAHAD DATU | 4 : 40.23 s |    |
| 10  | 2   | 172 | SYAZIM NABIL                      | KENINGAU   | 4 : 46.28 s |    |
| 11  | 10  | 580 | MOHAMMAD SYUKRI SENANG BIN EYDI   | PUTATAN    | 4 : 47.14 s |    |
| 12  | 12  | 841 | JOSHUA SUBING                     | TUARAN     | 4 : 47.81 s |    |

NO ACARA : 403

ACARA : LOMPAT KIJANG

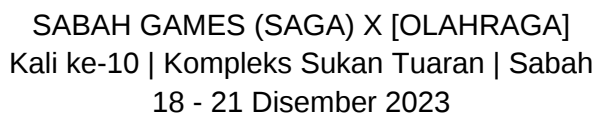
AKHIR

LELAKI



|       |         |                             |              |      |
|-------|---------|-----------------------------|--------------|------|
| SAGA  | 15.13 m | MUHAMMAD SUNIK BIN MUSLIMIN | KINABATANGAN | 2019 |
| SUKMA | 15.91 m | ANDRE ANURA @ ANUAR         | SABAH        | 2018 |

| KED | GIL | BIB | NAMA                  | PASUKAN  | JARAK   | 1               | 2               | 3               | 4              | 5               | 6               |
|-----|-----|-----|-----------------------|----------|---------|-----------------|-----------------|-----------------|----------------|-----------------|-----------------|
| 1   | 4   | 714 | MARK PALADIUS         | TAMBUNAN | 13.91 m | X<br>(+0.2)     | X<br>(+0.2)     | 13.91<br>(0.0)  | 13.89<br>(0.0) | X<br>(-0.2)     | 13.81<br>(-0.3) |
| 2   | 1   | 842 | ELJOE GOTUOH          | TUARAN   | 13.73 m | X<br>(+0.5)     | 13.73<br>(0.0)  | 13.57<br>(+0.3) | X<br>(+0.2)    | X<br>(+0.4)     | X<br>(-1.2)     |
| 3   | 5   | 818 | CISSE PAUL            | TONGOD   | 13.64 m | 13.16<br>(+0.1) | 13.64<br>(+0.2) | -               | -              | 13.29<br>(+0.2) | 13.55<br>(-0.2) |
| 4   | 2   | 747 | MUHAMAD HAFIZUL HAKIM | TAWAU    | 13.08 m | X<br>(+0.3)     | 13.08<br>(-0.2) | X<br>(+0.2)     | X<br>(+0.5)    | X<br>(0.0)      | X<br>(-0.3)     |
| -   | 3   | 494 | BRYAN BERNARD         | PAPAR    | NM      |                 |                 |                 |                |                 |                 |



| NO ACARA : 405        |     |         |                                    | AKHIR      |                |            |       |       |       |       |       |
|-----------------------|-----|---------|------------------------------------|------------|----------------|------------|-------|-------|-------|-------|-------|
| ACARA : LONTAR PELURU |     |         |                                    | LELAKI     |                |            |       |       |       |       |       |
| SAGA                  |     | 13.35 m | MIRACH HAN                         |            |                | TAWAU      |       |       | 2019  |       |       |
| SUKMA                 |     | 17.31 m | ADI ALIFFUDIN HUSIN                |            |                | TERENGGANU |       |       | 2010  |       |       |
| KED                   | GIL | BIB     | NAMA                               | PASUKAN    | JARAK          | 1          | 2     | 3     | 4     | 5     | 6     |
| 1                     | 13  | 382     | PANG HONG SENG                     | KUNAK      | 13.55 m   RB   | X          | 12.99 | X     | X     | 12.64 | 13.55 |
| 2                     | 15  | 523     | NATHANIEL MAJID                    | PENAMPANG  | 13.40 m   MRLK | 12.02      | X     | 13.40 | X     | X     | X     |
| 3                     | 3   | 190     | VICTER BEN SALLEH @ BINDIK         | KENINGAU   | 11.55 m        | 10.85      | 10.90 | 10.70 | 10.79 | 10.30 | 11.55 |
| 4                     | 4   | 113     | STANLEY LEEROY SUKIAN              | BEAUFORT   | 11.17 m        | X          | 10.65 | X     | 10.39 | 10.81 | 11.17 |
| 5                     | 5   | 720     | RONNEIL BIN ROZL @ ROGER           | TAMBUNAN   | 10.67 m        | 9.98       | 10.14 | 10.40 | 10.56 | 10.67 | 10.54 |
| 6                     | 11  | 527     | MILANDRY BIN ARRY                  | PENAMPANG  | 10.35 m        | 9.45       | 10.06 | 8.91  | 9.62  | 9.87  | 10.35 |
| 7                     | 2   | 744     | ASYRAF AKMAL BIN SELAMAT           | TAWAU      | 10.17 m        | 9.31       | 9.47  | X     | 10.17 | 9.75  | X     |
| 8                     | 12  | 799     | BEXTER REXVINCE BIN BASAS          | TENOM      | 9.39 m         | 8.28       | 9.26  | 9.39  | X     | X     | 8.80  |
| 9                     | 10  | 848     | MUHAMMAD SOFYAN ADAM BIN ROSLI     | TUARAN     | 9.27 m         | 8.38       | X     | 9.27  |       |       |       |
| 10                    | 6   | 251     | HARRY LEONEIL JULIUS               | KOTA BELUD | 9.07 m         | X          | 9.07  | X     |       |       |       |
| 11                    | 7   | 246     | AJUAN BIN AWANG JUNAN              | KOTA BELUD | 8.94 m         | X          | 8.40  | 8.94  |       |       |       |
| 12                    | 16  | 628     | DARLYSHON DELL RUDING              | RANAU      | 8.81 m         | 8.81       | 8.58  | 8.32  |       |       |       |
| 13                    | 8   | 440     | MUHAMMAD KHAIRUL BIN HAIRUM        | MEMBAKUT   | 8.05 m         | 8.05       | 7.97  | 7.74  |       |       |       |
| 14                    | 19  | 590     | MUHAMMAD DANIEL IZZAT BIN MUKIM    | PUTATAN    | 7.87 m         | 7.35       | 7.87  | 6.74  |       |       |       |
| 15                    | 1   | 589     | MOHAMMAD AIZULRIZEWAN BIN ALI OMAR | PUTATAN    | 7.86 m         | X          | 7.86  | 7.30  |       |       |       |
| 16                    | 17  | 439     | MOHAMAD WAZAINI ARIFF BIN WAKERAN  | MEMBAKUT   | 7.52 m         | 7.52       | 6.59  | 6.49  |       |       |       |
| 17                    | 18  | 745     | MUHAMMAD JAMADIL                   | TAWAU      | 6.31 m         | 5.65       | 6.31  | 5.98  |       |       |       |
| -                     | 9   | 622     | KEVIN KEITH SEPIKIT                | RANAU      | DNS            |            |       |       |       |       |       |
| -                     | 14  | 849     | JUBILY DUANIS                      | TUARAN     | DNS            |            |       |       |       |       |       |

|                |  |         |                                 |        |  |                                                                                       |
|----------------|--|---------|---------------------------------|--------|--|---------------------------------------------------------------------------------------|
| NO ACARA : 406 |  |         |                                 | AKHIR  |  |  |
| ACARA : 400 m  |  |         |                                 | WANITA |  |                                                                                       |
| SAGA           |  | 56.25 s | CHELSEA CASSIOPEA EVALI BOPULAS |        |  | TAWAU                                                                                 |
| SUKMA          |  | 54.47 s | SITI NUR AFIAQH ABDUL RAZAK     |        |  | TERENGGANU                                                                            |
| 2019           |  |         |                                 |        |  |                                                                                       |
| 2014           |  |         |                                 |        |  |                                                                                       |



SABAH GAMES (SAGA) X [OLAHRAGA]  
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| NO ACARA : 407 |         |                        | AKHIR                            |             |          |  |  |
|----------------|---------|------------------------|----------------------------------|-------------|----------|-------------------------------------------------------------------------------------|--|
| ACARA : 400 m  |         |                        | LELAKI                           |             |          |                                                                                     |  |
| SAGA           | 49.58 s | ANCHOIS ARON           |                                  |             | KENINGAU | 2011                                                                                |  |
| SUKMA          | 47.02 s | MUHAMMAD ILHAM SUHAIMI |                                  |             | SELANGOR | 2018                                                                                |  |
| KED            | LOR     | BIB                    | NAMA                             | PASUKAN     | MASA     | RB                                                                                  |  |
| 1              | 5       | 330                    | MUHAMMAD KHALIL BIN HELMI        | KUALA PENYU | 48.70 s  |                                                                                     |  |
| 2              | 4       | 174                    | AUBREY ARON                      | KENINGAU    | 50.94 s  |                                                                                     |  |
| 3              | 2       | 147                    | MUHAMMAD FIRDAUS BIN DARUS SALAM | KALABAKAN   | 51.06 s  |                                                                                     |  |
| 4              | 7       | 844                    | IAN JOVIC SUAN                   | TUARAN      | 51.09 s  |                                                                                     |  |
| 5              | 6       | 670                    | MUHAMMAD FAHAMI BIN SAMSUDIN     | SANDAKAN    | 51.13 s  |                                                                                     |  |
| 6              | 8       | 517                    | MOHAMAD RAZY HAFIZUL BIN MOHAMAD | PENAMPANG   | 51.70 s  |                                                                                     |  |
| 7              | 3       | 467                    | IDWINE IDRIS                     | NABAWAN     | 51.99 s  |                                                                                     |  |
| 8              | 1       | 519                    | WILLIAM WALTER                   | PENAMPANG   | 52.80 s  |                                                                                     |  |

| NO ACARA : 408        |     |         |                                      | AKHIR           |                 |                 |                 |  |                 |                 |                 |      |  |
|-----------------------|-----|---------|--------------------------------------|-----------------|-----------------|-----------------|-----------------|-------------------------------------------------------------------------------------|-----------------|-----------------|-----------------|------|--|
| ACARA : LOMPAT KIJANG |     |         |                                      | WANITA          |                 |                 |                 |                                                                                     |                 |                 |                 |      |  |
| SAGA                  |     | 11.31 m |                                      | JATIFAH GESIKIN |                 |                 |                 | RANAU                                                                               |                 |                 |                 | 2015 |  |
| SUKMA                 |     | 13.51 m |                                      | NGEW SIN MEI    |                 |                 |                 | KUALA LUMPUR                                                                        |                 |                 |                 | 2014 |  |
| KED                   | GIL | BIB     | NAMA                                 | PASUKAN         | JARAK           | 1               | 2               | 3                                                                                   | 4               | 5               | 6               |      |  |
| 1                     | 18  | 363     | ABBY ALLYSCA LAUSIN                  | KUDAT           | 11.72 m<br>RB   | X<br>(+2.0)     | 11.03<br>(+0.9) | X<br>(+0.2)                                                                         | 11.55<br>(+0.3) | 11.72<br>(+0.3) | 11.08<br>(-0.2) |      |  |
| 2                     | 13  | 319     | DAYANG SHARI ULUK                    | KOTA MARUDU     | 11.53 m<br>MRLK | 11.53<br>(+1.8) | 11.29<br>(+0.9) | 11.18<br>(+1.0)                                                                     | 11.24<br>(+0.6) | 11.34<br>(-0.2) | 11.32<br>(0.0)  |      |  |
| 3                     | 8   | 362     | CAREFINA DIAN ELDY                   | KUDAT           | 11.49 m<br>MRLK | 11.40<br>(+1.8) | 11.42<br>(+2.0) | -                                                                                   | 11.28<br>(+0.9) | 11.03<br>(-0.4) | 11.49<br>(-0.2) |      |  |
| 4                     | 7   | 859     | BOEY SIN YIN                         | TUARAN          | 10.97 m         | 10.55<br>(+0.9) | 10.65<br>(+1.4) | 10.45<br>(+1.3)                                                                     | 10.50<br>(+1.3) | X<br>(+0.1)     | 10.97<br>(+0.1) |      |  |
| 5                     | 11  | 857     | CLARENCE YONG JING CUI               | TUARAN          | 10.87 m         | 9.58<br>(+2.3)  | X<br>(+1.7)     | 10.68<br>(+0.3)                                                                     | 10.60<br>(+0.6) | 10.81<br>(+0.3) | 10.87<br>(-0.3) |      |  |
| 6                     | 9   | 204     | LILAWATI DARAIS                      | KENINGAU        | 10.76 m         | 10.56<br>(+2.4) | 10.48<br>(+2.6) | 10.48<br>(+0.4)                                                                     | 10.49<br>(+1.3) | 10.76<br>(+0.2) | 10.28<br>(+0.3) |      |  |
| 7                     | 10  | 683     | NURUL NABILAH BINTI SUKRI            | SANDAKAN        | 10.70 m         | 10.58<br>(+1.5) | 10.70<br>(+0.7) | 9.64<br>(+0.9)                                                                      | X<br>(+0.8)     | 10.22<br>(+0.1) | 10.19<br>(0.0)  |      |  |
| 8                     | 5   | 657     | EYLEVARIA PAULUS                     | RANAU           | 10.41 m         | 10.41<br>(+0.8) | X<br>(+1.6)     | 10.18<br>(+0.5)                                                                     | 9.78<br>(+1.3)  | 10.09<br>(+0.9) | 10.22<br>(-0.1) |      |  |
| 9                     | 2   | 201     | MARVENNA STACY UNNIS                 | KENINGAU        | 10.17 m         | 10.17<br>(+2.1) | 9.62<br>(+2.2)  | 9.81<br>(+0.9)                                                                      |                 |                 |                 |      |  |
| 10                    | 12  | 655     | EBBY FLORICE SHAMI                   | RANAU           | 10.12 m         | X<br>(+2.2)     | 10.09<br>(+1.7) | 10.12<br>(+1.0)                                                                     |                 |                 |                 |      |  |
| 11                    | 6   | 542     | EVA JOYCE JOHANES                    | PENAMPANG       | 10.09 m         | 9.88<br>(+1.1)  | 9.89<br>(+1.5)  | 10.09<br>(+0.8)                                                                     |                 |                 |                 |      |  |
| 12                    | 1   | 322     | ANNY EZNY RIZAM                      | KOTA MARUDU     | 10.05 m         | 10.05<br>(+2.1) | 9.76<br>(+2.1)  | -                                                                                   |                 |                 |                 |      |  |
| 13                    | 16  | 483     | JESSY ANSAAT @ UNTONG                | NABAWAN         | 9.96 m          | 9.96<br>(+1.3)  | 9.44<br>(+2.2)  | 9.59<br>(0.0)                                                                       |                 |                 |                 |      |  |
| 14                    | 15  | 730     | CHELSEA ANDREA                       | TAMBUNAN        | 9.94 m          | 9.54<br>(+2.6)  | 9.83<br>(+1.1)  | 9.94<br>(+0.3)                                                                      |                 |                 |                 |      |  |
| 15                    | 14  | 680     | NAZALEIA QASEH ISABEL BINTI JONATHAN | SANDAKAN        | 9.60 m          | X<br>(+2.9)     | X<br>(+1.3)     | 9.60<br>(+1.0)                                                                      |                 |                 |                 |      |  |
| -                     | 3   | 594     | VIOLETT JOLYN PUN YIN                | PUTATAN         | DNS             |                 |                 |                                                                                     |                 |                 |                 |      |  |
| -                     | 4   | 461     | SAIDATINA KHODIJA BINTI ASZAMAN      | MEMBAKUT        | NM              | X<br>(+2.5)     | X<br>(+0.9)     | X<br>(+0.8)                                                                         |                 |                 |                 |      |  |
| -                     | 17  | 767     | NUR FATIAH BINTI ALIMUDIN            | TAWAU           | NM              | X<br>(+3.5)     | X<br>(+2.4)     | X<br>(+0.9)                                                                         |                 |                 |                 |      |  |
| -                     | 19  | 543     | SUESHERY IVA JOMILIN                 | PENAMPANG       | NM              | X<br>(+2.6)     | X<br>(+0.9)     | X<br>(+0.7)                                                                         |                 |                 |                 |      |  |

| NO ACARA : 409        |     |         |                                 | AKHIR        |         |       |          |  |       |       |       |  |
|-----------------------|-----|---------|---------------------------------|--------------|---------|-------|----------|---------------------------------------------------------------------------------------|-------|-------|-------|--|
| ACARA : REJAM LEMBING |     |         |                                 | LELAKI       |         |       |          |                                                                                       |       |       |       |  |
| SAGA                  |     | 53.99 m | MOHD AZIZIE MASDONE             |              |         |       | BEAUFORT |                                                                                       |       |       | 2015  |  |
| SUKMA                 |     | 62.33 m | KHO MEI KUAN                    |              |         |       | SARAWAK  |                                                                                       |       |       | 2000  |  |
| KED                   | GIL | BIB     | NAMA                            | PASUKAN      | JARAK   | 1     | 2        | 3                                                                                     | 4     | 5     | 6     |  |
| 1                     | 11  | 383     | MOHAMMAD HISYAM BIN ABDUL RAZAK | KUNAK        | 53.02 m | 53.02 | 52.47    | 50.44                                                                                 | 50.98 | 51.48 | 50.03 |  |
| 2                     | 8   | 629     | ERICKSON JACKSON                | RANAU        | 49.31 m | 44.60 | 47.52    | 49.31                                                                                 | 45.32 | 48.75 | 47.05 |  |
| 3                     | 12  | 220     | MOHAMMAD HAIQAL BIN JAMAL       | KINABATANGAN | 47.65 m | 44.79 | 47.08    | 47.65                                                                                 | X     | 44.08 | 46.74 |  |
| 4                     | 3   | 722     | ANDERIANLEX JUIPEN              | TAMBUNAN     | 46.88 m | X     | X        | 43.16                                                                                 | 43.92 | 46.56 | 46.88 |  |
| 5                     | 6   | 410     | KAMARUL ZIMAN BIN ABDUL HAKIM   | LAHAD DATU   | 46.35 m | 46.35 | 46.05    | 43.38                                                                                 | -     | -     | -     |  |
| 6                     | 5   | 316     | VELDDY KAINON                   | KOTA MARUDU  | 46.32 m | 44.49 | 46.32    | 44.63                                                                                 | 43.25 | 45.95 | 45.15 |  |
| 7                     | 2   | 562     | ALFRED JINO MAJUNTING @ RENDY   | PITAS        | 44.63 m | 42.74 | 41.61    | 39.29                                                                                 | X     | 44.63 | 36.78 |  |
| 8                     | 1   | 850     | STAYLONN WEINN STEPHEN          | TUARAN       | 43.44 m | 29.17 | X        | 43.44                                                                                 | 42.60 | 39.62 | 37.40 |  |
| 9                     | 10  | 630     | RIKKY JAINIS                    | RANAU        | 42.35 m | 40.72 | 41.29    | 42.35                                                                                 |       |       |       |  |
| 10                    | 4   | 851     | BRAELDYENN WONG ZHENG JIA       | TUARAN       | 38.38 m | 38.38 | 37.41    | 37.71                                                                                 |       |       |       |  |
| 11                    | 9   | 243     | GOVINN JAIKON                   | KOTA BELUD   | 35.86 m | 35.86 | X        | X                                                                                     |       |       |       |  |



**SABAH GAMES (SAGA) X [OLAHRAGA]**  
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|   |   |     |              |             |     |  |  |  |  |  |  |  |  |
|---|---|-----|--------------|-------------|-----|--|--|--|--|--|--|--|--|
| - | 7 | 315 | HANSON JUMAT | KOTA MARUDU | DNS |  |  |  |  |  |  |  |  |
|---|---|-----|--------------|-------------|-----|--|--|--|--|--|--|--|--|

| NO ACARA : 410        |         |                        | AKHIR                                 |            |         |      |       |      |      |       |      |  |  |
|-----------------------|---------|------------------------|---------------------------------------|------------|---------|------|-------|------|------|-------|------|--|-------------------------------------------------------------------------------------|
| ACARA : LONTAR PELURU |         |                        | WANITA                                |            |         |      |       |      |      |       |      |  |                                                                                     |
| SAGA                  | 10.36 m | POLLYANA PRISILLA PAUL | PENAMPANG                             |            |         |      |       |      |      |       |      |  | 2011                                                                                |
| SUKMA                 | 13.39 m | RAHILA OTHMAN          | JOHOR                                 |            |         |      |       |      |      |       |      |  | 2010                                                                                |
| KED                   | GIL     | BIB                    | NAMA                                  | PASUKAN    | JARAK   | 1    | 2     | 3    | 4    | 5     | 6    |  |                                                                                     |
| 1                     | 3       | 660                    | ELLYVIA KINOL                         | RANAU      | 10.19 m | 9.16 | 10.01 | 9.00 | 9.25 | 10.19 | 9.86 |  |                                                                                     |
| 2                     | 10      | 654                    | NORHAFIKAH                            | RANAU      | 9.80 m  | 9.65 | 9.00  | 9.58 | 9.46 | 9.80  | 9.62 |  |                                                                                     |
| 3                     | 4       | 504                    | SITI AISHAH ARFIANA BINTI ASMAT       | PAPAR      | 9.09 m  | X    | 8.51  | 9.09 | 8.04 | 8.64  | X    |  |                                                                                     |
| 4                     | 7       | 770                    | EUNISE ZOOE THIEN SZE YING            | TAWAU      | 8.82 m  | 8.51 | 8.66  | 7.84 | 8.00 | 7.92  | 8.82 |  |                                                                                     |
| 5                     | 12      | 482                    | SUNGRAECINA HARRY                     | NABAWAN    | 8.82 m  | 8.82 | 8.58  | 7.78 | X    | X     | 8.46 |  |                                                                                     |
| 6                     | 11      | 539                    | EUPHRASIA TERRENCE CLAUDIUS           | PENAMPANG  | 8.80 m  | 8.47 | 7.83  | 8.74 | 8.80 | 8.14  | 8.46 |  |                                                                                     |
| 7                     | 2       | 771                    | RENY DEWINTA RAYNINA BINTI RAHMAN     | TAWAU      | 8.43 m  | 8.43 | 8.09  | 7.91 | 7.79 | 7.07  | 7.57 |  |                                                                                     |
| 8                     | 8       | 206                    | SHAM LEE YIN                          | KENINGAU   | 8.36 m  | 8.27 | 7.50  | 8.36 | 8.12 | 8.01  | 7.37 |  |                                                                                     |
| 9                     | 9       | 544                    | GENEVIEVE TERRENCE CLAUDIUS           | PENAMPANG  | 8.10 m  | 7.54 | 8.10  | 8.00 |      |       |      |  |                                                                                     |
| 10                    | 5       | 706                    | OLIVIA PALIPUS                        | SIPITANG   | 8.09 m  | 7.48 | 8.09  | 7.99 |      |       |      |  |                                                                                     |
| 11                    | 1       | 422                    | NUR HIDAYUH SYAFIQAH BINTI ABDUL SAID | LAHAD DATU | 7.96 m  | 7.33 | 7.56  | 7.96 |      |       |      |  |                                                                                     |
| 12                    | 6       | 392                    | SITI SUHANA BINTI SUHARDI             | KUNAK      | 7.45 m  | X    | 6.68  | 7.45 |      |       |      |  |                                                                                     |

| NO ACARA : 411 |         |                               | AKHIR                              |                  |              |         |  |  |  |  |  |  |  |
|----------------|---------|-------------------------------|------------------------------------|------------------|--------------|---------|--|--|--|--|--|--|-------------------------------------------------------------------------------------|
| ACARA : 200 m  |         |                               | WANITA                             |                  |              |         |  |  |  |  |  |  |                                                                                     |
| SAGA           | 25.23 s | FATHIN FAQIHAH MOHD YUSOF     | TAWAU                              |                  |              |         |  |  |  |  |  |  | 2013                                                                                |
| SUKMA          | 24.31 s | NOOR EEWAN SYAFIAH MOHD SABRI | PERAK                              |                  |              |         |  |  |  |  |  |  | 2016                                                                                |
| KED            | LOR     | BIB                           | NAMA                               | ANGIN = -2.7 m/s | PASUKAN      | MASA    |  |  |  |  |  |  |                                                                                     |
| 1              | 7       | 852                           | ESTHER JOANNE AILOS                |                  | TUARAN       | 26.64 s |  |  |  |  |  |  |                                                                                     |
| 2              | 5       | 529                           | SHAYNA HEATHER TAHING              |                  | PENAMPANG    | 27.12 s |  |  |  |  |  |  |                                                                                     |
| 3              | 6       | 199                           | SITI NUR NADIAH BINTI MOHAMMAD DIN |                  | KENINGAU     | 27.52 s |  |  |  |  |  |  |                                                                                     |
| 4              | 8       | 855                           | NIA JOVIC SUAN                     |                  | TUARAN       | 27.85 s |  |  |  |  |  |  |                                                                                     |
| 5              | 3       | 221                           | RIZKAH ABDULLAH                    |                  | KINABATANGAN | 27.91 s |  |  |  |  |  |  |                                                                                     |
| 6              | 4       | 159                           | AYU NUR REBECCA BINTI NURMAN       |                  | KALABAKAN    | 28.43 s |  |  |  |  |  |  |                                                                                     |
| 7              | 2       | 676                           | NUR AZIQAH BINTI SAPRI             |                  | SANDAKAN     | 28.78 s |  |  |  |  |  |  |                                                                                     |
| 8              | 1       | 253                           | SHERYNA NATASHA                    |                  | KOTA BELUD   | 29.24 s |  |  |  |  |  |  |                                                                                     |

| NO ACARA : 412 |         |                      | AKHIR                           |                  |            |         |  |  |  |  |  |  |  |
|----------------|---------|----------------------|---------------------------------|------------------|------------|---------|--|--|--|--|--|--|---------------------------------------------------------------------------------------|
| ACARA : 200 m  |         |                      | LELAKI                          |                  |            |         |  |  |  |  |  |  |                                                                                       |
| SAGA           | 22.06 s | DEXTER BEDIE         | TAMBUNAN                        |                  |            |         |  |  |  |  |  |  | 2023                                                                                  |
| SUKMA          | 21.01 s | MUHAMMAD AQIL YASMIN | SELANGOR                        |                  |            |         |  |  |  |  |  |  | 2018                                                                                  |
| KED            | LOR     | BIB                  | NAMA                            | ANGIN = -1.4 m/s | PASUKAN    | MASA    |  |  |  |  |  |  |                                                                                       |
| 1              | 6       | 710                  | DEXTER BEDIE                    |                  | TAMBUNAN   | 22.09 s |  |  |  |  |  |  |                                                                                       |
| 2              | 7       | 507                  | EDRICK FEIVEL FLORENTIUS        |                  | PENAMPANG  | 22.34 s |  |  |  |  |  |  |                                                                                       |
| 3              | 5       | 397                  | MOHAMMAD ARIEF AIMAN            |                  | LAHAD DATU | 22.43 s |  |  |  |  |  |  |                                                                                       |
| 3              | 8       | 833                  | ADAM TAN CHEE HEONG             |                  | TUARAN     | 22.43 s |  |  |  |  |  |  |                                                                                       |
| 5              | 3       | 665                  | MUHAMMAD ISYHAN BIN THOMAS      |                  | SANDAKAN   | 22.82 s |  |  |  |  |  |  |                                                                                       |
| 6              | 2       | 169                  | MAX BENNEY PIUS                 |                  | KENINGAU   | 23.28 s |  |  |  |  |  |  |                                                                                       |
| 7              | 1       | 144                  | AKMAL RIZAL BIN ANDY REMY IHSAN |                  | KALABAKAN  | 23.39 s |  |  |  |  |  |  |                                                                                       |
| -              | 4       | 686                  | MOHAMMAD AZRI BIN MOHAMMAD ABLI |                  | SEMPORNA   | DNS     |  |  |  |  |  |  |                                                                                       |

| NO ACARA : 413                  |     |     | AKHIR                                     |             |              |  |  |  |  |  |  |  |  |
|---------------------------------|-----|-----|-------------------------------------------|-------------|--------------|--|--|--|--|--|--|--|---------------------------------------------------------------------------------------|
| ACARA : 3000 m LARI BERHALANGAN |     |     | WANITA                                    |             |              |  |  |  |  |  |  |  |                                                                                       |
| KED                             | LOR | BIB | NAMA                                      | PASUKAN     | MASA         |  |  |  |  |  |  |  |                                                                                       |
| 1                               | 11  | 637 | LEDIA ENSKU                               | RANAU       | 13 : 26.61 s |  |  |  |  |  |  |  |                                                                                       |
| 2                               | 3   | 532 | ADELLA DHANIYA BINTI MUHAMMAD ADAM DANIAL | PENAMPANG   | 13 : 53.47 s |  |  |  |  |  |  |  |                                                                                       |
| 3                               | 6   | 864 | AMANDA MOUSIN                             | TUARAN      | 14 : 15.68 s |  |  |  |  |  |  |  |                                                                                       |
| 4                               | 7   | 638 | LIEYANAZIRA JEKUS                         | RANAU       | 15 : 10.74 s |  |  |  |  |  |  |  |                                                                                       |
| 5                               | 5   | 827 | RELANIE BINTI TEBIN                       | TONGOD      | 18 : 10.43 s |  |  |  |  |  |  |  |                                                                                       |
| 6                               | 10  | 757 | NUR SHUHANA BINTI SIADIN                  | TAWAU       | 18 : 24.44 s |  |  |  |  |  |  |  |                                                                                       |
| 7                               | 4   | 454 | OLIVIA EFFANDY                            | MEMBAKUT    | 19 : 10.55 s |  |  |  |  |  |  |  |                                                                                       |
| -                               | 1   | 254 | JUVICKA VELERY JASRI                      | KOTA BELUD  | DNS          |  |  |  |  |  |  |  |                                                                                       |
| -                               | 2   | 317 | SHAFIYAH NUR NAWRA BINTI SHAREN           | KOTA MARUDU | DNS          |  |  |  |  |  |  |  |                                                                                       |
| -                               | 8   | 257 | ANGELA HELON                              | KOTA BELUD  | DNS          |  |  |  |  |  |  |  |                                                                                       |
| -                               | 9   | 452 | CLARISSA JASTEN                           | MEMBAKUT    | DNF          |  |  |  |  |  |  |  |                                                                                       |



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| NO ACARA : 414                  |     |     |                                   | AKHIR         |              |  |
|---------------------------------|-----|-----|-----------------------------------|---------------|--------------|-------------------------------------------------------------------------------------|
| ACARA : 3000 m LARI BERHALANGAN |     |     |                                   | LELAKI        |              |                                                                                     |
| KED                             | LOR | BIB | NAMA                              | PASUKAN       | MASA         |                                                                                     |
| 1                               | 4   | 579 | MUHAMMAD NAQUE BIN MISNAN         | PUTATAN       | 10 : 44.92 s |                                                                                     |
| 2                               | 10  | 270 | MUHAMMAD DZULFIKRI BIN MATIN      | KOTA KINABALU | 10 : 55.05 s |                                                                                     |
| 3                               | 16  | 175 | HARRY KEWEL LIBIN                 | KENINGAU      | 11 : 05.58 s |                                                                                     |
| 4                               | 6   | 841 | JOSHUA SUBING                     | TUARAN        | 11 : 14.46 s |                                                                                     |
| 5                               | 15  | 712 | RYON JOSHUA HARRY                 | TAMBUNAN      | 11 : 51.83 s |                                                                                     |
| 6                               | 12  | 836 | ARTHUR GIMBUN                     | TUARAN        | 12 : 02.19 s |                                                                                     |
| 7                               | 9   | 605 | MUHAMMAD NUR FAIZ BIN ROSLAN      | RANAU         | 12 : 29.62 s |                                                                                     |
| 8                               | 17  | 234 | ADDRIAN BIN ADHAN                 | KOTA BELUD    | 12 : 32.70 s |                                                                                     |
| 9                               | 3   | 235 | MOHD BASITH BIN YOUSAF ALI        | KOTA BELUD    | 12 : 40.43 s |                                                                                     |
| 10                              | 2   | 375 | MOHAMMAD HAFIZAN BIN ABDUL RAHMAN | KUNAK         | 13 : 00.18 s |                                                                                     |
| 11                              | 7   | 374 | AHMAD AZUAN BIN SAFIE             | KUNAK         | 13 : 10.33 s |                                                                                     |
| 12                              | 11  | 815 | MOHAMAD HAFIQ                     | TONGOD        | 13 : 18.36 s |                                                                                     |
| 13                              | 14  | 431 | MUHAMMAD QHAIRULLAH               | MEMBAKUT      | 13 : 55.22 s |                                                                                     |
| 14                              | 13  | 514 | SUHAIDI BIN ASMAT                 | PENAMPANG     | 14 : 18.10 s |                                                                                     |
| 15                              | 1   | 176 | DEANIEL BOYD                      | KENINGAU      | 14 : 43.56 s |                                                                                     |
| 16                              | 5   | 271 | AUBREN VALENT LIZOD               | KOTA KINABALU | 15 : 34.99 s |                                                                                     |
| -                               | 8   | 513 | EL-MANGU QEWLELU HAYON            | PENAMPANG     | DNF          |                                                                                     |
| -                               | 18  | 785 | ERNES AWANG                       | TENOM         | DNS          |                                                                                     |

| NO ACARA : 415    |     |             | AKHIR                                                                                                                                               |               |             |  |      |
|-------------------|-----|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|-------------------------------------------------------------------------------------|------|
| ACARA : 4 x 400 m |     |             | WANITA                                                                                                                                              |               |             |                                                                                     |      |
| SAGA              |     | 4 m 02.71 s | QUARTERT TAWAU                                                                                                                                      |               |             | TAWAU                                                                               | 2013 |
| SUKMA             |     | 3 m 49.45 s | SITI NUR,LAYALIA,NUR FARAHANA,NUR HAFIZ                                                                                                             |               |             | TERENGGANU                                                                          | 2014 |
| KED               | LOR | BIB         | NAMA                                                                                                                                                | PASUKAN       | MASA        |                                                                                     |      |
| 1                 | 7   | TR          | 1 858 JOEIVIVIEAN JAMSON<br>2 852 ESTHER JOANNE AILOS<br>3 866 JUNILY BEATLY BAKING<br>4 855 NIA JOVIC SUAN                                         | TUARAN        | 4 : 15.61 s |                                                                                     |      |
| 2                 | 8   | KG          | 1 200 MARLENCIA UNNIS<br>2 199 SITI NUR NADIAH BINTI MOHAMMAD DIN<br>3 198 MARYSYENNTIKAH RISAH<br>4 194 HIZILLAWANTY JAMAIN                        | KENINGAU      | 4 : 18.55 s |                                                                                     |      |
| 3                 | 5   | RN          | 1 650 ZIRAH BINTI ALBERT<br>2 636 SHAKIRA NATASHYA<br>3 647 NATASYA ALEYA BINTI HYENDY<br>4 651 VEERONICA SEIBIT                                    | RANAU         | 4 : 19.27 s |                                                                                     |      |
| 4                 | 1   | ST          | 1 700 LISADORA PATRICK FREDOLINE<br>2 699 JIRA DINA BINTI DARING<br>3 703 LYNEDIONA PATRICK FREDOLINE<br>4 701 PRISCELLONA GRACE KIFLI @ HAILARY    | SIPITANG      | 4 : 24.49 s |                                                                                     |      |
| 5                 | 4   | KA          | 1 157 NUR ALIAH BATRISYA BINTI KARIM<br>2 159 AYU NUR REBECCA BINTI NURMAN<br>3 155 NURUL SUHADA BINTI SULAIMAN<br>4 161 GOLARIA EILISCA JOENEH     | KALABAKAN     | 4 : 28.46 s |                                                                                     |      |
| 6                 | 6   | PG          | 1 533 MYRA BENITA ESHANTY RAJA<br>2 542 EVA JOYCE JOHANES<br>3 535 VALDAMAE OROW<br>4 536 SERENA SOUPIN                                             | PENAMPANG     | 4 : 29.34 s |                                                                                     |      |
| 7                 | 3   | KK          | 1 298 ELVIE BINTI LORIN<br>2 295 NUR SYIFA RAISHA BINTI ADNAN FIRDAUS<br>3 296 VANESSA CHAI PEI PEI<br>4 299 NASWIANI BINTI NASRIN                  | KOTA KINABALU | 4 : 36.12 s |                                                                                     |      |
| 8                 | 2   | LD          | 1 417 HANI ALYA ADRIANA BINTI YASMIN<br>2 418 YUSRINA BINTI ABDULLAH<br>3 413 NURUL NAJWA BINTI JAINAL ABADIN<br>4 414 HANI JUWAIIRYAH BINTI YASMIN | LAHAD DATU    | 4 : 49.40 s |                                                                                     |      |



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| NO ACARA : 416    |     |             | AKHIR                                                                                                                                                      |             |             |  |      |
|-------------------|-----|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-------------|-------------------------------------------------------------------------------------|------|
| ACARA : 4 x 400 m |     |             | LELAKI                                                                                                                                                     |             |             |                                                                                     |      |
| SAGA              |     | 3 m 26.03 s | QUARTERT KENINGAU                                                                                                                                          |             |             | KENINGAU                                                                            | 2011 |
| SUKMA             |     | 3 m 12.66 s | KHAIRUL H,AMIRUL,AZAM MASRI,BADRUL HISYA                                                                                                                   |             |             | MELAKA                                                                              | 2016 |
| KED               | LOR | BIB         | NAMA                                                                                                                                                       | PASUKAN     | MASA        |                                                                                     |      |
| 1                 | 4   | SD          | 1 669 DEXTER PALMIN<br>2 670 MUHAMMAD FAHAMI BIN SAMSUDIN<br>3 663 MUKHRIZ AMEER IZZUDDIN BIN ABDUL RAUF<br>4 664 PENGIRAN AIDIL AUF BIN HAJAM @ PG.ROSLIE | SANDAKAN    | 3 : 25.92 s |                                                                                     | RB   |
| 2                 | 7   | PG          | 1 519 WILLIAM WALTER<br>2 517 MOHAMAD RAZY HAFIZUL BIN MOHAMAD<br>3 518 MOHAMAD RAZHAFIEFIE HAQEEEM BIN RAZELIE<br>4 507 EDRICK FEIVEL FLORENTIUS          | PENAMPANG   | 3 : 28.35 s |                                                                                     |      |
| 3                 | 6   | KA          | 1 144 AKMAL RIZAL BIN ANDY REMY IHSAN<br>2 147 MUHAMMAD FIRDAUS BIN DARUS SALAM<br>3 145 KASHMEER BIN SAMSURI<br>4 148 AIRIEL AMANI BIN KAHAR              | KALABAKAN   | 3 : 30.43 s |                                                                                     |      |
| 4                 | 5   | KG          | 1 182 BRETTSON JACKSON LAZURUS<br>2 183 JENDRRYSON TAKIUS<br>3 170 RIO NELL ERRON OJELLA<br>4 174 AUBREY ARON                                              | KENINGAU    | 3 : 34.03 s |                                                                                     |      |
| 5                 | 1   | RN          | 1 614 FREADDY JOE DENVERT<br>2 621 ERWIN GREENGORI @ GREGORY<br>3 600 ELVIN ESAK<br>4 613 ZACHARRY LAWRENCE                                                | RANAU       | 3 : 34.93 s |                                                                                     |      |
| 6                 | 2   | KM          | 1 310 ETHANNIEL MOJUTAN<br>2 312 DANIEL SHANEN BIN MACLIN<br>3 311 AZLEY JUISLIE<br>4 306 BOENANJAVISTA BOLMIN                                             | KOTA MARUDU | 3 : 38.73 s |                                                                                     |      |
| 7                 | 3   | ME          | 1 435 MUHAMMAD NAFFIE BIN ALGABI<br>2 436 MOHAMAD FIRDAUS BIN ZAKARIA<br>3 434 NORSHAHRIZAD BIN NORDIN<br>4 425 MOHAMAD RAMADHAN BIN PUASA                 | MEMBAKUT    | 3 : 40.22 s |                                                                                     |      |
| 8                 | 8   | NB          | 1 470 MOHD IZWAN BIN ADRIAN<br>2 466 DYEXTON CYRILL DAUD<br>3 469 JUNIARYAN BIN KADIR<br>4 468 SELINUS MEGNUS SAILAM                                       | NABAWAN     | 3 : 42.13 s |                                                                                     |      |



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**PUNGUTAN PINGAT**

21.12.2023, 16:53

| KED | NAMA PASUKAN  | W |   |   | L |   |   | EMAS | PERAK | GANGSA | JUMLAH<br>PINGAT |
|-----|---------------|---|---|---|---|---|---|------|-------|--------|------------------|
|     |               | E | P | G | E | P | G |      |       |        |                  |
| 1   | TAMBUNAN      | 3 |   |   | 3 | 2 |   | 6    | 2     |        | 8                |
| 2   | RANAU         | 3 | 4 | 2 | 2 | 1 |   | 5    | 5     | 2      | 12               |
| 3   | KENINGAU      | 3 | 2 | 2 |   | 1 | 3 | 3    | 3     | 5      | 11               |
| 4   | KUNAK         | 1 |   |   | 2 |   |   | 3    |       |        | 3                |
| 5   | TUARAN        | 2 | 2 | 2 |   | 2 | 1 | 2    | 4     | 3      | 9                |
| 6   | KUDAT         | 1 | 1 | 2 | 1 |   |   | 2    | 1     | 2      | 5                |
| 7   | SANDAKAN      |   | 1 |   | 2 |   | 1 | 2    | 1     | 1      | 4                |
| 8   | LAHAD DATU    |   |   | 2 | 2 |   | 3 | 2    |       | 5      | 7                |
| 9   | KALABAKAN     | 1 | 2 | 1 |   | 1 | 3 | 1    | 3     | 4      | 8                |
| 10  | KOTA KINABALU | 1 |   | 1 |   | 1 | 1 | 1    | 1     | 2      | 4                |
| 11  | PUTATAN       |   |   |   | 1 | 1 | 1 | 1    | 1     | 1      | 3                |
| =12 | KOTA MARUDU   | 1 | 1 |   |   |   |   | 1    | 1     |        | 2                |
| =12 | KOTA BELUD    |   |   |   | 1 | 1 |   | 1    | 1     |        | 2                |
| =12 | TENOM         |   | 1 |   | 1 |   |   | 1    | 1     |        | 2                |
| 15  | NABAWAN       |   |   | 1 | 1 |   |   | 1    |       | 1      | 2                |
| =16 | SIPITANG      | 1 |   |   |   |   |   | 1    |       |        | 1                |
| =16 | KUALA PENYU   |   |   |   | 1 |   |   | 1    |       |        | 1                |
| 18  | PENAMPANG     |   | 2 | 2 |   | 4 | 1 |      | 6     | 3      | 9                |
| 19  | PITAS         |   | 1 |   |   | 1 |   |      | 2     |        | 2                |
| 20  | BEAUFORT      |   |   |   |   | 1 | 2 |      | 1     | 2      | 3                |
| 21  | TELUPID       |   |   |   |   | 1 |   |      | 1     |        | 1                |
| =22 | BELURAN       |   |   | 1 |   |   |   |      |       | 1      | 1                |
| =22 | PAPAR         |   |   | 1 |   |   |   |      |       | 1      | 1                |
| =22 | TONGOD        |   |   |   |   |   | 1 |      |       | 1      | 1                |



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**PUNGUTAN PINGAT**

21.12.2023, 16:53

| KED | NAMA PASUKAN | W  |    |    | L  |    |    | EMAS | PERAK | GANGSA | JUMLAH<br>PINGAT |
|-----|--------------|----|----|----|----|----|----|------|-------|--------|------------------|
|     |              | E  | P  | G  | E  | P  | G  |      |       |        |                  |
| =22 | KINABATANGAN |    |    |    |    |    | 1  |      |       | 1      | 1                |
| -   | TAWAU        |    |    |    |    |    |    |      |       |        |                  |
| -   | SEMPORNA     |    |    |    |    |    |    |      |       |        |                  |
| -   | MEMBAKUT     |    |    |    |    |    |    |      |       |        |                  |
|     | JUMLAH       | 17 | 17 | 17 | 17 | 17 | 18 | 34   | 34    | 35     | 103              |



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**PEMECAH REKOD**

| BIL   | JANTINA | NAMA ATLET                                                           | DAERAH      | ACARA               | MASA        | PER           |
|-------|---------|----------------------------------------------------------------------|-------------|---------------------|-------------|---------------|
| 1     | L       | HANSSEN YAP SOON FU                                                  | TAMBUNAN    | 100 m               | 10.46 s     | AKHIR         |
| Rekod |         | 10.76 saat oleh MOHAMMAD NOR MUSYARAF BIN MOHD SARI (SANDAKAN, 2019) |             |                     |             |               |
| 2     | L       | DEXTER BEDIE                                                         | TAMBUNAN    | 200 m               | 22.06 s     | SEPARUH AKHIR |
| Rekod |         | 22.09 saat oleh MUHAMMAD DIN NORBIK (KOTA BELUD, 2017)               |             |                     |             |               |
| 3     | L       | MUHAMMAD KHALIL BIN HELMI                                            | KUALA PENYU | 400 m               | 48.70 s     | AKHIR         |
| Rekod |         | 49.58 saat oleh ANCHOIS ARON (KENINGAU, 2011)                        |             |                     |             |               |
| 4     | L       | NIKOS TAI LEE ONN                                                    | LAHAD DATU  | 1500 m              | 4 : 17.12 s | AKHIR         |
| Rekod |         | 4 m 17.70 s oleh ROMIEO GOMBOH (KOTA KINABALU, 2019)                 |             |                     |             |               |
| 5     | L       | PANG HONG SENG                                                       | KUNAK       | LONTAR PELURU       | 13.55 m     | AKHIR         |
| Rekod |         | 13.35 meter oleh MIRACH HAN (TAWAU, 2019)                            |             |                     |             |               |
| 6     | L       | SANDAKAN                                                             | SANDAKAN    | 4 x 400 m           | 3 : 25.92 s | AKHIR         |
| Rekod |         | 3 m 26.03 s oleh QUARTERT KENINGAU (KENINGAU, 2011)                  |             |                     |             |               |
| 7     | W       | HIZILLAWANTY JAMAIN                                                  | KENINGAU    | 1500 m              | 4 : 59.81 s | AKHIR         |
| Rekod |         | 5 m 10.59 s oleh MARLIN HING WILLIAM (PITAS, 2017)                   |             |                     |             |               |
| 8     | W       | ABERNETHA ELISSA TADIUS                                              | TAMBUNAN    | 100 m LARI BERPAGAR | 14.96 s     | AKHIR         |
| Rekod |         | 15.15 saat oleh AGNES LESCOIN PHILIP (PENAMPANG, 2013)               |             |                     |             |               |
| BIL   | JANTINA | NAMA ATLET                                                           | DAERAH      | ACARA               | MASA        | PER           |
| 9     | W       | KU YEE ALENG                                                         | KUNAK       | LOMPAT TINGGI       | 1.59 m      | AKHIR         |
| Rekod |         | 1.57 meter oleh MICHELLE CORNELLIUS LUCAS (PENAMPANG, 2017)          |             |                     |             |               |
| 10    | W       | ABBY ALLYSKA LAUSIN                                                  | KUDAT       | LOMPAT KIJANG       | 11.72 m     | AKHIR         |
| Rekod |         | 11.31 meter oleh JATIFAH GESIKIN (RANAU, 2015)                       |             |                     |             |               |



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**CALON ATLET TERBAIK**

| BIL   | JANTINA | NAMA ATLET                                             | DAERAH      | ACARA               | MASA    | PER   |
|-------|---------|--------------------------------------------------------|-------------|---------------------|---------|-------|
| 1     | L       | MUHAMMAD KHALIL BIN HELMI                              | KUALA PENYU | 400 m               | 48.70 s | AKHIR |
| Rekod |         | 49.58 saat oleh ANCHOIS ARON (KENINGAU, 2011)          |             |                     |         |       |
| 2     | W       | ABERNETHA ELISSA TADIUS                                | TAMBUNAN    | 100 m LARI BERPAGAR | 14.96 s | AKHIR |
| Rekod |         | 15.15 saat oleh AGNES LESCOIN PHILIP (PENAMPANG, 2013) |             |                     |         |       |